

# THE CAPSULE

September 2022



Greetings to my NARBW sisters.

Hope this message finds you doing well and ready for some cooler fall weather. I pray everyone stayed safe and well during this unusually hot summer. It appears the pandemic has slowed down a little, and some of our chapters are having in person meetings. The National Board met in Indianapolis, Indiana on July 9th for our Summer Board Meeting. With everything that's going on in the world today, as an ice breaker, the board reviewed a video entitled "Active Shooter". After educating ourselves on what to do if we were to encounter an active shooter, the meeting continued by learning new things about each of our board members.

Renee Noble, our National Third Vice President has been working diligently to host Meet and Greet and get us new members. Renee Noble will update the 'How to Join a NARBW Chapter' form or how to become a Member at Large form to include the dues for each chapter. She will also update the 'Membership Transfer Form' to include Reason and Statement. Membership is the heart of this organization, so if you need any help with Membership Drives or have any suggestions on getting new members, please give Renee a call or email her at [membership@NARBW.org](mailto:membership@NARBW.org).

Another point, mentorship is also important. Melanie McKim has been an awesome mentor. She just did-

n't hand over the duties of National President to me without a vast explanation of what, when and how things are done, and I can't thank her enough. Please help your Chairpersons out in their positions, as we want them to be the best they can be.

Quarterly Events - this was started by our Past National President, Melanie McKim and these social events help sustain our bond with our sisters throughout the year.

I can't stress enough how important it is for as many members as possible, to join us on these events. Our first quarter event was hosted by Melanie and it was a virtual barbeque. We had very good participation and I would like to thank each of you for taking time out of your busy schedule to participate. Viewing everyone's recipes and specialty drinks gave you the feel as if you were physically at a barbeque.

Our second quarter event will be a Fall Festival hosted by Renee Noble, our National 3rd Vice President. Renee is very creative and imaginative, so you do not want to miss this! Our third social will be held in February and is a celebration of our Founder's Day. Keep an eye on our Website and Facebook page for more information on this and all events.

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## UPCOMING DATES

November 2022

6	Quarterly Event
	<u>DECEMBER 2022</u>
1	Jewelry Order Deadline National Chairman Michele Williams
10	National Per Capita Deadline National Treasurer Jasmine Manley
15	Revisions Deadline National Chairman Michele Williams
31	Capsule Deadline National Publication Chairman Nancy Von Dolteren

# THE CAPSULE

September 2022

The 2023 Convention will be held in San Diego, CA., May 19-20, 2023. The theme for Fun Night is "Beach Party", and the Pre-tour will be a champagne brunch on our own private yacht as we tour the San Diego Bay. The Convention Registration form, Pre-Convention Tour form, Travel Options, and Summary are located on our website under Events. Trischelle Baysden, National Convention Chairman and her team are busy preparing for a spectacular event. I look forward to seeing you there. At the 2023 convention in San Diego we will be electing three national officers (National 2nd Vice President, National 3rd Vice President, and Secretary). Nominations are due to Melanie McKim, National Nominating Chair, by February 1st. To be eligible for one of the Vice President roles, you must have been a Chapter President and have spent at least one year on the National Board and, to be eligible for Secretary, you must have been a member for at least a year. Please consider running for an office. If you have any concerns about running for an office, please feel free to contact Melanie McKim or any former or current board member. I have been in the organization a very long time, and I treasure every moment I have spent on the National Board. I feel confident you will feel the same.

The 2024 Convention will be held in Omaha Nebraska on May 17-18, 2024 at the Embassy Suites. The Omaha Chapter is very busy putting the final touches on the Convention and they promise this will be a convention to remember, so get ready for fun and excitement.

The 2025 Convention will be hosted by the Houston Chapter. The Houston Chapter submitted a bid to host the Convention and the Board voted unanimously to accept it! I have no doubt that they will plan a spectacular convention for us! Thank you Houston Chapter for stepping forward!

We love reading and seeing all the chapter newsletters and would also love to share them on our website and Facebook page. Please feel free to forward them to our National Publication Chairman, Nancy Von Dolteren at [publications@narbw.org](mailto:publications@narbw.org). This will be the last Capsule before the holidays, so I would like to take this opportunity to wish you a safe and joyous holiday season. May the spirit of the holidays be with you throughout the New Year.

Forever yours, Ida



Ida Carmouche  
National President

# NATIONAL BOARD NEWS



## National Association of Railway Business Women

### RESUME OF SUMMER BOARD MEETING – JULY 8, 2022

#### RESUME OF SUMMER BOARD MEETING – July 9, 2022

The meeting was held at the Hotel Crowne Plaza – Indianapolis DWTN – Union Station. All members of the National Board were present with the exception of our Welfare Chairwoman Rhonda Gomez, who joined via conference call. The meeting began at 9:20 AM and ended at 6:14 PM.

Treasury Reports were presented and included the fiscal year-end reports for 2021-2022, ending May 31, 2022.

Board Members Plans of Work: Plans of work and related forms from each board member were reviewed and discussed. Motions to approve, and approve “as amended”, were unanimous. Action items were identified, and ownership established. All final reports and forms will be distributed in accordance with the NARBW By-Laws and published on the NARBW.org website.

National Convention Chairwoman Trischelle Baysden presented an update on the 79th NARBW Annual Convention being held May 19-20, 2023, at the Best Western Plus Island Palms Hotel & Marina in San Diego, CA. The pre-convention tour is planned for Thursday, May 18, 2023. The theme for Fun Night is “Beach Party”. A schedule and budget have been prepared by the Southern California Chapter’s convention committee and will continue to be reviewed and updated as necessary.

#### New Business included:

Honesty Bond & Website: committees (per by-laws) will review annual costs and purpose; options will be presented to the board if necessary.

The site of the 2024 convention is Omaha. There is interest from Houston (2025) and Roanoke (2026) but no letters of intent have been received to date.

A meet & greet preceded the Board Meeting, held at Amtrak’s Beech Grove facility.

The board will provide a monthly calendar of social events and educational presentations available on our website.

The Winter Board meeting will be held via Zoom.

Ida Carmouche  
President

Rae Huebner  
National 2nd Vice President

# NATIONAL BOARD NEWS



## National Association of Railway Business Women

Hello to my fellow NARBW members,

It is that time year again when we look toward NARBW's future, where we are headed and who will be our leaders. This is the same song and dance that we do every year looking for ladies to step up; and we hear the same comments "I am so busy with life, family, church, work, and my health. The same goes for NARBW officers: this organization is a big part of our lives, we call each other sisters, those of us with chapter/national positions volunteer but it is work, takes away from our other responsibilities etc.

The health of this organization is in jeopardy. It can be scary to step outside of our comfort zones but trust me stepping on to the board is a great opportunity to serve and to learn more about yourself and this wonderful organization. Together as a board we can keep our organization going strong. Please think about what role you can fill and how you can continue to help grow NARBW. As your National Nominating Chairman, I am soliciting qualified candidates to run for office this next year.

Following are the positions and eligibility requirements we will be seeking:

**Secretary** – Shall have been a member of a chapter at least one (1) year

**2<sup>nd</sup> Vice President** – Shall have served as a Chapter President and been on the National Board for at least one (1) year

**3<sup>rd</sup> Vice President** – Shall have served as a Chapter President and been on the National Board for at least one (1) year

Refer to ARTICLE V. OFFICERS AND THEIR DUTIES, Section 3 and Section 4 of the National Constitution and By-Laws for their duties.

Deadline to submit the Nomination Form is February 1, 2023. You may get the form from [www.narbw.org](http://www.narbw.org)

I am available to visit with you about the various positions up for election should you have questions. I am here to assist you in making a rewarding decision to run for a NARBW National office.

My contact information is

[nominations@narbw.org](mailto:nominations@narbw.org) or call me at 317-625-7555.

Standing by for Candidates and looking forward to visiting with you soon.....

Melanie McKim

Past National President

National Nominating Chairman





# NATIONAL MEMBERSHIP DRIVE

## All Aboard!

**Asking all members to promote NARBW Membership**

**Challenging all chapters to hold one Meet and Greet during 2022-2023 NARBW year**

The National Board approved up to \$100.00 reimbursement for expenses a chapter incurs for hosting an event to recruit new members. Reach out to former members, railroad friends and railroad offices in your area.

After your Meet and Greet event, send a picture, copies of your receipts and the date of the event to the National Membership Chairman, Renee Noble by email to [membership@narbw.org](mailto:membership@narbw.org) or mail to 1028 Savoy Drive, Hanover, PA 17331.

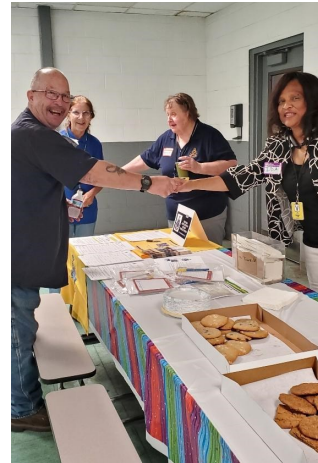
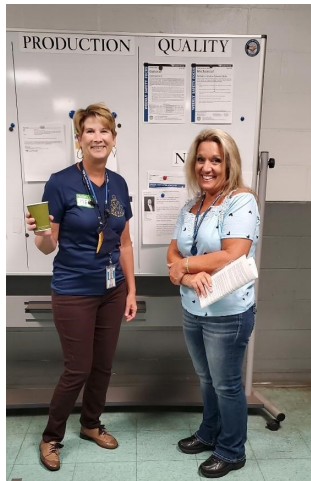
The pictures are from two Meet and Greets in Indianapolis, Indiana on July 8, 2022. The morning event was at Amtrak's Beech Grove facility and later that day at the Yard House in Indianapolis.

If you need any help or have questions, please give me a call.

Renee Noble National Third Vice President/Membership Chairman

[membership@narbw.org](mailto:membership@narbw.org)

717-634-2922 - home / cell- 610-930-6687



# QUARTERLY SOCIAL EVENT

## NARBW Second Quarter Event

Celebrating all the special days of Fall, so costumes are welcome too!

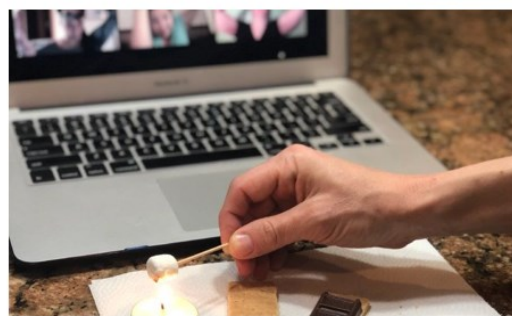
Enjoy your tiny campfire to make s'mores treat or bring your favorite fall treat. Coming soon, Fall drink recipes, we will play a couple games, and take a fall picture and send to [membership@narbw.org](mailto:membership@narbw.org) by

October 25, 2022 for a best picture contest.



## Spice Up Your Fall with Your NARBW Friends!

Sunday, November 6, 2022 at  
4:30 pm EST, CST 3:30 pm and  
PST 1:30 pm.



## Spice Up Your Fall with Your NARBW Friends!

Autumn is a time for goblins, bonfires, sipping cider or just enjoying the Fall colors and let us not forget Thanksgiving!

Come celebrate the season with us, make a tiny campfire for s'mores, enjoy your favorite Fall drink, or make one of the cocktails below.

In your travels, purchase a weird/crazy pumpkin spice product to sample and share your taste test results with the ladies on the call. Some pumpkin spice products that sound interesting (NOT!) - spam, hummus, twinkies, salsa, kale chips, and butter. Happy hunting.

The Zoom call information will be emailed to all NARBW members.

Hope you can join us, Sunday, November 6, 2022.

# CHAPTER NEWS

## ALBANY CHAPTER

Nothing to report

## ATLANTA CHAPTER

Nothing to report.

## CENTRAL FLORIDA CHAPTER



Madonna Neal welcomes her 6<sup>th</sup> great-grandchild, Zion Loyd born July 20<sup>th</sup> 2022.

Central Florida prepared and delivered back-to-school bags to the Outreach Mission in Sanford Florida on August 12<sup>th</sup>, 2022

Pictured are Ramona Sanmoogan and Madonna Neal



Madonna Neal, Gail Hendrix and Ramona Sanmoogan with some of the school bags.

## INDY CIRCLE CITY CHAPTER

Circle City Chapter 74 in Indianapolis is excited to welcome 8 new members. One is a daughter of our President Donna Carter, one is from the meet and greet at Amtrak, and 6 are from the Brickyard cocktail hour (meet and greet) during NARBW summer board meeting. The six ladies are from the Indiana Railroad. Thanks to Renee Noble, Melanie Bennett, and Ida Carmouche for the successful membership campaign. We look forward to 2022 - 2023 with new ladies in our Chapter!

## PITTSBURGH CHAPTER

The NARBW Ladies of the Pittsburgh Chapter enjoyed lunch at Aracris Greentree Inn. The Ladies were joined by guests.

Audrey Santel will be 100 in March and after recovery from Hip surgery is up and around again.

Audrey's brother Joe drives in from Harrisburg to bring her to every meeting.

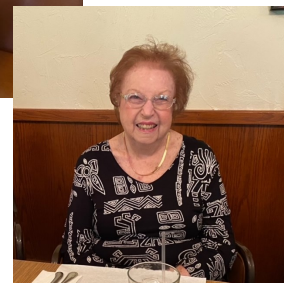
Our President Betty Halligan is joined today by her husband Tom (Retired Conrail Yardmaster at Conway Yard ) and daughter Judy

Barb Gmuer is joined today by her husband Matt (Retired Conrail Supervisor of Mail at Greentree )

Rita Morton is joined by Carl Bartels (Retired Clerk at Greentree)

Lois Kelly is joined by Daughter Sheila

Everyone is making fall plans for Halloween decorations and Thanksgiving Dinner





# CHAPTER NEWS

## CHICAGO CHAPTER

NARBW Chicago Treasurer, Gina Drinkwater, Metra KYD Shop Superintendent, is a member of the Eastern Stars, a masonic degree. Sarai Court #1, Royal Exalted Degree of Amaranth, Order of Eastern Stars started a trunk giveaway in 2008. It is dedicated to the charity of Arthur Allan Burgess Jr., Gina's son, who was murdered in 2010. The trunks are given away to graduating seniors going away to college. The seniors must submit proof and an essay to receive one. All trunks are donated. This annual charity is usually done in July or early August. The location of this year's trunk give-away was St. John Grand Lodge, 7443 South Ingleside in Chicago.



Congratulate NARBW Chicago Vice President, Paula Taylor, who was promoted to the new position of Metra Operations Trainer, Assistant Supervisor of Locomotive Engineers (ASLE) effective August 1, 2022!

Paula welcomed grandbaby #6, Aylah Skai, on August 9 at 3:33pm. She weighed in early and small but healthy at 4lbs 12ozs.



NARBW Chicago President, CleLeatha Shaw, Metra Manager - Crew Dispatch, welcomed her first Grandbaby on July 13, 2022. Milek Rashaud Terrell Jr. weighed in at 5lbs 12ozs and is known as MJ.



Metra CUS Family Days happened August 6, 2022. NARBW Chicago members – CleLeatha Shaw, Paula Taylor, Jackie Watkins, Sonia Rodriguez and Jacqueline Gargiulo – sponsored a table to invite new members!

# CHAPTER NEWS

## CHICAGO CHAPTER

NARBW Chicago President, CleLeatha Shaw, Metra Manager – Crew Dispatch, earned 100% on her final exam toward a Management Certificate from the International Association of Professions Career College effective August 14, 2022! It was hard, having been out of school so long, but she did it!



On August 25, 2022, NARBW Chicago Secretary and Membership Committee Chair, Jackie Watkins, Metra Safety Project Manager, took the opportunity to put NARBW on the minds and lips of Metra as a VIP guest of Metra's Chief of Staff, Janice Thomas, at an event for the SOS Children's Villages.



Metra MED Family Days happened September 10, 2022. NARBW Chicago Board members – CleLeatha Shaw, Paula Taylor and Jackie Watkins – sponsored another table to invite new members!

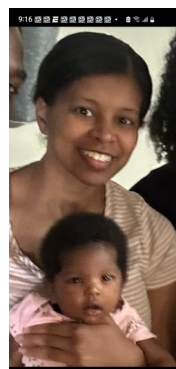


NARBW Chicago Publications Chair, Jacqueline Gargiulo, joined her sister, Lauren Leiker, on the Chicago Susan G Komen 60 miles in 3 days walk against breast cancer, September 16-18. This was her sister's 15<sup>th</sup> walk and Jacqueline's first.

It was hard, but breast cancer is harder, and Jacqueline found herself humbled by the experience.



## HOUSTON CHAPTER



National President Ida Carmouche has a new granddaughter, born August 18, Ivy Elise Hall.

## SAINT LOUIS CHAPTER

Nothing to report.

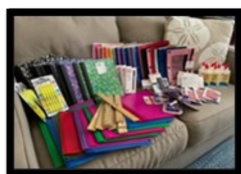
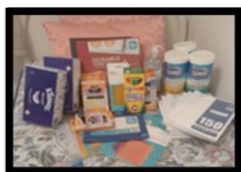


# CHAPTER NEWS

## JACKSONVILLE CHAPTER

During the second quarter of 2022, the Jacksonville Chapter focused on the *MIND*. Members participated in the *Stuff the Bus* drive – an annual initiative of the United Way supporting classrooms, teachers and students in need. Each year, thousands of students begin the year without essential supplies for academic success. In addition, teachers spend hundreds of dollars out of their own pocket to stock their classrooms properly. Rising prices and the economic fallout due to the COVID-19 pandemic has forced even more families into financial hardship.

Items such as folders, pencils, crayons, safety scissors, calculators and monetary donations for teachers to purchase supplies were donated.



Happy Retirement ladies ! Enjoy the next chapter!

At left **Lora Dorman**, 32 years in the CSX Mechanical

At Right **Dana Robles**, 26 years CSX Technology



David L. Williams II (son of Richalyn Williams) is the newly appointed *Multimedia Communications Manager* for the City of Palm Beach Gardens, Florida.

David graduated from Palm Beach Atlantic University (PBA) in West Palm Beach, FL with a B.A. degree in Journalism and a Public Relations minor. David formerly worked as an action news reporter and is a PBA Alumni Board member since 2013.



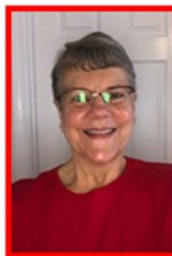
NARBW Jax recognizes *#RailSafetyWeek* by wearing red to support *#RedOutForRailSafety!*

**Richalyn Williams**, our Operation Lifesaver

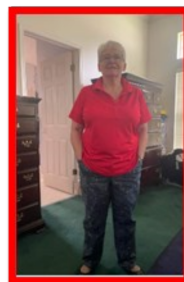
Authorized Volunteer (OLAV) keeps us informed about Operation Lifesaver at our meetings and in our monthly newsletters.



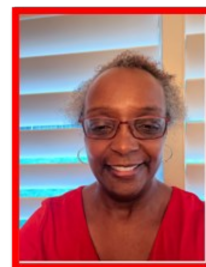
Richalyn Williams at left



Above Left Debbie Holmes, above right Kim Perry



Left Nancy Von Dolteren



Right Dana Robles

Right  
Judy Covington-Poole  
(our new Nominations  
Chair )



# CHAPTER NEWS

## OMAHA CHAPTER

Summer is a quiet time for Omaha chapter. But fall has us busy. We attempted a new welfare project- cleanup at the Wildlife Safari Park. We met and were rained out but have rescheduled for October. Hoping for warm dry weather.

We are in the midst of our season's big fundraiser, a garage sale. It is cathartic to clean out our homes and raise money for the chapter philanthropies. We gathered on Sunday and sorted and did a little pre-sale shopping. The sale opened to the public on Thursday, and we had a great day! Hoping for 2 more good days.

We have had some sad news. Member, Debbie Rogers passed away on July 16. She had battled multiple myeloma for a few years. She will be remembered as a very kind, giving and generous soul. Janet Anderson's father passed away September 1. Rosie Donahoe's mother-in-law passed away mid-September,

Our deepest sympathies to their families.

Work on the 2024 convention is proceeding, Kadie Leslie, our convention chairman is appointing committees and generating lots of fun ideas. Her enthusiasm is contagious which makes the meetings motivating.

We have collected enough items for another donation to the Catholic Diocese Shelter for victims of Domestic Violence. We will schedule a day and "stuff the purses" in the next month.



Janet Anderson talking to Kathy Duvall at the garage sale



Kathy Duvall waiting on a satisfied shopper.



These boots were made for safari park clean-up. Kadie Leslie in chicken boots, Julie Nelson in blue tennis shoes. Jay Nelsen in railroad boots, Janet Anderson in lively cowgirl boots. We were rained out but will lace up again in October for another try.

Kadie Leslie bagging up a customer's sales!





# CHAPTER NEWS

## KANSAS CITY CHAPTER



The chapter enjoyed the day at Sip and Shop at The Vinyard where we shopped and enjoyed a frozen wine slushy! It was a fun day for all. Left Back Row, Jaime Hay, Jolyn Hay, Sarah Wilbur, Megan Cibulski, Rhonda Gomez. Front Row, Declan and Jensen Cibulski.

We finally were able to install our new Treasurer Evelyn Matz at our monthly meeting which took place after our Harvester's Mobile Food Pantry Drive. Congratulations to Evelyn! In addition, Congratulations Sarah Wilbur for starting her new position with United Soccer Coaches! She has an office in Union Station, Kansas City!



Our August volunteering event, we helped out 300 families at the local Harvester's Mobile Food Giveaway. What a fun day it was and the weather was perfect! Megan Cibulski, Rhonda Gomez Jolyn Hay, Jaime Hay and Evelyn Matz



## ROANOKE CHAPTER

We held our first Board and Membership meetings at our new home, Olive Garden Restaurant, on Saturday, September 3<sup>rd</sup>, and both meetings went very well. We had a very nice turnout of Narbie sisters and everyone had a great time catching up with each other during lunch. There was a lot of business to cover and we were able to take care of it all during our time together.

Our June project was LOA "Let's Give Lunch". Sylvia Long, Mona King and Kathleen Claytor volunteered to assist with food assembly to prepare the food boxes for delivery. This was on Thursday June 16 from 9:30 to 11 am at the Canteen Vending Services at 1231 Rockland Ave. NW. It was a wonderful morning of in-person working together with other members of the community to be of service to those in need. Thank you Sylvia and Mona for your generous service.

The Keystone Community Center was our other June Project. Virginia Austin and Kathleen Claytor presented the center with a \$100 donation from our Chapter 19 members (\$85 check and \$15 cash). Virginia and Kathleen were given a tour of the center by Pat Carter, the center director. The Keystone Community Center offers a variety of programs and ministries for all ages from 2-100. We received a beautiful hand written thank you card with sweet pictures from the children at Keystone. I am so proud of our Chapter 19 members who have such generous and serving hearts. Thank you!

We received a "thank you" card for our "Wish List" donation to the Ronald McDonald House.

A \$100 checked from our chapter was mailed to the American Cancer Society for our September 2022 project.

Our October projects will include Alzheimer's Association, the Rescue Mission and the Veteran's Hospital.

**All Hands on Deck!!** Our Chapter will be hosting the 2026 convention!! Stay tuned for updates. Be ready to help where and when needed. Our fund-raising efforts will be very important so please support and promote our Chapter and help us host this exciting event. Yes, that is 4 years away, but seems like time flies faster these days!! I have never heard someone say they had a bad time at a convention – let's continue that tradition!!

**Kathy Barbour 2026 Convention Chair**

# CHAPTER NEWS

## PHILADELPHIA CHAPTER

The Philadelphia Summer Board Meeting was hosted by Marianne MacLure at her home on Saturday, August 20, 2022. Committee chairpersons were established for the coming 2022-2023 year.

Rosemary Wise will be spotlighted in the 2022 fall edition of the Railette. 2022-2023 Chapter meetings and dates were set up.

2022-2023 Standing Rules: we reviewed and discussed Rule 3 (Conventions) and Rule 4 (Meetings), and consensus found no need to edit. The 2021-2022 Standing Rules were voted effective for 2022-2023.

### 2022-2023 Charity Projects

Meals on Wheels Cards and 100 Gift bags

Eliza Shirley House Christmas Toy Drive

The Hospice Help Foundation

St. John's Mission

Eliza Shirley House Mother's Day Drive

Haley's Angels, June 2023

### 2022-2023 Fundraising

Continuation of Bergin's Candy Sales

Spices

Holiday Basket of Cheer

Group outing to the Media Theater, Longwood Gardens and the Grounds of Sculpture, Hamilton, N.J.

Continued Monthly Trinket sales

Ellie Cain and her daughters Dawn and Donna enjoyed her Paulsboro High School Class of 1958 64th reunion held June 26, 2022, at Auletto's in Almonesson, N.J. [3 photos attached-Donna, Dawn, Ellie; Ellie and classmates; Ellie with male classmate]



The Philadelphia Chapter members are pleased to have donated \$1,000 to the support of Ukraine [the picture, taken in the Ukrainian Church, shows the Priest, Kay Bolich, Maryann Pettit, and Marianne MacLure].

The screen behind Fr. Dan and the three of us in Church came from the Ukraine and was hand carved wood in 1918. Today the screens are made by machine



# CHAPTER NEWS

## SOUTHERN CALIFORNIA CHAPTER

### Women Of The West Welcomes New Members

Jen Avelar, Ariel Carpenter, Angie Castro, and Laura Hernandez

We are really excited to welcome these dynamic women to our SoCal chapter! They have joined our organization from a variety of backgrounds – all with unique strengths – which will help our sisterhood shine even brighter! Happy to have you ladies on board!

**Camaraderie**  
ANNUAL CONVENTION **Leadership**  
**Networking** Awareness and Education  
**SCHOLARSHIPS** Community Involvement  
**Benevolence** Recognition

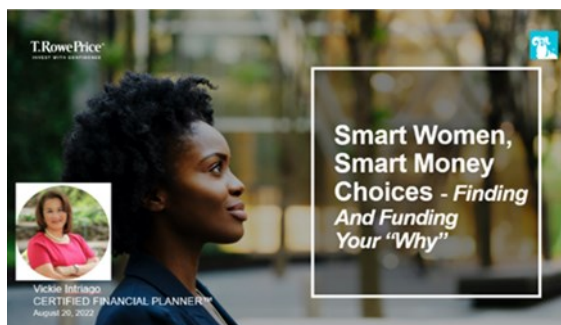
*We are a catalyst to empower our members in reaching their goals and achieving their full leadership potential.*

### Speaker's Bureau Launches

The first Southern California NARBW Speaker's Bureau debuted last month with Vicky Intriago, a CFP who uses her passion for empowering women to offer holistic retirement strategies through direction, education and planning. Vicky's slide show was extremely informative (below) and we plan to invite other women at the top of their fields to impart their wisdom to our chapter members.

As part of our mission, we want to continue to further educational, social and professional interests of our members. Our scheduled speakers are below. If you have ideas for who might inspire our chapter, please email us at: [southerncalifornia@narbw.org](mailto:southerncalifornia@narbw.org).

Vicky Intriago kicked it off with a very important topic, and one that some women find daunting: Financial Planning!



### Southern California Chapter hosting National Convention

The NARBW Southern California Chapter is proud to host the 79th National Convention in San Diego, May 17-21, 2023. We are excited to celebrate this year's theme: "California Dreamin'." Our convention will offer a productive **agenda** including valuable business meetings, compelling keynote speakers, and a chance to network with your NARBW sisters from chapters across the country. This year's convention will be fun and informative—definitely one you won't want to miss.

Hope to see you there!



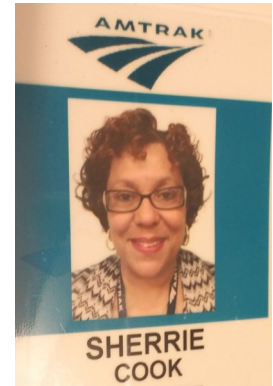


# FOUNDERS DAY HONOREES 2022

Members were asked by 2<sup>nd</sup> VP Rae Huebner to submit nominees that exemplify the courage and will of our NARBW Founder, Hazel Cornell. A random drawing to select a "winner" was held at the President's Brunch on May 13, 2022. Jacksonville Chapter and their nominee Lora Dorman took home the coveted NARBW Founders Gold Medal for 2022. Five chapters participated; below are their nominees.

## CENTRAL FLORIDA: SHERRIE COOK

Sherrie began her career with Amtrak in 1974 as a Junior Clerk in Revenue Accounting, and spent the next 25 years in various clerical positions as a member of the TCU. In 2003 Sherrie began working in the Safety Department as an analyst in the Central Reporting Office. This is where Sherrie found her true calling. Her work in Central Reporting included reporting to the FRA all accidents, incidents, inventory and highway-rail crossing data that occur on Amtrak rails. Working in this busy and stressful department instilled in Sherrie the value of a "safety mindset", one of the most important aspects of any Amtrak employee's position. In 2016 Sherrie retired as the Manager of the Central Reporting Office after 41 years in the industry. Sherrie says she retired with a feeling of accomplishment, satisfaction and a job well done: a true success story of a woman in a male dominated industry.



## JACKSONVILLE: LORA DORMAN



Lora began her RR career in a somewhat typical role as an Auditor, but the 27 years that followed are why she is one of NARBW's Trailblazers. Lora left the comforts of Headquarters (HQ) and spent the next 10 years supporting Engineering and Mechanical in the field – at times traveling (by car) 25,000 miles a year over a six-state territory and other times at one of the major Locomotive/Car Shops. Lora was often the only woman, and many times had the least years of service in every place she went. Boots, hardhats, Hi-railing and the like became typical. Lora was fortunate to have had great mentors of all ranks who told her she belonged there and encouraged her to grow and learn more about whatever seemed out of her expertise. "It is amazing how much effort others will give toward your progress, when you are wide eyed and willing to learn" Lora said. These are the building blocks that allowed Lora to continue to grow, always learning and taking on other new roles, moving back to

Headquarters in Mechanical Car and Loco plus taking on a role at the Industry level. Lora strives to share knowledge and encouragement with others, as others did with her. One of Lora's employees described Lora as one of the best bosses she had in 30 years at CSX. She added that Lora is very intelligent, an extremely hard worker and dedicated employee, and a natural leader who is admired and respected. Fellow NARBW Jacksonville member Nancy Von Dolteren said 'Lora was my business partner at CSX when I first worked with Mechanical Locomotive and Car Applications. She was a huge help to me in navigating what was a man's world at the time.'

## OMAHA: JAY NELSEN

Jay began her railroad career with Southern Pacific in 1993. She also joined NARBW the same year! In 1998, Southern Pacific was purchased by Union Pacific, and Jay moved to St. Louis, MO with a brief stop at the NARBW National Convention in Omaha. Luckily, St. Louis had a NARBW chapter who welcomed Jay to her ranks. In 2004, UP closed its customer service center and relocated the employees to Omaha, NE. Again, there was an Omaha chapter of NARBW to welcome her. Jay spent her railroad career in Customer Service, hiring on as a clerk and being promoted several times before her retirement as a Team Leader covering the 9 state Western Region. She was an Operation Life-saver Presenter in Missouri and Nebraska for 6 years. In 2014, Jay was honored as the NARBW Woman of the Year. Jay finds NARBW is a rewarding and meaningful association, encouraging her to find a way to contribute to the community. A fellow member spoke about the needs of a local shelter for victims of domestic violence. She was inspired to begin a program for the Omaha Chapter to show our support for these women. 10 years later the Pass the Purse project is the major welfare project of the Omaha Chapter. Since her retirement in 2017, she uses her time, talents and treasure by volunteering at the Ronald McDonald House Charities Omaha and the Durham Museum, as well as a few other worthwhile projects, donating over 1000 hours and thousands of dollars annually. Jay has been the Volunteer of the year twice for both RMHC and the Durham Museum. During the Covid pandemic the National Publications chairman decided to compile a booklet of NARBW's history. Jay was a contributing member and found the research interesting and inspiring. The committee had the booklet published in time for the 2021 National Convention. Looking back on her life to date, Jay sees NARBW as a rewarding constant. Because of NARBW, she has friends across the nation who share her bond with the Railroad industry. There are memories of women who supported and encouraged and promoted her to reach beyond her life and to help others, and so help herself and enrich her life. These friendships are an integral part of what makes life worthwhile.



# FOUNDERS DAY HONOREES 2022



PHILADELPHIA: ANNE GORDON

Ann Gordon is a true trailblazer and has definitely taken the road less travel not only in her work but also in her personal life. Her Father and Grandfathers worked and retired from the Pennsylvania Railroad. Ann joined her family railroad legacy in 1973 at an Amtrak Reservation agent near Philadelphia. Ann started her trailblazing journey when she started working for the railroad. She sought out many positions that were historically labeled for men-only. She went from the call center to the Penn Coach Yard material warehouse and worked as a material and equipment handler for a few years. Working side by side with her male peers, Ann learned and operated a forklift on a daily basis and she happily embraced wearing her safety attire of steel-toed work boots, hard hat and safety glasses. Ann never tired of filling physically demanding position and was among the first females in the Amtrak organization to take this path. She later served as a Red Cap at 30<sup>th</sup> Street Station where she was required to lift 50 pounds and move rolling pallets of passenger luggage to and from the train every day. Ann embraced this challenge with glee and vigor. She later held positions such as Usher, ticket agent and mail room attendant and ended her railroad career working as a work gang clerk in various freight yards. Ann left her railroad career in 1981 to care for and raise her large family. Though this season of her life placed her into a stereotypical “woman’s” role, she never tired of striving for higher career success. Due to divorce when her children were very young, Ann found herself as a single parent and supported and raised five beautiful children. A difficult role to fill alone, she didn’t stop there. She started taking part-time classes and eventually completed a BS Nursing degree, a Master’s degree with additional credits just shy of a Doctorate degree. Ann has always taken on big challenges and habitually took the road less traveled in her work career and personal life. She succeeded in her own rights in so many endeavors and ended up working to make other people lives better. She certainly exemplifies the spirit and drive of Hazel Cornell, our NARBW trailblazer.

ROANOKE: VIRGINIA AUSTIN

The Roanoke Chapter nominates member Virginia Austin, who shares many of the characteristics of our founder Hazel Cornell. Virginia was the oldest of 8 and graduated from high school in 1968. By August 1968, she was hired as a stenographer in what was the Traffic Department (now called Marketing). At that time, the railroad hired only single women (single and married men were hired) and they could only work as stenographers or telephone operators. As Virginia said, “We weren’t allowed jobs where you had to think – we were only good for recording the thoughts of our male bosses.” She also recalls only black males were hired and were limited to jobs in the mail room or janitorial work in the General Offices of what was then Norfolk & Western Railway. Typewriters were manual and there were no copy machines. Virginia was hired in the steno pool in 1968. Males were also hired as stenos but she was senior to most of them. When a management job outside the steno pool came open handling tariffs, against advice from her male co-workers, she applied. Her co-workers said they had families to support and she should let one of them have it. By then, Virginia also had a spouse and 3 kids in addition to help care for her parents. Virginia found work in the Traffic Department interesting and ended up going to college in the evenings. It took 7 years to obtain her degree but she did it! Interestingly, she took some of the same classes as one of her supervisors who recognized her ambition and encouraged other supervisors to give her a chance. Virginia retired as Asst. Manager in the Marketing Department after 30 years of service. She joined NARBW in 1980 and has chaired or been a member of just about every committee on the local level. She was very active when NARBW had districts, as well as being a member of the National Board and was NARBW’s National Woman of the Year in 2016.



All of these ladies have a wonderful story to tell. In a random drawing, Jacksonville Chapter and their nominee Lora Dorman took home the coveted NARBW Founders Gold Medal for 2022.

# Moments and Memories

## 'Grief is the price we pay for love'

(Queen Elizabeth II, September 2001)

**Debbie Rogers**, a beautiful soul, passed away on July 16 from multiple myeloma. Born in Washington DC and raised in Pocatello ID where she grew up with lots of extended family. Debbie went to work for Union Pacific Railroad shortly after graduation. She met her husband there and typical for railroaders moved with their jobs, ending up in Omaha headquarters for UP. She worked in the accounting department and joined NARBW in 2017. She retired with 41 years of service.

Every member is important to NARBW, whether they attend every meeting, chair committees or help us by keeping in touch, paying their dues and supporting our causes. Debbie was diagnosed with cancer shortly after her retirement. She was not able to attend many meetings, between treatments, and travels when she felt well enough. But she kept in touch making sure we knew she supported us and was always cheering for our projects.

She loved her daughter Whitney, her husband Dave, her dog Patches, the Huskers and traveling. She and Dave used to go on cruises and was a certified scuba diver. She could be counted on to bring gifts of food and small cheerful knick-knacks to anyone going through a tough time. Debbie will be remembered as a very kind, giving and generous soul. She is survived by her husband David and daughter Whitney and other relatives. She will be missed.

**Jay Nelsen, Emeritus Council**



It is with the most profound sadness that we say goodbye to another Past National President, **Doris Stemmer**.

Doris passed away just a few weeks after Ruth Ann Spears; both were two of the most important women in my life. I am sure we all have had mentors and friends, "girlfriends", that have changed our lives but the depth of loss I feel is so intense I have having trouble expressing my feelings. Doris and I had the privilege of speaking at Ruth's funeral and we both were so honored. It was that day she told me I would have to speak at her funeral and I told her that would be a long time from now. She said maybe but you WILL speak at mine.

Doris was a force of nature and she came into my life almost immediately after her transfer to Jacksonville from Louisville. She was so focused on getting involved in her new life and one of the first things she did was join the Jacksonville Chapter of NARBW. Some of our older members will remember Betty Goodwin from Jacksonville who had been trying to get me to join NARBW for years and Doris showed up and I joined within two months after meeting her.....I don't think Betty ever forgave Doris but she loved her too.

Thus began my NARBW journey—a wonderful part of my life, one I cherish and I owe it to Doris.

We became "girlfriends" for life and our lives intertwined for some of the most wonderful adventures that lasted over 30 plus years.

Doris always put NARBW and the good of the association above and beyond anything I saw from anyone else. She pushed CSX to sponsor our chapter in ways that were the first for national railroads.....I really believe she forced the class one railroads to keep up with CSX in their support of NARBW.

She fought for and attained the different offices on the board and finally was elected National President in 1996. She was a great president and never wavered in her support through the end.

She attended District Conferences and Conventions every year and was with us in Chicago in May of this year.

Doris loved her family fiercely and was so proud of her children and grandchildren. Doris and her husband, Jerry were a good match and it was fun watching them navigate through life and how he also loved attending NARBW events with her. They were a very striking couple.

Doris was my hero, she supported, coached, and mentored me from the time I met her. If I could sum Doris up in a few words they would go like this! She had a dynamic personality, was beautiful, larger than life, smart, extremely funny, fiercely loyal, frightening at times, interesting, intelligent, loving, understanding, feisty, sassy and most of all my special girlfriend and a friend to many.

When I close my eyes, I can still hear her infectious laugh I will miss her forever.

**Sandy Hall, Emeritus Council**

# 2023 NARBW CONVENTION MAY 19 – 20, 2023

The NARBW Southern California Chapter is proud to host the 79th National Convention in San Diego, California.

We look forward to you helping us celebrate with this year's theme: "California Dreamin". Our convention will offer productive business meetings, compelling keynote speakers, and a chance to Network with your NARBW sisters from chapters across the country.

Location: Island Palms Hotel & Marina - 2051 Shelter Island Drive  
San Diego, CA 92106

RESERVATIONS: Book online or by phone. We have a block of rooms reserved from May 17 through May 20<sup>th</sup>. An advance deposit or credit card guarantee for the 1<sup>st</sup> night's room and tax is due at the time of booking. Individuals must identify themselves as part of the National Association of Railway Business Women (NARBW) at the time of making the reservations in order to be eligible for the special group rate.

Room rate is 179.00 per night. Cut-off date for room rate is Wednesday, April 19, 2023. Requests received after the cut-off date will be accepted on a space and rate availability up to the group block.

Please call (800) 551-5573 or (619)-222-0561 to make reservations by phone. The link for booking online:

[https://www.bestwestern.com/en\\_US/book/hotel-rooms.05326.html?groupId=2D1ZB4G2](https://www.bestwestern.com/en_US/book/hotel-rooms.05326.html?groupId=2D1ZB4G2)

Incidentals – \$25.00 per day will be held and then refunded. Nightly parking charge is \$13.00 per vehicle

Register for Convention by April 1<sup>st</sup>, 2023

Register for Pre -Tour by April 18<sup>th</sup>, 2023

Register for Hotel rooms by April 19<sup>th</sup>, 2023 to take advantage of the discount rate

**TRAVEL:** The San Diego Airport is conveniently located to the Island Palms Hotel & Marina hotel with four ways of transportation.

Bus – take line 28 bus – 59 minutes – price 1-8 dollars

Taxi / Ride Share– 6 minutes – 3.3 miles – 16-19 Dollars

Town car – 6 minutes – 45-65 Dollars

San Diego Train Station -1050 Kettner Blvd, San Diego, CA 92101 is 5.4 miles away from Island Palms Hotel & Marina hotel

## **Wed, May 17**

Early Check in / Registration / Pre-Convention Board Meeting

## **Thurs, May 18**

Registration / Pre-Convention Tour: 9:30 am-1:00 pm /Hospitality Reception starts at 6pm – All are welcome!

## **Fri, May 19**

Business Meetings

President's Brunch

Breakout Sessions

Candidates Reception

Fun Night

## **Sat, May 20**

Business Meetings

Elections

Breakout Sessions

Post-Convention Board Meeting

Group Photo

Banquet

## **Sun, May 21**

Check out

Bid farewell to our new friends and dear friends

Exchange pictures and contact information

*Any Questions?*

*email or call Convention Chair:*


**Trischelle Baysden**

Cell # 760-641-9070

Email: [Trischelle.baysden@railpros.com](mailto:Trischelle.baysden@railpros.com)



# 2023 NARBW CONVENTION MAY 19 – 20, 2023

<b>NARBW Convention Registration Form</b>					
79th Annual Convention in San Diego, Ca. May 19-20, 2023					
BWP Island Palms Hotel & Marina					
San Diego, Ca. 92106					
All registrations must be postmarked by April 1st. No refunds after April 29th.					
<b>Use a separate form for each attendee.</b> There are three sections to this form, please be sure to complete them all. This Registration Form may be photocopied or it can be printed from the NARBW website ( <a href="http://www.narbw.org">www.narbw.org</a> ).					
<b>SECTION ONE: Personal Information</b>					
Please type or print clearly.				Please check one:	
Name:				<input type="checkbox"/>	Delegate
Mailing Address:				<input type="checkbox"/>	Alternate
City:		State:	Zip Code:	<input type="checkbox"/>	National Board
Telephone:				<input type="checkbox"/>	Emeritus Council
E-mail:				<input type="checkbox"/>	Member
Chapter:		Railroad Affiliation:		<input type="checkbox"/>	Guest
Emergency Contact					
Name:					
Phone:					
<b>SECTION TWO: Registration Fees and Meals</b>					
Please enter the dollar amount(s).					
<b>Members:</b>		<b>Emeritus Council:</b>		<b>Non-Members (Guests):</b>	
\$355 by April 1st		\$260		Guest Name:	
\$375 after April 1st				Convention Meals only (enter all that apply)	
Covers registration and four convention meals.		Emeritus Council pays for Membership Luncheon, Fun Night and Banquet		\$45 Presidents Brunch	
				\$90 Fun Night	
<b>Host Chapter Members:</b>				\$80 Membership Luncheon	
\$315				\$90 Reception and Banquet	
\$0.00 <b>Registration Total (check should be made payable to NARBW)</b>					
<b>SECTION THREE: Survey</b>					
Please check all that apply to you.					
<input type="checkbox"/> This is my first NARBW Convention.					
<input type="checkbox"/> I require vegetarian meals.				<input type="checkbox"/> I require gluten-free meals	
Request Marketplace Table for _____				Chapter.	
<input type="checkbox"/> Interested in a roommate.					
<input type="checkbox"/> Special Needs/Requests/Food allergies					
<b>If you have any questions, please call Trischelle Baysden (760) 641-9070 or email <a href="mailto:convention@narbw.org">convention@narbw.org</a></b>					
Mail your check and this completed form to:				Mail or email copy of form to Convention Chairman:	
<b>2023 NARBW Convention Registration</b>				<b>NARBW National Convention Chairman</b>	
Jasmine Manley				Trischelle Baysden	
3025 Matthew Ln.				527 Maywood Ave.	
Homewood, IL 60430				San Bernardino, Ca. 92404	
				<a href="mailto:convention@narbw.org">convention@narbw.org</a>	
<b>Payments now accepted through Zelle by using email address: <a href="mailto:Treasurer@narbw.org">Treasurer@narbw.org</a></b>					
Complete Sections 1-3. Keep a copy of this form for your record. Your payment amount should match the registration total in Section 2.					
Available at <a href="http://www.narbw.org">www.narbw.org</a>					



## 2023 NARBW CONVENTION – MAY 19-20, 2023 SAN DIEGO CALIFORNIA



### NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN

Please email Chapter Newsletter or Info to:

[Publication@NARBW.org](mailto:Publication@NARBW.org) or mail to:

Nancy Von Dolteren

National Publications Chairman

4022 Clearwater Oaks Drive

Jacksonville, FL 32223