

# THE CAPSULE

Volume 16, Issue 10

July, August, September 2014

## MESSAGE FROM THE NATIONAL PRESIDENT



Dear Narbies:

There is a hint of fall in the air in Texas – the temperatures are cooler and fall decorations of pumpkins, ghosts, goblins and jack-o-lanterns are appearing. Soon it will be Halloween, Thanksgiving and then the Christmas season.

The 2014 year is passing at a fast pace and, as we approach the holidays, we have some very important deadlines that impact our organization. Our revisions deadline is Decem-

ber 15th and, if your chapter has a proposed revision for the bylaws, please get them to Tamela Kubicek before that deadline. If you need to place a special jewelry order, get that to Tameka Kubicek also before December 1st and, of course, the per capita for new members is due to Treasurer Julie Lane by December 10th.

We will be electing 3 national officers (2<sup>nd</sup> Vice President, 3rd Vice President and Secretary) at our convention in 2015, and the nominations must be in to our chairman, Cynthia Chandler, by February 1st. While Cynthia is the nominating chairman and part of the responsibility that falls to her is to secure the proper credentials for each officer wanting to run for office, the difficult issue that she faces is finding members who wish to serve NARBW by holding a national office.

One of the challenges we face today is for us to pass on to our members the knowledge, love and willingness to serve and the passion we feel for NARBW. Let's ignite our members

with the desire of service and mentor them as our past leaders in NARBW did for us.

I am proud to report that many chapters—Roanoke, Jacksonville, Kansas City, Omaha and Houston—have held membership events. Membership Chair, Amy Schapp, has focused on North Platt, Nebraska, as a potential location to start a new chapter.

Please mark your calendars and plan to attend the Convention in Savannah, GA, May 14th-16<sup>th</sup>, 2015. It will be held at the Springhill Suites by Marriott – Savannah Historic District, Savannah, GA. Joyce Peak, Convention Chairman and the Atlanta Chapter are working hard planning a great "Rollin' on the River" convention.

Wishing you a Holiday Season filled with family, close friends, health, peace, prosperity and love.

Sincerely,

A handwritten signature in black ink that reads "Sharon L. Wenger".

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## LATE OCTOBER BY MAYA ANGELOU

The leaves of autumn sprinkle down  
the tinny sounds of little dyings  
and skies sated of ruddy sunsets  
of roseate dawns  
roil ceaselessly in cobweb greys  
and turn to black for comfort.

Only lovers see the fall  
a signal end to endings  
a gruffish gesture alerting those  
who will not be alarmed  
that we begin to stop  
in order simply to begin again.

## MEET YOUR NATIONAL TREASURER



**JULIE LANE**

"I joined the Omaha Chapter in 2005 and enjoy the fellowship and community giving. I have done a 2 year term as Vice President of the Omaha Chapter and I am currently in the middle of my first 2 year term as the Treasurer for the Omaha Chapter. I currently work at U.P. Connection Federal Credit Union as the VP Operations. I have been in the credit union business for 34 years. I have one daughter (Jamie) who has blessed me with a grandson. He is 2 ½ years old, and like all grandmas, he is the light of my life. I am engaged to a wonderful man (John Nelson) who came into my life 2 years ago and makes me smile all the time! For recreation I played softball for 32 years. I retired from that sport 10 years ago and took up golf and motorcycles. I ride a Harley Davidson Heritage. My longest ride was from Nebraska to Maine and back. And it will be a pleasure to serve as the National Treasurer for a great organization (NARBW). Thank you!"



## CHAPTER NEWS

### ALBANY CHAPTER

The following viewpoint was written by Member Diana Ham and appeared in the "Bethlehem Spotlight" on July 16 under the heading "LETTER: Let the oil trains roll through."

"This is my response to Move on Organization asking me to join last Sunday's local protest of train movement to The Port of Albany.

"I believe your protest is wrong—shipping by rail makes much more sense than clogging the highways with dangerous stuff. I worked at the Conrail freight yard as a clerk for over 20 years, and there was—to my knowledge—never a rupture, spill or problem with the many unit oil trains that passed through there. Please get a new project. I do not want to take part in stopping the health of the Port of Albany or of the railroads. They are both an important part of keeping our area economically viable. Wind and solar power is not very reliable in the tree filled Northeast, with it's cloudiness and ever changing weather. Think about it, please."

The Chapter's October 14 meeting will be their annual bake sale fundraiser at the home of Merrilee Wygant. There will be a white elephant sale at their November meeting.

### ATLANTA CHAPTER



Members enjoy a bowling outing during their summer "vacation" from NARBW duties. Seriously, though, Convention Chairman Joyce Peak and the Atlanta Chapter members have been working hard this summer, preparing for next May's Convention in Savannah. Attached are registration forms for the Convention and the Pre-Convention

Tour, as well as the schedule of meetings, etc. In addition, contracts for the hotel and the riverboat have been secured; and after considering several designs for the 2015 charm, a final design was chosen. We know you will be well pleased with the final product.

### CHICAGO CHAPTER

Treasurer Elaine Gronski, reporting for Chapter President Marie Gallagher, advises that Marie has had some health setbacks, but continues to handle her duties as President very efficiently. Elaine also regrettably reports the loss of two long-time members—Joan Makselan and Marian Capizzi. Joan and Marian were valued members who traveled to most of our conventions and held various offices in the Chicago Chapter. They will be sorely missed.

### CINCINNATI CHAPTER

The Chapter has been very active since incorporation. They now have 23 members and continue to actively recruit. They meet on the 4th Friday of each month at the CSX Louisville Division HQ. Fundraising activities include raffles and "split the pot." Along with membership fees, they have raised over \$1,600. In addition, they were able to help raise enough to purchase a "quartet" for the Cincinnati Outreach Music project, better known as COR, an outreach program that provides equipment for classical music lessons to disadvantaged youth. One of their members, a local Roadmaster, is on the COR board. Members instituted a "Safety Boot Drive" in which the local rail community was asked to donate gently used safety boots for the Northern Kentucky Apprentice Program for disadvantaged students working the construction industry. They have also baked cookies for distribution to the CSX Middletown, OH crew room; the Connersville, IN depot; the Queensgate crew room; and the dispatchers, all in recognition of Transportation week. Member Linda Tucker, an active member of P.A.W.S., gave a presentation at one of their meetings concerning the work they do to rescue animals.



# CHAPTER NEWS (Cont'd.)

## CINCINNATI CHAPTER (Cont'd.)

Members donated items and made a monetary donation to P.A.W.S. for its new shelter. The Chapter is also actively involved with "Rob's Kids", a local charity working with depressed or PTSD children. Members held a "Christmas in July" for these hospitalized children by purchasing/wrapping gifts for each. A back-to-school drive involved stuffing backpacks with school supplies for needy children, also in connection with "Rob's Kids." Members look forward to purchasing Christmas gifts for these children in December. Despite a rainy day in May, members Linda Connell and Annette Aleywine participated in the 2014 Crohn's & Colitis Foundation of America Walk at Sharon Woods Park in Cincinnati, after raising \$1,125 for the walk. October's project is to raise money for Cystic Fibrosis by participating in a 5K through a graveyard—spooky, but healthy! In lieu of their meeting in November, members will work a local soup kitchen. The Chapter has really been busy, but all are having a great time. Members send a special "thank you" to Doris Stemmer for her guidance and assistance and are looking forward to meeting everyone at convention. National First VP Laura Gutteridge arranged for the following write up on this Chapter and NARBW in the July 31, 2014 publication of "Inform & Involve" for Professional Railroaders by the CSX Safety & Career Development Team:

"The National Association of Railway Business Women ("NARBW") had its beginning during the Roaring 20s when the first chapter was organized in the Twin Cities-Minneapolis and St. Paul. Seven Twin Cities women, all employed in various offices of competitive railroads, but known to each other only as telephone voices, met for dinner in January 1921.

"The purpose of NARBW is to stimulate loyalty and interest and foster cooperation and a better understanding within the railroad industry and its affiliates; create good public relations for the railroad industry; and undertake charitable, benevolent and social welfare projects.

"In 1978, the organization began a scholarship program. The scholarship program continues to

grow annually and scholarships are awarded at the National Convention. Members of NARBW and their relatives are eligible to apply. All applications are judged on scholastic ability, ambition and potential. Since its inception, the scholarship program has awarded nearly \$300,000 in scholarships.

"The newest chapter is in Cincinnati. Officers were installed in January: Suzi Hamby, President (CSXT Market Strategy & Development); Bernice Courtenay, Vice President (CSXT Emerging Markets); Carrie Beall, Secretary (CSXT Industrial & Agricultural); and Jeanne Young, Treasurer (Transflo). {Photo Included}



At the national level, CSXT is currently represented by Laura Gutteridge serving as National 1st Vice President and former National Presidents include Doris Stemmer, Ruth Ann Spears, Sandy Hall, and Barbara Barthle, all originally from the Jacksonville Chapter, with Doris now a member of Cincinnati and Ruth Ann a member of the Louisville Chapter.

"Any woman who is currently or formerly employed, or is a relative of someone in a railroad or railroad-connected industry may join. Membership must be approved by the chapter board of directors.

"if there is not a chapter near you, you may join as a Member-at-Large. As a Member-at-Large you receive *The Capsule*, which is the national newsletter, may attend chapter meetings when you are in an area where a chapter exists, as well as the national convention. The next national convention will be held in Savannah, Georgia on May 15-16, 2015.

"You can find more information on their website, <http://www.narbw.org>, Facebook, <http://www.facebook.com/NARBW>, or Twitter, @NARBW."

In addition, the publication's "Photo of the Day" was the NARBW Logo! Cincinnati also furnished the following photo, which shows their support of Breast Cancer Awareness:



## HOUSTON CHAPTER

Following an invitation by Linda Kovac and her Norchester Garden Club, Lou Ann McClendon, Debbye Converse and Gracie Dowdy took a senior bus trip on August 14 to visit the Antique Rose Emporium and to enjoy lunch at "Must Be heaven" in Brenham, followed by dessert and a tour at the Blue Bell Creamery. Pictured below left to right are Linda, Lou Ann, Debbye and Gracie (full of ice cream, I'm sure; notice empty containers behind them!)



The Chapter held a planning meeting at the home of President Ginger Stanbery on August 30, where members were requested to bring their plans of work, along with supplies for the Ronald McDonald House. One Sunday in August, following lunch at Little Daddy's Gumbo Bar in Galveston and after a little browsing and shopping on The Strand by Theresa, Ida and Ginger while others finished eating, members took in a live stage show at The Grand Theatre, starring Vickie Lawrence, who was hilarious as both herself and "Mama." Their September 18 meeting was at Lupe Tortilla's in Houston, hosted and beautifully decorated for fall by Linda Kovac, who also had a caramel apple for each member. Unfortunately, the bus trip planned for October 4 to Grand Casino Coshatta had to be cancelled due to poor response. Ida Carmouche asks members for their

# CHAPTER NEWS (Cont'd.)

## HOUSTON CHAPTER (Cont'd.)

thoughts for fundraising which, in order to "make" the year's budget, would require \$97 from each member's participation. Ida is also planning a Honey Baked Ham sale as a fundraiser. A membership drive is planned for October 18 at the home of Linda Kovac. Linda asks members to furnish her the names and addresses of ladies they would like to see join NARBW. Personal invitations will be sent to each. Ida Carmouche advises that, if you have a shoe fetish, no problem! Buy your shoes at DSW because they support Alzheimer's Research and that can be your excuse for buying so many shoes!

In case you cannot read the amount of the



pictured check that DSW donated to Alzheimer's, it's \$75,000.00! Thank you, thank you, DSW! Now, ladies, let's get shopping! Everyone is going to want Ida Carmouche's autograph after she and her family were on the TV show "Let's Make a Deal" that aired September 25. Husband Lee was chosen right at the beginning of the show and daughter Alesia was the very last participant before the show ended. Ida says they all looked ridiculous, but that's what it takes to be chosen. The family had a great time and, oh, what memories! On July 28, Lou Ann McClendon was involved in a car accident. She suffered a bruised foot, ribs and hand (from airbag and seat belt) and was kept overnight in the hospital for observation. She thanks everyone for their prayers, calls, plants and cards. She also asks for prayers for the gentleman who was pumping gas when her car hit his. Margaret Foster, mother of member Gail Seman-Stephens is very ill, requiring 24-hour home care. Helen Cook, former member and mother of Member Carolyn Cook is in bad health after suffering a heart attack. New member Martha Haun is recovering from two surgeries,

her second on July 10. Tamela Kubiczek is recovering from rotator cuff surgery on October 2 and will be taking therapy to resume normal activity. Please keep these and all of our members in your prayers.

## INDIANAPOLIS CHAPTER

On July 18, members met for lunch at The Milano Inn and then dropped off pop tabs to the Ronald McDonald House Annual Tab Drop Off on the Circle. Quality fun time was spent with Ronald. Who wouldn't have fun with him. Just look at that face!



Connie Hunt delivers pop tabs.

On July 19, Phyllis Breeden's daughter Lori received her doctor of education degree from Ball State. Congratulations Lori! Everyone returned a winner from their annual August casino bus trip fundraiser. With a full bus, it was a fun day for all. Several members participated in a jewelry-making class taught by Glloria Jackson's daughter Andrea in her Stutz Building Studio in downtown Indianapolis where she specializes in metalworking. Members learned several basic techniques with just one class and came home with a lovely piece made with their own hands.



Andrea's Class

Judy Adams' granddaughter Valerie Rockey was on the Fox network TV show "So You Think You Can Dance?"

and finished as national runner-up. She is now on tour across the country with the 10 top finalists. Members enjoyed watching her and voting weekly for her success. Noteworthy, too, is the fact that her brother Tommy is a past recipient of an NARBW scholarship. It all could not have happened to a nicer family. Ann Carrico's grandson Reese and his family will be going to Disney World in December courtesy of the Make a Wish Foundation. The Chapter's September project was a food drive for Servant's Heart Food Pantry. Members will be wearing pink in observance of Breast Cancer Awareness Month at their October meeting. The Chapter is currently gathering items for their scholarship raffle baskets and planning a Christmas party. Get well/stay well wishes are extended to Helen Scaringe and Margaret Elston. Our deepest sympathy to Pat Strauss on the loss of her husband Ed on July 2. Ed worked in Customer Service in the Transportation Department for Conrail and later for CSX.

## JACKSONVILLE CHAPTER

The Chapter's August dinner meeting was held at CSX HQ and catered by Jimmy John's. Their speaker at the meeting was Angela DeMonbreun who is currently serving her third year as Jacksonville's League of Women Voters First Coast President. She is also active in the parent Teacher League and serves as Auction Communications Chair for St. Johns Country Day School. Angela is employed by Health Planning of Northeast Florida as an Affordable Healthcare Act Educator and licensed navigator. Spotlights in their August newsletter was Mary Warner currently serving as Welfare Chair. We remember Mary from her work and love for the PACE Center for girls.





# CHAPTER NEWS (Cont'd.)

## JACKSONVILLE CHAPTER

(Cont'd.)

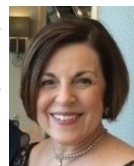
Members are asked to contact Elaine Mosley if interested in becoming a Committee Chair or Co-Chair. Members and their grandchildren volunteered to assist residents of Terrace of Jacksonville, a nursing home in Mandarin, with "Bingo Nights" during the month of July. Some photos follow:



At the Chapter's July meeting, the guest speaker was J. Lacy Coughlan, who spoke on self defense for women. Ashley Ohorodnik won the 50/50 drawing and donated it to the Chapter. Their August 14 recruiting event was held at the Bahama Breeze with great results. Four new members were recruited leading up to the event and two more during the event—Kathleen Gal-



lavan, Christine Marshall, Sharon Parker, Cristina Ramos, Nalonda Johnson and Kathy Needham. In addition, a guest at their August meeting has now joined—Sharon Gallimore. We welcome all these new members! Welfare Chair Mary Warner advises that school supplies were collected for a local elementary school and for PACE Center at their July meeting. A plaque was presented to Mary on August 5 honoring her for her work with the "Mrs. Mary's Boutique" at PACE. Another Clothes Closet was held at PACE on August 6 and 7. The Chapter's September meeting was held at CSX HQ and dinner was provided by A1 Catering. Their guest speaker was Mary Jury, Director of Development at BASCA, Inc., a non-profit organization serving individuals with special needs—cerebral palsy, Down syndrome, autism and more developmental and intellectual disabilities. Mary Baldwin advises that the Down Syndrome Association of Jacksonville will have a Buddy Walk on November 8 this year. Spotlighted in their September newsletter was Chapter President Elaine Mosley, who has served in various positions on the Chapter level and as District Director for two years. In addition to NARBW, Elaine volunteers at her grandchildren's schools and at PACE Center for Girls. Special



Steam Train rides in October (4th, 5th, 11th and 12th) are planned by the St. Mary's Railroad. OL presenter Mary Baldwin hopes to have enough interest from members to plan a weekend day trip on the old iron horse. Also, team leaders and volunteers are needed on October 11 at the Okefenokee Festival and Car Show at Folkston, GA Depot; on October 18 at the Palatka Railroad Preservation Society 2014 RailFest Train Show, Palatka Railroad Museum (Amtak Palatka Depot); and on October 25 at the 19th Annual Ancient City Kids Day, Francis Field, St. Augustine, FL. The Chapter plans a fundraiser yard sale on October 4 for their scholarship fund at Ramona Flea Market and asks members to begin gathering items in good condition to donate toward the cause. Ways & Means Chair Debbie Charpiat asks everyone to check out RADA Cutlery on the web at <http://www.helpourfundraiser.com>. Please use **504453** as your order number and password **1593**, as a portion of your sales will benefit the Chapter. As info, RADA also carries cookbooks, candles and quick mixes for dip in addition to their great knives. Angel Shiver, Scholarship Chair advises that Jacksonville's Scholarship applications, as well as the National Scholarship applications, will be available in October. Members must be active in the Chapter for one year or more to be eligible to apply for either or to sponsor a relative. The deadline for submission is January 22, 2015. The Chapter is selling NARBW T-shirts. shirts and cardigans, priced at \$29.77, \$51.17 and \$40.47, respectively, as shown:



They come in navy blue or white with sizes ranging from XS to XL (18). Plus sizes are available for \$5.35 extra. We are sad to report that Past National President Barbara Barthle lost her father in September. He was buried in Wetumpka, AL on the 20th. Our deepest sympathy goes out to Barbara and the family.



# CHAPTER NEWS (Cont'd.)

## KANSAS CITY CHAPTER

On a rainy Saturday morning in August, the Chapter had a great volunteer turnout for the Susan G. Komen "Race for the Cure". The Breast Cancer Awareness 5K run/walk was held in downtown Kansas City, and Union Station was lit up in pink for the occasion. Members took control of two intersections, guarding against automobile traffic entering the area and shouting encouragement to those running in the downpour. Afterwards, members held a meeting in a local restaurant. The Chapter held its Annual Membership Drive on September 8. Patrick Henry graciously volunteered his private passenger cars, which are stored behind Union Station when not traveling down the tracks of America. During the drive, Amanda Huenefeldt, owner of Honey Creek Pecans, gave the members a presentation on her newly acquired pecan grove in Clinton, MO. The pecans are amazingly sweet and, since the holidays are just around the corner, the group decided to sell them as a new fundraiser. The Chapter is proud to report that two new members were attained as a result of their drive. The Chapter will finish the year with promoting pecan sales, focusing on membership growth and, most importantly, comradery.

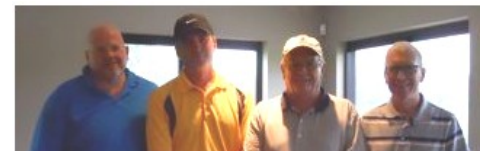


with some delicious desserts. Also, a congratulatory resolution was received from the National Board regarding the Chapter's 35th anniversary. This was acknowledged at their meeting. Buck's Restaurant was also the Chapter's meeting place for its September and October meetings. It was announced in their September-October newsletter that the "Christmas in July" action netted \$230 for the welfare fund. Kudos to everyone who donated such lovely items and especially to those who successfully bid on them.

## OMAHA CHAPTER

President Connie Prokupek thanks all who came to the dinner at Piccolo's in June. During the dinner, Anya Jackson presented the winners of local scholarships (Joshua Prokupek—\$750 and Jace Prokupek—\$450). Anya also announced that she is expecting a new little Jackson in December. Congratulations Anya! Congratulations also to Annie West who eloped in June; Nicole Gallion on her promotion to Manager Billing Service in the NCSC (Embargoes and Diversions); Candace Starks on her promotion to Manager in the NCSC Business Department; Amy Schapp on her promotion to Regional Team Leader in charge of the Pocatello Service Unit; and Jeanne Petty who earned her Masters of Business Administration degree from Creighton University. Also at the dinner, Julie Lane presented Jay Nelsen with her Emeritus Council badge. Membership Chairman Amy Schapp advised of 7 new members, adding that any member who paid their dues at or before the September 4 meeting would be entered in a drawing for full refund. Members can also pay their dues via credit card, but with a 75 cent handling fee. Welfare Chairman Jay Nelsen gave Winnie Sage 127 box tops for education and 29 Campbell Soup labels to be delivered to St. Pius School. Colleen Brabec collected the prizes brought to the meeting for the August 15 Golf Tournament and delivered them to Golf Chairman Kay Leslie. Members, their families and friends met at Mahoney

State Park in July for a picnic lunch and the play, "Three Tickets". Monetary donations were taken up in July for a UP Co-worker whose husband was critically injured in an accident on July 11. Jessica Jurgensen's husband Patrick suffered a fractured skull, resulting in severe brain injuries, and despite doctors' efforts, no hope of survival. Patrick and Jessica are the parents of two boys, ages 1 and 3. Gift cards to stores and restaurants were purchased to assist the family during this trying time. Member Sandy Gabrenja led a team of 20+ folks in painting the home of Pollyanne Chamberlain. This was Sandy's 10th year helping with the Paint a Thon. It is hard work, but everyone has a good time, and the recipient is thankful to have a job well done. The Chapter's 5th Annual Golf Tournament was held at Shoreline Golf Course on August 15. First and second place finishers in two flights were awarded cash prizes.



*Flight A, 1st Place—Tim Lane's Team*



*Flight A, 2nd Place—Frank Brabec's Team*



*Flight B, 1st Place—Robert Reinholz's Team*



*Flight B, 2nd Place—Stacie Sims' Team*

## LOUISVILLE CHAPTER

The Chapter's July meeting was held at the home of President Ruth Ann Spears. This was their "Christmas in July" meeting where each member brought wrapped gifts (as many as they wanted), each with a value of at least \$5.00, for auction. All proceeds benefited their welfare fund. In addition, members were asked to donate \$25 to the welfare fund, as the auction was their only fundraiser for the year. Their August meeting was held at Bucks Restaurant, where the Chapter's 35th anniversary was celebrated



# CHAPTER NEWS (Cont'd.)

## OMAHA CHAPTER (Cont'd.)

Pin prizes were awarded to 8 players and all participants won a 2-item door prize. Total general fund profit from the tournament amounted to \$1,138.85. Members will be hosting the ENCAP Senior Bingo again this year on the 4th Thursday of each month. Cleaning supplies for door prizes were brought to their September meeting held at Union Pacific Center with barbecue from Famous Dave's catering. Social Chairman Sally Sofio reminded members that the River City Rodeo would be in Omaha September 25-27 and the Radio City Rockettes would be coming November 13-30. She will check on group prices for each. Sally also tried to get a private booking party with the Corky Canvas for one evening; however, these parties are only booked during daytime hours. She will research similar places to see if they can accommodate their members one night. Jay Nelsen, acting Welfare Chair, asks members to think about fun activities for the Halloween Party at the Stephen's Center on October 25. Jay also showed a 2015 Savings Sidekicks book and advised that she would get a box of them for sale. Books are \$20 each and NARBW keeps \$10 of the sale price. Casey Zahner will investigate fund raisers for the Scholarship Fund. Ann Gentle's name was drawn by Colleen Brabec for a free membership. Kerry Horsley and Anne Dwyer volunteered to co-chair the Welfare Committee. Members are considering inviting the Kansas City and Topeka Chapters to join them in Kansas City for lunch and to visit the new IKEA store, perhaps on Saturday, September 27. The Chapter welcomes new members from the North Platte Meet and Greet: Kerrie Beprestis, Le Ann M. Serrano, Mary Lawrence, Penny Lindow and Genie Gross. We are so happy to have you aboard! Members will participate in the Race for the Cure (ACS) on October 5 at the Omaha Hilton. In addition, UP is hosting a post race breakfast for participants at the TD Ameritrade Park (Club Level Atrium) on race day. Members are urged to register early for the

breakfast. A gift-card tree is planned as the grand prize in their Christmas raffle and members are encouraged to pick up an extra card when eating out at their favorite restaurant. Also, if members happen upon an unbelievable bargain, they are asked to consider buying the item to donate. Regiftables will be gladly taken off members' hands when they do their fall cleaning. This Chapter is also looking for members to step up to the plate and to chair or serve on a committee. The Chapter's October 2 meeting will be held at Romeo's Mexican Food & Pizza in Omaha. Members are encouraged to bring toys and candy for the Stephens Center Halloween Party.

## PHILADELPHIA CHAPTER

Members served breakfast at the Ronald McDonald House in July for a record 50 people and hope to serve there again in October. They always feel good when they leave, knowing that they brought a little sunshine into others' lives, if only for a brief time. Their August board meeting was held at President Joan Waite's new house in Delaware, resulting in a record turnout of 17 members out of 26. Members collected filled backpacks for the Cradles to Crayons' initiative, a nationwide program that provides school supplies to truly needy children whose families have very little. The Chapter has decided to try again with the proposed revision to the bylaws concerning the date for Convention (April or May). Joan states that this would not be a change to our incorporation laws, only to our national bylaws which are revised on a regular basis. She will be contacting chapter presidents as time draws closer to Convention. In September, members went down to Long Beach Island, NJ, for a retreat. Those members who could make it spent a weekend together, all under one roof, to regroup and share in a weekend of comradery and fellowship. They went to dinner on Friday, had their meeting on Saturday, soaked up some rays on the beach, and just enjoyed one another's company. There was one unfortunate incident, however, when Ma-

rianne MacLure took a tumble and broke her hip. Please keep her in your prayers as she rehabs. Harry Rodan, Monica's husband, is doing better, but we need to keep him in our prayers, too, along with Renee' Noble, whose husband is still experiencing some issues.

## PITTSBURGH CHAPTER

President Betty Halligan reports that she and her family vacationed in Myrtle Beach, SC, the first full week in September. She further reported that two members—Rita Morton and Lois Kelly—are both suffering from injuries. Rita is getting around some, but going for rehab for a knee injury. Lois pulled a hamstring in her leg that resulted in blood clots behind her knee. Her daughter moved recently into a new home down around Washington, PA. The Chapter's October meeting has been rescheduled for the 20th at the Rumfish Grille in Carnegie, PA.

## ROANOKE CHAPTER

The Chapter held its first board meeting on August 21 in the NS 110 Building. Ways & Means Chairman Joyce Higgs advises the following fundraisers for this year: Sell nut products, have 50/50 and various raffles at membership meetings, have a Mary Kay Party with Gloria Dowe, solicit donations or purchase a spa package to be raffled off, take an overnight train trip to Washington DC, purchase movie tickets to raffle off, Raffle a table runner/wall hanging donated by Elaine Parks. Her committee is also seeking ideas for Convention projects and any other ideas members can suggest. September Welfare projects included monetary donations (\$176) and pet supplies for Angels of Assisi and monetary donations in support of the Alzheimer's Foundation for Research Walk on September 6 (\$240) and the Juvenile Diabetes Research Foundation Walk on September 28 (\$170). In October, members will stuff envelopes for the Rescue Mission's Christmas mailing and hold a Halloween Party for the veterans at the V.A. Hospital. This past August, several bags of school

# CHAPTER NEWS (Cont'd.)

## ROANOKE CHAPTER (Cont'd.)

supplies and a check for \$250 were donated to the Baptist Community Center for their Back to School Project. Another Chapter check for \$100 will be delivered to the Center before the end of August for replacement supplies to be kept on hand and distributed as needed. On-going welfare projects include collection of tab tops for Ronald McDonald House, toiletries for women's shelters, etc., and used books and magazines for the V.A. Hospital. The Chapter's Summer Outing was a bus trip to Wohlfahrt Haus in Wytheville, VA, on August 16 for lunch and the play "Then Sings My Soul." At the NS Annual Safety and Health Expo on August 20, the Chapter hosted an NARBW table with information, membership apps and chances to win a quilted, Christmas wall hanging just for stopping by. The winner of the wall hanging was member Carol Meador, picked out of a couple hundred tickets! To the Chapter's delight, two new members were attained from their efforts. Thanks to Wanda Centers who was responsible for getting the Chapter signed up for this event. Brenda Hale, Chair of the Historian Committee, is looking for members to join her committee and assist with picture-taking. The Chapter's September meeting was held at Jersey Lily's where the two new members—Angie Beckner and Mona King—were installed. Their October 4 meeting was held at Club Friendship with guest speaker, Scott Leamon, a former WSLS TV Reporter turned Roanoke Police Department Spokesman. Scholarship Chairman Joanne Perry's report was read at the meeting by President Kathy Barbour with instructions on applying for both an NARBW scholarship and an NS scholarship. Here is the latest photo of Vicki Smith, the Chapter's youngest member (4 years) and her baby sister, Eliza (4 months). Proud parents are Member Brandi Smith and hubby Willy.



Looks like Roanoke has another prospective member! Here's a photo of another cutie. Tre is the son of LaToya and Donald Shovel, Jr. and the grandson of Carolyn and Donald Shovel, Sr. He is being pushed in the swing by his grandmother Carolyn. What sweet little children! Pictured next is Linda Taylor with a full-sized quilt (The Farmer's Daughter pattern) that she hand-made and entered in the Franklin County Agriculture Fair in September. Congratulations Linda on your 2nd Place Red Ribbon for this lovely quilt!



PHOTOS BY PATRICK SMITH  
From left, Andrew Lewis High School Class of 1939 classmates Helen Fitzpatrick, Nadine Low, and Mary Frances Zimmerman pose together in the dining room at the Roanoke Country Club following the class reunion last Saturday.

The above article appeared in the Salem Times Register, a local newspaper. No folks, that is not a misprint. Narbie Frances (Nadine) Lowe did actually graduate high school in 1939, and we all want to know her beauty secret! Pat Mengerink was in a vehicle accident on June 9 and suffered a broken thumb and damage to her neck ligaments. She also had surgery on July 3 for a pre-cancerous place on her shoulder. In addition, Pat lost her father, Ulysses Lily on June 24. We are glad she is doing better, but so sorry for her loss. Brenda Hale dislocated her shoulder and significantly damaged the nerve bundle in her neck

area during a fall on June 27. As a result, her left arm and hand were paralyzed for a time, but with therapy, she is slowly regaining use of both. Linda Taylor's daughter, Tonjua Stewart, had brain surgery on July 2. The tumor, her fourth in the brain, was located in an area that would affect her speech, so Tonjua was kept awake and talking during the procedure. Throughout it all, Tonjua has kept a positive attitude and we are all so proud of her. Alverta Steptoe is suffering with a pulled muscle or pinched nerve in her neck, causing her arm and fingers to go numb. Linda Waggoner has recovered from a fall and was able to attend the Summer Outing. Cole Peltier, Peggy's husband is doing well following a few days in the hospital this past August. Joyce Mills' husband, Harold, received a good report from a biopsy of the tumor removed from his bladder (benign). The Chapter lost Darlene Riley in February, and her husband Ray on September 5. Diane (Cookie) Tear has recovered from a broken ankle suffered during a fall in March. Cookie's grandson, Matt Yates, has had three surgeries since June 9 and will need at least one more. Cookie has been his caregiver since the first surgery. Mike Prillaman, Pat's husband, will have surgery on October 20 for a place on his forehead that the doctor believes to be cancerous. Please keep these and all of our members in your prayers.



Having a ball (or mai tai) at a Maui, HI Luau are L-R Joyce Mills and Virginia Austin. Must be nice to be friends with a Narbie who's the owner of a travel company, eh Virginia?!



# CHAPTER NEWS (Cont'd.)

## SAGINAW-GREAT LAKES CHAPTER

President Barb Spalding-Westcott advises that the Blue Water Amtrak line in Michigan had an Anniversary Run on September 10 to celebrate. Ethel (Babe) Woldt took photos at NASA's Houston Space Center while at Convention and interposed them on several scenes there. Pictured are L-R: Babe, Rose Gasper, Joanne Perry & Pat Prillaman. "To the Moon, Alice!"



## ST. LOUIS CHAPTER

Winners of the 50/50-Plus at their August meeting were Melba Cookston, Cheryl Horne, Brenda West, Debbie Michler and Peggy Kuehle. School supplies worth \$156.45 were collected in August for Feed My People. Members held a Gently Used Purse Auction for the general fund at their September meeting. Each purse held a \$5 gift, and proceeds from the auction totaled \$40. The meeting was hosted by Debbie Michler at Ari's Restaurant. Winners of the 50/50-Plus were Cheryl Horne, Melba Cookston, Margaret Ruffin, Mary Ann Will and Loretta Borowski. Cheryl Horne will host their October 11 meeting at Ari's with an Avon fundraiser for the general fund. They plan to collect new toys, clothing, jewelry, etc. for Feed My People in November and to have Christmas raffle

tickets as a charity fundraiser for December. Diane Huntington's cousin (one of her best friends) passed away on October 2 as the result of a serious car accident. Diane stayed with her night and day for five weeks following the accident. Diane, we are so very sorry for your loss.

## TOPEKA HEARTLAND CHAPTER

President Nancy Lord advises that their next meeting will be on October 9 at the Doll Museum in Holton, Kansas, with lunch beforehand at a local restaurant. The official name of the museum is "Expressions of Dolls and Other Caricatures" Over 400 dolls are displayed from 1890 to today, as well as four elaborate doll houses. Nancy has received a good health report—no more cancerous bladder tumors thanks to her new medicine. We are so happy for you, Nancy!

## TWIN CITIES CHAPTER

The Chapter's June luncheon, hosted by Mary Ann Ronkainen, Patty Helling and Norma Perna, was held at Joseph's Restaurant. After which, they "attempted" a sing-along, but sadly none will be appearing on the TV show "So You Think You Have Talent"! Fun was had by all, though; and the 50/50 drawing was won by Joan Schmit while the Hawaiian Basket donated by Mary Ann Ronkainen was won by Juanita Gustafson, guest of Leslie Olson. Door prizes were won by Juanita Gustafson, Joyce Gutz, Pat Szalpski and Patty Helling. Their August Day Trip, sponsored by Donna Clark, was a bus tour to the Northwest Fur Trading Post Museum in Pine City, MN, lunch at Tobie's Restaurant and then on to the Great Hinckley Fire Museum. It was feared that Doris Stromberg had experienced a heart incident on August 4, but doctors later diagnosed possible stomach, gall bladder, etc. issues. Mary Ann Kight is suffering from shingles, Bernice Killian is recuperating from knee surgery and Anna Petersen suffered a stroke in March, but is improving. Laura Hal-

weg's sister, Marie Jones, passed away recently. Also, Shirley Dodds, a BNSF retiree, who worked in Transportation and Purchasing & Material Departments has passed away, as have Muriel Lasky and Karen Rourke, both BNSF retirees. Our sincere sympathy is extended to all of these families. Next are a few Houston Convention photos submitted by Patty Helling.



## TWIN PORTS CHAPTER

Members shown here are celebrating the Chapter's 38th anniversary (May 8, 2014). Congratulations Narbies!



## N.A.R.B.W. Convention Registration Form

71st Annual Convention in Savannah, GA - May 15 - 16, 2015

Springhill Suites by Marriott - Downtown/Historic District - 150 Montgomery Street, Savannah, GA 31401

All registrations must be postmarked by April 15th. No refunds after May 6th.



Use a separate form for each attendee. There are three sections to this form, please be sure to complete them all. This Registration Form may be photocopied or it can be printed from the NARBW website ([www.narbw.org](http://www.narbw.org)).

### SECTION ONE: Personal Information

Please type or print clearly.

Please check one:

Name: _____	<input type="checkbox"/> Delegate
Mailing Address: _____	<input type="checkbox"/> Alternate
City: _____ State: _____ Zip Code: _____	<input type="checkbox"/> National Board
Telephone: _____	<input type="checkbox"/> Emeritus Council
E-mail: _____	<input type="checkbox"/> Member
Chapter: _____ Railroad Affiliation: _____	<input type="checkbox"/> Guest
Emergency Contact	
Name: _____	
Phone: _____	

### SECTION TWO: Registration Fees and Meals

<b>Members:</b>	<b>Emeritus Council:</b>	<b>Non-Members (guests):</b>
_____ \$250 by April 1st	_____ \$170	Convention Meals only (check all that apply)
_____ \$265 after April 1st		_____ \$45 President's Lunch
_____ \$220 (Host chapter)	Emeritus Council pays for Membership Luncheon, Fun Night and Banquet	_____ \$60 Fun Night
		_____ \$40 Membership Lunch
		_____ \$70 Reception and Banquet

\$ \_\_\_\_\_ - Registration Total (check should be made payable to NARBW)

### SECTION THREE: Survey

Please check all that apply to you.

\_\_\_\_\_ This is my first NARBW Convention.

\_\_\_\_\_ I require vegetarian meals.

\_\_\_\_\_ I have mobility issues that require special accommodations.

\_\_\_\_\_ Request Marketplace Table for \_\_\_\_\_ Chapter.

\_\_\_\_\_ Interested in a roommate.

\_\_\_\_\_ Special Needs/Requests \_\_\_\_\_

If you have any questions, please call Joyce Peak (770) 363-2466 or email [convention@narbw.org](mailto:convention@narbw.org)

Mail your check and this completed form to:

**2015 NARBW Convention Registration**  
**Julie Lane**  
**129 Oakmont Drive**  
**Papillion, NE 68133**

Mail or email copy of form to Convention Chairman:

**Joyce Peak**  
**1300 Lakehaven Pkwy**  
**McDonough, GA 30253**

Complete Sections 1-3. Keep a copy of this form for your record. Your check amount should match the registration total in Section 2.

Revised 07/2015

Available at [www.narbw.org](http://www.narbw.org)



**NARBW  
2015 Pre-Convention Tour  
May 14, 2015**



Join us in Savannah for an open air trolley tour of some of the most interesting sites in the city!

We plan to visit the Savannah College of Art and Design Museum, housed in the last remaining Antebellum train station in the country. Many other stops of interest will be included on this comprehensive tour.

We will also have lunch at the Pirate's House, which is said to be haunted!

**Trolley stops also include:**

Davenport House  
City Market  
Juliette Gordon Low Birthplace  
Andrew Low House

Forsyth Park  
Colonial Park Cemetery  
Mercer House  
Telfair Museum

World-famous River Street  
The Waving Girl  
Broughton Street  
Railway Museum

*The price per person is \$95 which includes the trolley tour, lunch, and selected admission fees.*

*Trolley will depart Springhill Suites at 8:30am*

Return form below:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

CHAPTER \_\_\_\_\_

PLEASE MAKE CHECK PAYABLE TO "NARBW" AND MAIL TO ADDRESS BELOW BY **APRIL 1, 2015**.

Nina Dean  
NARBW Pre-Convention Tour  
2140 Bentbrooke Trail  
Lawrenceville, GA 30043

nina@danina.net



## "Rollin' on the River"

**Room Name**

Lobby  
Lobby  
Oglethorpe

Montgomery

Montgomery

**Sunday, May 17, 2015**  
Depart