

CAPSULE

Volume 11, Issue 1

April/May/June 2006

MESSAGE FROM THE NATIONAL PRESIDENT

Dear NARBW Members:

I am very proud and honored to be your National President and I look forward to the opportunities and the challenges that lie ahead of our organization. With your support, the National Board and I will endeavor to seek innovative solutions to our membership decline and work within our industry to elevate the role of the NARBW members.

It was obvious those of you who were able to attend our 62nd National Convention in Indianapolis had a wonderful time. And, for those of you attending, I'm sure you'll join me in commending Melanie Bennett, Lisa Stout and the entire Indianapolis Circle City Chapter for their gracious hospitality. Beginning with the pre-convention tour at the Indianapolis Motor Speedway and ending with the lovely banquet and excellent entertainment, their efforts were sincerely appreciated and resulted in a memorable time for everyone.

The National Board is preparing for the Summer Board meeting which will be held in Chicago, IL on July 14-15, 2006. Even though we have a full agenda, we are looking forward to the members from our Chicago Chapter joining us for lunch on Saturday. This will give the National Board an opportunity to meet with members who might not be in a position to attend our national conventions and will afford us the opportunity to discuss issues that are important to everyone.

As we begin another fiscal year of our beloved National Association of Railway Business Women, let it be with a renewed commitment of working together to accomplish the same goals and with the same purpose. The Plans of Work will be forthcoming before the end of August and I know that each of our chapters will be gearing up for a great year and hope that we are able to increase our membership across the board.

I appreciate the opportunity to serve as your president and am so excited about the diversity on the National Board with representation from nine (9) of our chapters. Together, we can find solutions to benefit our beloved organization. I wish you all a very successful year and I thank you for your support!

Sincerely,

Barbara Bartle
National President



Inside this issue...

- 62th Annual Convention
- NARBW Woman of the Year
- Legislative Updates
- District Conferences

LADIES START YOUR ENGINES

62ND ANNUAL CONVENTION – MAY 10 – 12, 2006

National President, Sandy Hall opened the 62nd Annual Convention on a rainy Thursday morning in the beautiful Indianapolis Hilton Hotel. Teresa Cohen, President of the Indianapolis Circle City chapter welcomed the delegates, members and guests to the convention. District Directors Peggy Peltier and Elaine Mosley presented their chapters Woman of the Year (see article) and announced the District Woman of the Year.

The 16 chapter President's in attendance were introduced at the President's Brunch. 1st National Vice President, Barbara Barthle announced Lillian Braden of the Jacksonville Chapter as the National Woman of the Year. Cynthia Chandler, National Third Vice President announced that 7 chapters increased their membership by 5% or more. Total membership for 2005 – 2006 is 815 members. Donations to the scholarship fund were acknowledged and the Good Samaritans were announced.

The first business meeting began with the announcement that a quorum of 76 had been established with 21 of the 25 chapters represented. President Sandy Hall announced that Kansas City Chapter was relinquishing their charter. The National Officers and Chairmen presented their reports.

Significant Actions:

1st Vice President, Barbara Barthle made a motion to employ Desert-Tex of Tucson, AZ to repair and paint the residence, at a cost not to exceed \$18,000. Motion seconded and carried.

The budget for 2006-2007 was approved with increases for the residence's gas, water and garbage removal.

The two proposed revisions to the bylaws were approved. Under new business a motion was made to increase the monthly rental rates for the residence to \$300 per month for 1 person and \$600 per month for 2 people, effective January 1, 2007. Motion seconded and carried.

Past National President Ruth Ann Spears installed the new officers: Barbara Barthle, National President; Jay Nelsen, National 1st Vice- President; Joan Waite, National Treasurer; Melanie Bennett, District I Director; and Lisa Stout, District I Secretary-Treasurer.

A total of \$1,512.00 was collected for the National 50/50 fundraiser. Winners were:

- \$500 Cynthia Chandler, Omaha Chapter (donated ½ to scholarship fund)
- \$200 Nora Sanders, St. Louis Chapter
- \$56 Marian McClure, Philadelphia Chapter

During the final banquet, the winners of the 9 scholarships were announced. 1st Vice President Barbara Barthle presented Sandy Hall with her Past President pin and a sincere appreciation from NARBW for her outstanding leadership.



NARBW Cookbooks – 2nd printing now underway

Members of every chapter responded to the request for their favorite recipes. Joyce Higgs, National 2nd Vice President and her committee of Roanoke NARBW's went through every recipe, sorted, typed and proofed them to compile an incredible assortment of our favorite foods. Theresa Harper, National Secretary and the Texas City Terminal Railway printed, cut and bound the books. This incredible effort resulted in a useful cookbook that belongs in the cooking library of every home. The first printing sold out and a 2nd printing is underway. There is still time to order your copy. Send Joyce Higgs, National 2nd Vice President your check for \$20 per copy and she'll make sure they are mailed to you. (2361 Daleton Blvd, NE Roanoke, VA 24102) It's the answer to the age old question "What's for dinner?"



CHAPTER WOMEN OF THE YEAR...

Omaha: Joan Hess

Joan retired from Union Pacific with 30 years service where she was regularly recognized for her outstanding work. She has belonged to the Omaha NARBW for 3 years and is an active, involved member currently serving as the Ways and Means chairman.

She also serves on the Board of the Friends of the Union Pacific RR Museum and on the Board of the Union Pacific Employees Club. The Omaha Performing Arts Society has honored Joan with the Most Faithful Community Service Performances Award.

Philadelphia: Krista Pohl

Krista "infuses the Philadelphia chapter with youthful enthusiasm and a can do attitude". Krista joined NARBW in 2004 and is currently serving as 1st VP and will be the 2008 Convention Chairman. In the 2 years since she joined NARBW she has recruited 9 members. Krista actively promotes NARBW to every railroad woman she meets, both in person and on the internet. She is an active member of Sigma Delta Epsilon/graduate Women in Science and AREMA. Krista is an engineer for Amtrak.

Roanoke: Frances Campbell Lowe

Frances is retired from the Norfolk and Western and Norfolk Southern where she did everything but "run the train". She continues to serve the railroad by planning the Norfolk Southern annual retirees luncheon.

Frances has held many NARBW chairmanships but the most outstanding was Conference Chairman in 1982. She has planned many chapter functions at Hotel Roanoke and attended many conventions and conferences. During her membership, Frances has recruited at least 7 new members.

Frances' "gracious and professional" attitude were key points in her being awarded District I Woman of the Year.

St. Louis: Loretta Borowski

Loretta learned to Key punch while she served as a Marine in the Korean War and this skill earned her a job with Union Pacific after her military Service, She retired from the Interline Accounting Department after 30 years of service to UP.

Loretta honors the Railroad by being an active member of NARBW and the Union Pacific Employees club. She honors her military background by being active members of AMVETS post #51, Eagles #126 and the American Legion in Collinsville IL. Loretta volunteers her time to many veterans organizations to support retired and disabled veterans as well as active duty military and their families. She participates in the "Tell America" program educating students about the role of women in the military.

NARBW 2006 WOMAN OF THE YEAR...

Jacksonville: Lillian Braden

Lillian Braden has been an NARBW member both in Baltimore and then in Jacksonville. She has served as chapter secretary, treasurer and membership chairman. She was the District nominating chair and helped at National conventions as page and Resolutions chairman. Lillian's railroad career began in 1961 for the Baltimore and Ohio railroad in the freight claims department. She worked in many positions until she left in 1972 to raise her family. She returned to the purchasing department of Chessie in 1979. With the merger of the Chessie and CSX she moved to Jacksonville. Lillian retired from the CSX in 2003 as a Supervisor in Pricing Services.

Lillian represented Jacksonville NARBW as their representative on the National Transportation Week Jacksonville committee and the Civic Round Table. She volunteers for the Empty Bowls program of the Harvest Food Bank as well as the walking in the Downs Syndrome Buddy Walk. Lillian actively supports PACE (an alternative education program for girls) and spends hours organizing the Clothes Closet. She is active in her church and with her husband Preston the Boy Scouts.

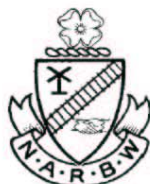
She is always willing to lend a hand with Jacksonville fundraisers. While serving as membership chairman she initiated a Membership Spotlight in the chapter newsletter. Lillian created new forms to keep a historic record of active members.

In addition to all her activities Lillian still makes time for friends and family and does it all with a kind, patient, friendly attitude. She exemplifies what NARBW is all about.



Peter Bevilacqua, husband of Kathy B. (Philadelphia chapter) took the group photo at the Convention Banquet. If you'd like one for your scrapbook, he will print you a color copy. 5x7 = \$7.50 8 x 10 = \$10.50 (this includes shipping). Mail your check to Peter Bevilacqua 257 North State Road # 1B Springfield, PA 19064.

Thanks to Peter Bevilacqua, Mia Rogers & Barbara Barthle for sharing their convention pictures!



LEGISLATIVE UPDATES...

There are about 60 days left before Congress adjourns for the November elections. It's a good time to make sure you are registered to vote.

HR5483, the Railroad Retirement Disability Earnings Act will increase the monthly earnings of disabled railroaders from \$400 a month to \$700 per month and will include automatic yearly cost of living (COLA) increases. This would mirror the benefits of the disabled -on Social Security. Write or call your representative to cosponsor this legislation.

The House of Representatives appropriation committee increased the Amtrak budget to \$1.114 billion. This is close to the amount Amtrak requires for its 2007 operations. The final amount will be ironed out in conference with the Senate after the August break. But it is enough to keep Amtrak running in 2007. Our members who work for Amtrak thank you for your help in contacting your representatives to support Amtrak.

In April, the US House Railroad Subcommittee held a hearing on Rail Capacity Issues with witnesses from the Rail Industry and the shippers. The rail panel made three points: One, do no harm by re-regulating the railroads. Two, encourage public / private partnerships. Three, stimulate the rail industry's investment in their infrastructure with an investment tax credit. The shipper witnesses complained about the lack of capacity and encouraged Congress to regulate the railroads. The shippers will continue to lobby Congress. I'll keep you informed of future developments and for more detail read the article in the June 2006 issue of *TRAINS*

At the end of June, Norman Mineta submitted his resignation as Secretary of Transportation. Mr. Mineta is the longest serving Secretary of Transportation in the Transportation Department's history. Also leaving the Department in July is the DOT General Counsel, Jeffrey Rosen. Their successors should be announced soon.

Looking ahead. The ATA (American Trucking Association) is expected to request an increase in tonnage and length as part of the next federal highway bill, due in 2009. Tonnage would increase from 80,000 pounds to 97,000 pounds and length from double to triple trailers. The ATA is working at the state level for these increases. Please stay aware of your state's legislation to keep our highways safe.

63RD NATIONAL CONVENTION **“REMEMBERING THE GILDED AGE”** Jekyll Island, GA May 17 - 19, 2007

Mark your calendars now for the 63rd annual convention. From English colonization in 1735 to private ownership by French Landholders; from gilded-age playground for the rich at the turn of the 20th century to the islands conversion in 1947 to a state park. Jekyll Island's history is as diverse as it is significant. The Island offers up reminders of its past around every corner.

It promises to be another wonderful time in an exciting location. Convention Chairman, Brenda Salzman will be sending out more information.



CHAPTER BULLETINS...

Albany:

The new officers were installed at a great clam bake. Fun was had by all. Kay Hickey is recovering from a stroke and is staying with her sister in law. Welcome to new member Denise Puylara, an employee of CP rail who transferred from Binghamton, NY. Albany ladies are hard at work on the Fall Conference to be held in Albany. They want everyone to have an informative and fun time and meet the new District Director.

Altoona:

Congratulations on your 35th chapter anniversary! Get well wishes to Pearl Smith, Violet Worley and Joan Rhiver.

Atlanta:

Welcome to 3 new members: Lisa Edwards, Norma Thompson & Kathy Shell (all CSX employees). All are busy preparing for the District II conference in October. Dot Chumley attended a meeting of the Women in NS (WINS) to recruit for NARBW. Congratulations to new member Kathy Shell who was awarded the Outstanding Insurance Company Adjuster award.

Baltimore:

Everyone is busy planning the Fall Fest to be held October 22 at the Catonsville Women's Center.

Chicago:

Patti Smith with the FRA has recently moved back to Chicago area. Marian Capazzi has returned from her bowling tournament in Reno, NV where she enjoyed a balloon ride. Marie Gallagher spent a week in Santa Fe, NM and will be leaving shortly for a week in TX. Mary Warfield is back from her vacation and so is Pat Dunham who vacationed in Alaska. Get well wishes to Joan Makselan, Janice Harper and Treva Milligan.

Cincinnati:

Get well wishes to Jessie Ireland, Lail Clott, Mary Wagner, Elizabeth Parisen, Ruth Coleman, Betty Dusing, and Marion Scheonhott.

Ft. Worth:

Get well wishes to Kathy McCann and Kay Jacoby. Ft Worth is busy planning ahead for the 2007 District II conference and considering fundraisers.

Houston:

Welcome to their 3 new members: Lynda Kroneman, Kristi Hughes and Jamie Lussie. Their recent Casino trip and fundraiser was enjoyed by everyone.

Indianapolis Charter:

Plans to start the New Year with "Let's be involved". They have built up their treasury by selling Abbott's candy bars and plan a casino trip/fund raiser this summer. Welcome to their 5 new members Angela Miller, Leigh Darbee, Joanne Smith, Patty Stewart and Debbie Mohr. Get well wishes to Phyllis Finchum, Debbie Throckmorton, Dora Brown, Pauline Larsen, Bea Nicoson and Barbara Hartwell.

Indianapolis Circle City:

Courtney Burks received her B.S. in nursing and invested her sign on bonus in a new house. Agnes Magnus is directing another play at the Hedbeck Theatre. Congratulations to Dawn Bouie on her recent marriage (now Dawn Robison). Melanie Bennett recently returned to a trip to Greece, Jan Oviatt recently returned from Arizona, where she bought a winter home. Welcome to new member Bev Wojtkowski, who recently moved back to Indianapolis from California.

CHAPTER BULLETINS CONTINUED...

Jacksonville:

Our sympathy to Margaret Pickering on the recent death of her father. Jacksonville chapter hosted the Annual National Transportation week dinner at River City Brewing on May 16th. Laura Gutteridge served as Event Chair with assistance from Sandy Hall.

Louisville:

The Spring Fling with Indianapolis Circle City, Indianapolis Charter and Cincinnati chapters was a great success. A great lunch was followed by the wonderful Bernie Perry's entertainment.

Omaha:

The Bed & Breakfast Raffle was a great success raising funds for 2 women's shelters in Omaha area.

Philadelphia:

Welcome to their 3 new members Carol Evans, L'Vonne Taylor and Margaret Bissil. Chapter is busy collecting items for the troops in Iraq and for the women at the Elizabeth Shirley Shelter. Get well wishes to Janice Goodworth and Marianne McClure.

Pittsburgh:

Get well wishes to Mary Novak. Welfare projects for City Mission and Mayview are being planned.

Roanoke:

Welcome to new members Melody Villarini & Elizabeth May. The chapter showered members Courtney Sartin and Laree Maynard to celebrate their marriages. Get well wishes to Barbara Craft and Helene Martin.

Richmond:

Welcome to new member Betsy Critz a retired C & O employee, who joined the chapter at their June 20th business meeting. Our sympathy to Imogene Johnson on the death of her sister Joyce Smith. Joyce was a retired C & O employee who worked in the Tariff Bureaus in Richmond and Baltimore.

Sacramento:

Get well wishes to Ruth Wooley, Jean Cannon and Ann Lemke. Clara and Fred Myers had a challenging trip to convention, Fred was ill on the drive across country and Clara on the return trip. Both are home and much better.

St. Louis:

Had a nice turnout at the luncheon honoring Past President's. Congratulations to Loretta Borowski, Chapter Woman of the Year. Convention delegates visited the historic RR depot in Greenup, IL on the way home from convention.

Topeka:

Chapter created bird feeders at a recent meeting. Get well wishes to Diane Thomas.

Tucson:

Showing their pride in the residence several residents are doing some interior decorating and painting the inside of their apartments. The outside painting approved at the Indianapolis convention began on July 17th and is complete.

Twin Cities:

These dedicated ladies donated \$975 in NARBW's name to area welfare projects.

Twin Ports:

Congratulations on your 30th anniversary. Chapter is collecting items for CASDA, women's coalition. Get well wishes to Cheryl Engen.

Join in the fun of Fall Conferences...

DISTRICT I CONFERENCE SEPTEMBER 22 – 24, 2006

Hosted by the Albany Chapter @ Crowne Plaza Hotel in Albany, NY (877) 227-6963 Room rate is \$110 for a single or double

The Crowne Plaza is just blocks away from the state Capitol Building, the Empire State Plaza, the Palace Theatre and the USS Slater. The USS Slater is the only remaining destroyer escort ship in the world. Saratoga Race Track is just 30 miles away. Rensselaer Train station is 5 miles away and Albany International Airport is 15 miles away (complimentary shuttle from the train station and airport). The hotel deadline is August 22nd so make your reservations now.

After the business meeting on Saturday, there will be tour on board the most extraordinary way to tour the Capital City by land and water!

Let's make this the best District I conference ever! Look for your registration forms in July. See you soon!

DISTRICT II CONFERENCE...

October 12 – 15, 2006

Hosted by the Atlanta Chapter @ the Crowne Plaza Atlanta Perimeter NW (770) 955-1700 Room rate \$82.00 for a single or double

The Crowne Plaza is near the new Georgia Aquarium and to Six Flags Amusement Park. The hotel is close to Atlanta shopping including Perimeter Mall, Lenox Mall and Phillips Plaza. The Buckhead and Vinings Entertainment Districts and the Martin Luther King National Historic Site are close by. Amtrak's Brookwood station is 8 miles away and Atlanta Hartfield Jackson Int'l Airport is 20 miles away.

The conference will begin with registration and hospitality suite on Friday evening. Saturday morning will convene the business meeting followed by lunch and the Memorial Service. We will have tables available in the meeting room for the Chapter's to conduct fundraisers during our breaks and lunch. Dinner will be "Dutch Treat" at a nearby restaurant so that we can enjoy some casual social time. If you decide to come early or stay late, there is plenty to do in Atlanta. So plan to attend and enjoy the Southern Hospitality!

NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN

Jay Nelsen
National Publication Chairman
2709 Tulip Lane
Bellevue, NE 68147



Promise Yourself...

Promise yourself to be so strong that nothing can disturb your piece of mind.
To talk health, happiness and prosperity to every person you meet.
To make all your friends feel that there is something important in them.
To look at the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best, and expect only the best.
To be just as enthusiastic about the success of others as you are about your own.
To wear a cheerful countenance at all times
And give every living creature you meet a smile
To be too large for worry, too noble for anger, too strong for fear
And too happy to permit the presence of trouble.

