

THE CAPSULE

March 2022



Dear NARBW Members:

This past year has seen many changes and hopefully for most of us those changes are good ones. Our covid numbers are decreasing, we have booster shots readily available, and traveling has started to increase. Spring is here and that means that the National Convention is just around the corner.

I am excited that we are finally having our Chicago convention, the ladies have worked so hard. I am looking forward to seeing old friends and making new ones. I had a zoom call with Yolanda Barbosa, our Convention Chair, and Jennifer Schipp, Associate Director of Sales from the Crown Plaza West Loop hotel this past February. We were able to view our all the convention event rooms and the different areas around the hotel. We will follow the guidelines of the CDC and hope that all our NARBW sisters feel safe in attending.

The National Board held our Winter Board Meeting via zoom again this year. Having zoom meetings is a still a new way of doing business for some of us, but it works well. Using zoom for the winter board meeting allowed us to have a fun but productive day without the stress of travel. The Resume of our Winter Board Meeting is listed on page 3.

Chapter Presidents should have received the proposed General Budget for discussion with their chapter members along with the resumes of our candidates to fill the three vacancies of National President, National First Vice President, and National Treasurer. Nominating Chairman Cynthia Chandler worked diligently and has a full slate of officers. I am so pleased with the candidates who have stepped forward to serve. Reviewing this information with your chapter members prior to convention enables your delegates to vote in an informed manner during the business meetings at our 78th Convention in Chicago, Illinois, May 13-14, 2022.

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UPCOMING DATES

May 13-14	78th National Convention Chicago Illinois
June 30	Capsule Deadline

THE CAPSULE

March 2022

For our Founders Day event each chapter was asked to recognize a Trailblazer – a member who exemplifies the courage and will of our own founder, Hazel Cornell. The winner will be drawn at this year's convention.

Our Membership Chair, Renee Noble, along with several of our members, created a membership video describing why we love NARBW and why ladies should join. If you have not seen the video, please check it out. Go to NARBW.ORG and navigate to Documents Tab and select Presentations.

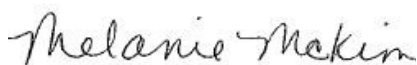
Renee Noble is conducting an NARBW marketing campaign to help spread awareness of NARBW. Phase One involved reaching out to companies who own short lines across the United States. In Phase Two Renee will send promotional materials to unions associated with railroads.

I hope you have been checking out our website and social media pages. We share information and are excited to add presentations as we receive them. If you have not done so, please check them out; go to NARBW.org and sign up for the Members Log-in (top right). We hope to increase our communication and make this a great way to stay in contact with our members.

I want to close this quarter's message by saying I have been honored to serve as your National President through these difficult yet interesting times. I have appreciated your support of me during these past four years. We have seen many changes in our lives, in the workforce, and in NARBW. Our National Board has continued to work diligently in keeping our membership involved and thinking outside the box.

Thank you for allowing me the opportunity to serve this great organization as your National President.

Sincerely,



Melanie McKim
National President

NATIONAL BOARD CORNER



National Association of Railway Business Women

RESUME OF WINTER BOARD MEETING – FEBRUARY 5, 2022

The meeting was held on February 5, 2022, via a ZOOM call. All members of the National Board were present. The meeting began at 9AM and ended at 5:08 PM.

Treasury Reports: were presented and included year to date reports for 2021, ending December 31, 2021.

Finance Reports: the 2022-2023 Proposed Operating Budget was reviewed and amended and approved and will be sent to Chapter Presidents and voted on at the 2022 Convention in Chicago in May.

Board Members: Officer and Chairman Reports and related forms pursuant to the upcoming convention were reviewed and discussed. All board members were reminded to schedule and complete conference calls for their respective committees and local chairs.

National Convention Chairwoman Yolanda Barbosa presented an update on the 78th NARBW Annual Convention being held May 13-14, 2022, at the Crowne Plaza West Loop Downtown Chicago, Illinois. The pre-convention tour is planned for Thursday, May 12, 2022. The theme for Fun Night is "Broadway in Chicago". A schedule and budget have been prepared by the Chicago Chapter's convention committee and will continue to be reviewed and updated as necessary. Board members will be attending a Pre-Convention and Post-Convention board meeting as scheduled at the beginning and end of the convention.

New Business included:

Discussing the sites of the 2023 convention (Southern California) and 2024 convention (Omaha).

The board will continue to work on a monthly calendar of social events and educational presentations, all available at NARBW.org (online).

Membership will continue to be a priority. 3rd VP Renee Noble will be initiating a membership drive beginning with a video of testimonies from current members. The video will be available online.

Melanie McKim
President

Rae Huebner
National 2nd Vice President

NATIONAL BOARD CORNER



National Association of Railway Business Women

NARBW Promotional Video

You can hear testimonials from members Jasmine Manley, Trischelle Baysden, Benita Gibson and Melanie McKim.

The video is available on YouTube. Open the browser on your PC and enter youtube.com and when the screen comes up enter NARBW Promo Ad 2022 in the search field. We also have a link on our NARBW.ORG website under Documents / Presentations.

NARBW Advertising Campaign Underway

Renee Noble has sent promotional materials to short line railroads and will send information to the unions who support rail companies next. If you have suggestions on who else to reach out to, please send a message to membership@narbw.org

Board Position Job Descriptions on the website

Want to learn more about the NARBW national board positions ?

Take a look at our website: NARBW.ORG / Who We Are / Board Positions

Keeping your address info current is important so we can keep you in the loop.

If your contact information changes (new email address or a new physical mailing address) , please send a note to publications@narbw.org so we know how to reach you.

If you have a new officer or chair position in your chapter, let us know that as well.

CHAPTER NEWS

ALBANY CHAPTER

The Albany Chapter members met at a local restaurant for their monthly meeting and had a fundraising basket/auction and 50/50 raffle.

Unfortunately, no one from Albany will be able to attend the upcoming convention in Chicago. We are wishing Chicago a successful convention!

ATLANTA CHAPTER

Nothing to report

CENTRAL FLORIDA CHAPTER



Central Florida held its postponed 2021 Walk to End Alzheimer's in Gemini Springs Park, DeBary FL on February 17th 2022, before their Chapter meeting.

Pictured left to right: Ramona Sanmoogan, Gail Hendrix, Andrea Barr ,Melanie McKim (holding Jax), Emily Martinez, Dien Sanmoogan (holding Gabby's leash), Nancy Booz-Allen and Debbie Dubois



Central Florida held an online Double Good Popcorn Sale Fundraiser early February.

Thanks to all of the NARBW members who supported the sale and brought popcorn!

CHAPTER NEWS

CHICAGO CHAPTER



Railway Age Honors Award Recipients

Our Chicago chapter ladies attended a luncheon in March at the Union League Club of Chicago honoring the Railway Age 2021 Women in Rail Award recipients, including our very own Jacqueline Watkins of Metra and Amy Louk with New York & Atlantic Railway. Congratulations ladies! The evening continued with networking and meeting more railroaders at the Western Railway Club Railroader of the Year dinner.

Chicago Embraces Hybrid Style Meetings

With the COVID numbers decreasing and the masks mandates lifted, Chicago has begun hosting hybrid chapter meetings. A hybrid meeting involves a mixture of in-person and remote attendees. At Chicago's March meeting several members attended via zoom while others met in person at a local library meeting room, and afterwards went out to lunch. At the library, a laptop was set up so those meeting in person could see everyone in the Zoom gallery, and those on Zoom could see and hear everything that took place at the meeting. Hybrid meetings can boost attendance and be more convenient because it offers an option for those who cannot attend in person due to scheduling conflicts as well as those who are uncomfortable with meeting in person.



NARBW Chicago Supports Sarah's Circle

NARBW purpose includes undertaking charitable, benevolent and social welfare projects. In January, the Chicago chapter delivered lunch to Sarah's Circle, a non-profit that provides services for women including housing, life necessities, and supportive services to help permanently end their homelessness.

CHAPTER NEWS

CHICAGO CHAPTER, continued



Tracy Robinson and Sharon Slaton representing the Chicago chapter at this event.

Congratulations to the National A. Philip Randolph Pullman Porter Museum on its 27th anniversary. In February, the museum's founder, Dr. Lyn Hughes, and President / Executive Director David Peterson, Jr., were honored for creating the only museum in the country dedicated exclusively to African American labor history that began with A. Philip Randolph's work to organize the Brotherhood of Sleeping Car Porters.

This milestone was celebrated at the museums annual gala fundraiser event hosted by Hosea Sanders with ABC 7 Chicago. The event recognized the 2022 A. Philip Randolph "Gentle Warrior Award" and "Community Change Agent" honorees for their outstanding contributions to organized labor and the broader community.

Pullman Women's Tour & Walk

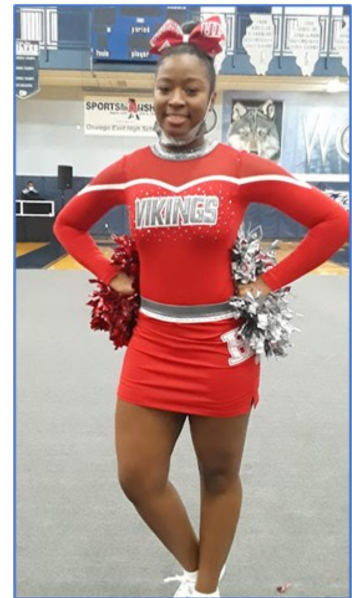
Women who worked for the Pullman company held a variety of jobs, came from different backgrounds, and were there from the rise and fall of the company's century long history. In March, several Chicago chapter members participated in a walking tour through the historic Pullman neighborhood and learned what these women did and how they did it.

The tour was guided by park rangers at Chicago's only national park site. The event concluded with a discussion inside the National Park Service Center, where Chicago chapter members shared with the group information about NARBW and its Chicago history.



CHAPTER NEWS

CHICAGO CHAPTER



Madison Manley & Homewood-Flossmoor High School's Varsity State HS Competition

Captain Madi (President Jasmine Manley's daughter) led the varsity co-ed cheer time to the IHSA State competition where they competed against 25 teams and went all the way to the semi-finals. Although the team did not make it in the top 10 to compete in the finals, they were 12 out of 25! That was a huge accomplishment and Madison hopes that they make it to the finals next year "for her senior year." The team closed the season by cheering at a Chicago Bulls prime time game. They had a chance to work & perform alongside the LUVABULLS (the Bulls dancers/cheerleaders) and help entertain the crowd by throwing T-Shirts in the stands and performing for a youth dance competition before the game. Congratulations to the HF Cheer Teams on another successful year.

NARBW SUPER BOWL SQUARES
SUPER BOWL SUNDAY IS FEBRUARY 13, 2022.



CINCINNATI BENGALS LOS ANGELES RAMS

\$20 PER SQUARE

Payouts are as follows for each game:
1st quarter - \$250 3rd quarter - \$250
2nd quarter - \$250 End of game - \$250

Convention committee has been very busy this quarter getting ready for the convention in May.

They held a Super Bowl fundraiser and a Virtual Convention Kickoff party which were both fun to participate in.



Virtual Party!

NARBW 78TH ANNUAL CONVENTION KICKOFF

CALLING ALL NARBW SISTERS
JOIN US FOR A NIGHT OF FUN, MUSIC & DANCING BYOB

FRIDAY, MARCH 4TH, 2022
7:00 – 8:00 PM CST

Chicago Chapter

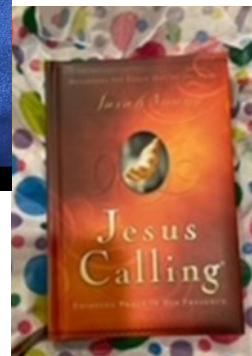
CHAPTER NEWS

HOUSTON CHAPTER

The Houston chapter selected our 2022 Woman of the Year, Treasurer, Dixie Estep pictured at right below. We celebrated at our February meeting at Cilantro's Mexican Grill.



Houston chapter decided to participate in a year long "Secret Sister" gift exchange. Our ladies have been receiving great gifts so far and we're really enjoying getting a little surprise on our doorstep or at the monthly meeting.



INDIANAPOLIS CHARTER CHAPTER

Nothing to report.

INDIANAPOLIS CIRCLE CITY CHAPTER

Nothing to report.

CHAPTER NEWS

JACKSONVILLE CHAPTER

We have a different welfare focus each quarter (MIND, SOUL, HEART, BODY). Having broad categories allows us to select a variety of community organizations to support during the year.

December, January and February our focus was HEART and we collected blankets for the Sulzbacher homeless shelter. In March our focus is BODY and we will collect food and other needed items for the Clara White Mission.

Our Ways and Means committee is looking for additional ways to build our scholarship fund. Our traditional nut sales in the fall were not as robust as when we could sell to employees at CSX, so we added a 'FLASH' popcorn sale (Jacksonville area only) for Valentine's day and Super Bowl weekend. It was quick and fun and made a small profit.

From our Operation Lifesaver Chair
Richalyn Williams

Operation Lifesaver turns 50

In 1972, the Idaho State Highway Patrol and the Union Pacific Railroad mounted a campaign to promote "Stop, Look and Listen" safety at highway-rail grade crossings. Idaho experienced a 43% reduction in fatalities that first year. 50 years later, OLI has authorized volunteer speakers and trained instructors who provide free rail safety education programs across the U.S. and abroad. We give presentations to school groups, driver education classes, community members, professional drivers, law enforcement officers, and emergency responders. The programs are co-sponsored by federal, state and local government agencies, highway safety organizations and America's railroad systems.

Patrick Barnes (CSX) and his team attended our January ZOOM meeting and gave a fascinating presentation about new technologies developed at CSX using GIS, robotics, and drones,

In February Bob Ledoux told us about Florida East Coast Railway—from the early days when Henry Flagler purchased the Railroad (1883) and helped to develop the eastern coast Florida to their many innovations (first to operate 2-person crews, development of the first end of train device, concrete ties across the railroad, the use of LNG fuel to name a few.) FEC is able to serve 70% of the US market in 4 days or less.

In March we met in person at a local Thai restaurant (and had members on ZOOM as well.) No speakers at this meeting since we were selecting delegates, alternates, Woman of the Year (Nancy Von Dolteren) and our Trailblazer (Lora Dorman) for Founders Day.

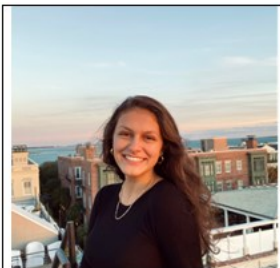
We are pleased to announce Clare Gutteridge and Teresa Gutteridge as this year's recipients of the Jacksonville Chapter Scholarship. They will each receive \$1400.00 toward their college education.



Teresa Gutteridge

Florida State University – 3.81 GPA
Biology B.A.S. 2025 with an emphasis in Radiology/
Pediatric Oncology
Activities and Achievements: NARBW Member, Deans
List-Fall 2021, Foster Closet Volunteer, USO Volunteer,
Gymnastics Assistant Coach, Early Learning Teacher
Assistant.

"Four years ago I sustained a significant back injury while competing gymnastics... I was determined my injury would not disable me. I was so intent on finding a way to recover, I stumbled upon an impressive career."



Clare Gutteridge

Florida State University – 3.6 GPA
Biology B.A.S. 2023 with an emphasis in Optometry
Activities and Achievements: NARBW Member, Tennis,
USO Volunteer, Pre-Optometry Club-Treasurer, American
Medical Women's Association Member, Hispanic Honor
Society Member, Alpha Epsilon Delta (Pre-Health Honor
Society) Member

"My goal is to be able to help people improve their vision and volunteer my time and talent to assist those who are less fortunate."

CHAPTER NEWS

KANSAS CITY CHAPTER

The Kansas City ladies will finally get together to hold our Christmas Exchange at the Red Door Bar & Grill in a couple of weeks. It will be good to see everyone!

We are excited to announce that our member, Savanna Hubbard recently got engaged to Braeson "Daanan" Hollenbeck. No date has been set yet.

Our President, Megan Cibulski is excited about having another baby boy, due this coming July!

We are looking forward to seeing pictures and hearing about the Chicago convention! Don't forget to purchase your raffle tickets for our Quilt being raffled off at convention!

See our KC Facebook page for details on how to purchase.



PITTSBURGH CHAPTER

The ladies of Pittsburgh Chapter are doing well. The ladies met in December, and have another in-person meeting scheduled for March 27th.

Betty mentioned that she and husband come from Railroad families. When you hear the pride from a person who has been retired for years and still loves their railroad ties it very endearing.

Guest Ted(Retired Conrail), Santa, Betty Halligan, Lois Kelly,

Second row:

Rita Morton, Audrey Santel, Loretta Kocaya, Guest Loretta's nephew Ed, Guest Carl (Retired Conrail)



CHAPTER NEWS

OMAHA CHAPTER

The Omaha Chapter continues to hold our monthly meetings in local restaurants, with a ZOOM option for members. We are busy with the planning for the 2024 Convention to be held May 17 – 18, 2024.

Our community action group has taken on a new venture, collecting eyeglasses and their paraphernalia (cases, cleaning clothes, holders, etc). We continue with collecting tabs for the Ronald McDonald House and recently topped 645,000 towards our goal of a million tabs. We recently filled and donated another 100 purses with our Pass the Purse program, where we collect and fill purses to donate to the local women's shelter for victims of domestic abuse. This is the 10th year we have contributed.

Janet Anderson was chosen as the Chapter Woman of the Year and presented with a clock with an engraved plaque. Janet has been an active member of the chapter since she joined, She willingly contributes her outstanding organizational skills and her time and talents to our undertakings. Janet spearheaded a recent online fundraiser selling Magnetabilities jewelry. It was very successful, and members are pleased with their sparkly NARBW items. It was thrilling to honor her at the March meeting



25% of our membership will be attending National Convention in Chicago (Kathy DuVall, Cynthia Chandler, Sue Hess, Kadie Leslie, Anne Menichetti and Julie Nelson. Over 25% will be recognized for their welfare contributions during the last year: Kathy DuVall, Janet Anderson, Diane Ballinger, Kadie Leslie, Anne Menichetti, Jay Nelsen & Julie Nelson. We are very proud of how active our group is.

Kadie Leslie is undergoing physical therapy after surgery on her left wrist. Diane Ballinger recently had knee replacement surgery and is at home recovering. Debbie Rogers is battling cancer and has had some successes and a few drawbacks but we are supporting her fight and praying for her recovery. Julie Nelson recently took a trip to DC to meet with our elected officials about issues important to Credit Unions.



Members (left to right) Connie Prokupek, Anne Menichetti, Kathy DuVall, Jay Nelsen, Janet Anderson, Rosie Donahoe, Julie Nelson, Kadie Leslie at our March meeting.

CHAPTER NEWS

PHILADELPHIA CHAPTER

We have good news! Helena Funk will be our next president and will be sworn in this June.

In January and February we held our meetings over Zoom and via telephone, but March 19th, we met in person at Otto's Brauhaus in Horscham, PA, and on Zoom. We are planning on meeting April 9th in person and on Zoom.

We will conduct our annual Bergin's Easter Candy sale and distribute our Easter Candy at our April 9th meeting.

We also continue to support the Eliza Shirley Salvation Army. The donations will be \$5 gift cards, toiletries, lingerie, and baby bags. We also donated to St John's hospice for men, located in Center City, Philadelphia.

Member highlights

We are nominating **Ann Dougherty-Gordon** to be the 2022 Founder's Day Honoree. Ann started her trailblazing journey and sought out many positions that were historically for men-only.

Ann never tired of filling physically-demanding positions and was among some of the first females in the Amtrak organization to take this path. She later served as a Red Cap at 30th Street Station, where she was required to lift 50 pounds, and helped passengers with lots of luggage.

Ann has always taken on big challenges and habitually took the road less traveled in both her work career and personal life.

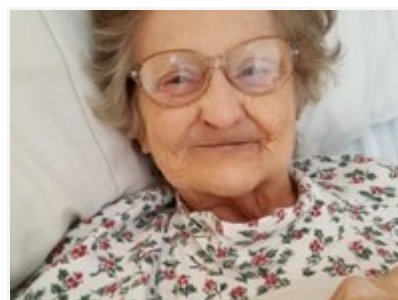


We will be spotlighting **Ellyn Kravette** in our Railette this spring. She says, "December 10th, 2021, after 24 hours at my new position as the Sr. Employee Assistance Counselor at the Philadelphia Station of Amtrak, I became our newest member of the Philadelphia NARBW Chapter.

"The goal is always to assist others in removing obstacles to reconnecting with their sense of personal power, integrity and potential for living a positive life in the here and now. Life is all about connection."



We made an online donation on behalf of our Chapter to the Hospice Help Foundation, specifically to the Kathryn Thornton Legacy Fund (Kathryn was the daughter of a fellow railroad sister in Levittown, PA, **Jeanne Thornton**). According to the Foundation, our gift will bring dignity and comfort to hospice patients who are struggling to make ends meet, such as **Gloria (pictured) below**). When Gloria was admitted to hospice, her glasses frames were broken and held together with medical tape. Donations helped her purchase a much-needed new set of frames. She was thrilled to receive her new specs, and loved being able to see the friends and family who visited her.



CHAPTER NEWS

ROANOKE CHAPTER

Congratulations!

Roanoke Chapter turns 70

Chapter 19 was formed on
2/9/1952

The Roanoke Chapter's Founders Day Trailblazer who exhibits the courage and will of our founder Hazel Cornell is Virginia Austin!



Ways and Means completed another year of successful nut sales. All the money we receive from the sale of nuts now, goes directly into our account to help with our charitable organizations' needs.

No January Welfare project but February projects were a Local Council on Aging project and a St. Francis House project. March project was Salvation Army. Our ongoing projects are collecting tab tops, toiletries and eye glasses. Thanks to all of our Chapter 19 members for their support and generosity to the community.

Our chapter collected scholarship donations for National Scholarship fund. We hope to reach our goal of \$1,000 or more and continue our tradition of Platinum status (since 2015).

CHAPTER NEWS

SOUTHERN CALIFORNIA CHAPTER

The Christmas Giving Project was promoted with the Los Angeles Mission.

A ShopWithScrip link was established and set up for our chapter. It is a way to raise money without devoting your time to selling products, asking for donations, or planning events. Earn money every day on the purchases you're already making just by paying with a gift card you ordered from ShopWithScrip. An email went out to all members.

A SoCal NARBW's unique Amazon affiliate link was established and put on our SoCal NARBW webpage for anyone of our members to use and shop via Amazon. Our chapter will receive a percentage of the sales. An email went out to all members.

Our Webpage was refreshed & updated – new “OPPORTUNITIES” tab gives us a space to share local employment opportunities & beyond with our visitors and promoted job opportunities on social media platforms such as LinkedIn.

Promoted the Woman of Impact award given to Ilyssa De Casperis from the American Heart Association, (raising funds for heart disease research). A post and email went out all of our members to encourage a donation to support our members campaign with a link and QR code.

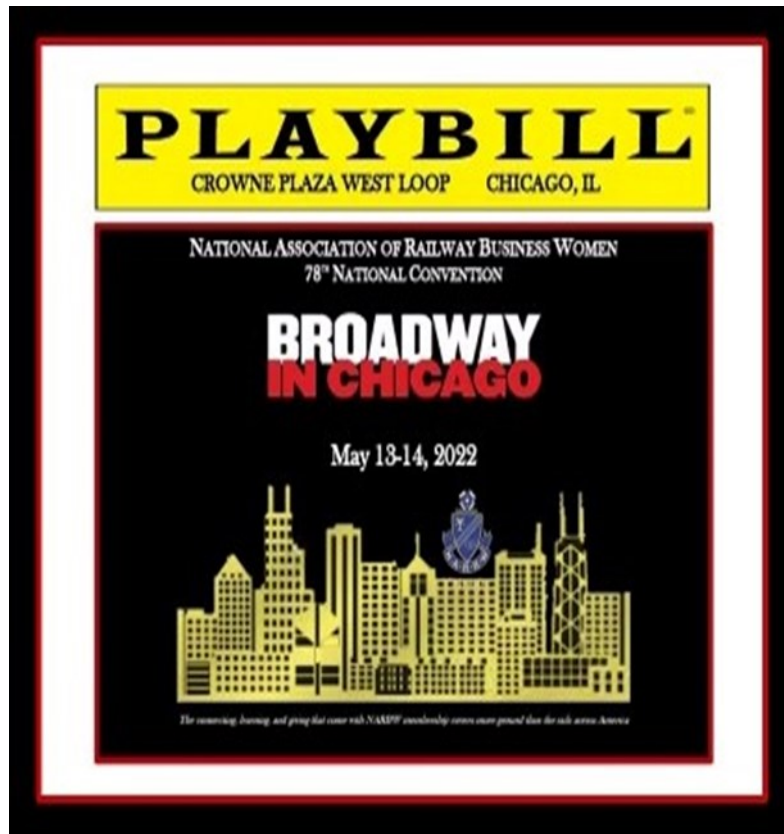
Our next quarterly Newsletter will be distributed on March 31st.

We elected our new Board Members for 2022. We awarded our first local scholarship to one of our members, Kim Peters.

ST. LOUIS CHAPTER

Nothing to report.

SEE YOU IN CHICAGO MAY 13-14, 2022



NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN

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