

CHAPTER BULLETINS...

Many chapters embodied the Christmas spirit by helping others who are less fortunate by: collecting toys for the children, adopting families, donating to food pantries, remembering our troops or doing other charitable works of kindness. Thank you ladies for your generosity, your time, and your financial assistance. We are truly blessed to be able to share.

Albany The Albany Chapter continues to hold their meetings on the third Tuesday evening of each month usually at a member's home with the hosting member preparing the meal. They make monthly donations to a local food pantry and they adopted two needy families for Christmas. Thank you to Diana Ham and Mary McCabe for heading a drive that netted much needed food and clothing for these families. Our Sympathy is extended to Kathy Judge on the lose of her stepfather.

Altoona The Altoona ladies are in their eighties and don't get out much, they held their Christmas party in December at a local restaurant and thoroughly enjoyed the outing. They wish a healthy and happy new year to all NARBW members! Our Sympathy is extended to the family of long time member, Gertrude Annal, who passed away the end of October.

Atlanta The Atlanta ladies netted \$100 with a fundraiser of a Wireless Forecast Station. Congratulations to the station winner, Patti Works. Welcome back Sara Smith who renewed her membership.

Baltimore The Baltimore ladies send warm thoughts and are praying that the blessings of the season will bring God's peace and joy to all in the coming year. The Baltimore Chapter had a difficult year; cancer claimed the lives of two active members. Sunshine wishes to Pat Hinkle on her continuing recovery from a broken hip. Our Sympathy is extended to the families of Margie Herskovitz, Ruth McClelland and Cleo Evans; to Pat Lewis on the loss of her son, John; and to Jan Wood on the loss of her husband, Earl.

Chicago The Chicago ladies hope everyone enjoyed their Christmas season! They are looking forward to joining former Tucson member Charlotte Grimes to their chapter. Sunshine wishes continue to Treva Milligan who is doing better after her breast surgery.

Cincinnati The Cincinnati Chapter continued their annual Christmas charities and wish everyone a healthy and happy 2010. Sunshine wishes continue for Betty Pugh who had heart surgery and to President, Jeanne Keegan; the after-effects of shingles have been painful.

Houston The Houston ladies welcome three new and one renewed membership: Kris Wilson, Karen Norris, Diane Chandler and Rachelle Blout. Congratulations ladies on a unique and wonderful fall conference. At their Christmas Party they honored their retired ladies at an "Afternoon Tea" at the beautiful home of Lynette and David Jupp and attendees brought donations for "Toys for Tots". They also donated toiletries, clothes, sheets and more to the Family Time Thrift Store in Porter, Texas and they made a donation of a \$100 gift certificate to a family less fortunate for a Thanksgiving dinner.

Indianapolis Charter The Indianapolis Charter Chapter honored four of their past presidents for their years of service and dedication at their October meeting. Several members brought food and other items to be donated to Servant's Heart—a total of 220 items were donated for the annual food drive. In November they met for lunch at Santorini's Greek kitchen. Members rang the Salvation Army bells on December 8th. On December 14th they held their annual Christmas party and brought items for Ronald McDonald in lieu of a gift exchange. What a wonderful idea! They wish happiness and prosperity to all in the new year! Our Sympathy is extended to the family of Eleanor Schwartz who passed away in late September.

Legislative Issues...

AAR's concerns on U.S. Policy & Investments

AAR conference shines spotlight on freight railroads' public policy goals, concerns. In the first of what could be quarterly meetings with the media, the [Association of American Railroads \(AAR\)](#) held a press conference to tout the release of an economic recovery report and discuss current rail industry issues.

With the Obama Administration focusing attention on developing high-speed rail, increasing exports, improving the environment, creating jobs and bolstering the economy, freight railroads' key role in helping the nation achieve those goals tends to be overlooked, said AAR President and Chief Executive Officer Ed Hamberger during the hour-long conference.

"We need to make sure the idea of freight railroads isn't lost in the high-speed rail vision," he said. "And the Administration expects to double exports in the next five years — how will they do that without a strong freight rail-road system?"

According to the AAR's "Great Expectations: Railroads and U.S. Economic Recovery" report — which examines the freight rail industry's contributions to the U.S. economy, provides statistical data and analyzes key policy initiatives in Washington, D.C. — freight railroads generate nearly \$265 billion in total annual economic activity. The industry directly or indirectly supports more than 1.2 million U.S. jobs, and every freight-rail job supports another 4.5 jobs elsewhere in the economy, according to the AAR.

Hamberger also addressed challenges facing the industry from "over-burdensome federal regulatory mandates," such as positive train control (PTC) implementation, the Surface Transportation Board Reauthorization Act of 2009 (S. 2889), and "cap and trade" energy bill. PTC's cost-to-benefit ratio is 20-to-1, meaning "a lot of money will be spent in a not-very efficient way," said Hamberger, adding that freight railroads likely will have to forego investments in certain capacity projects because funds will be diverted to implementing the technology.

"It's a misallocation of resources," he said. "Public policy will choke off investments if [Washington] isn't careful."

The cap and trade bill would reduce the amount of coal used to generate electricity, and "we shouldn't drive coal out of the picture," said Hamberger. Freight railroads move about 70 percent of the coal transported from mines to utility plants. If the bill were enacted, railroads would have to idle \$8 billion worth of assets devoted to coal moves, primarily track used only by coal trains, he said.

As for S. 2889 and other legislation that would hamper railroad's ability to earn a return on investments, policymakers need to look at railroads from a broader perspective, said Hamberger.


"Select legislative and regulatory proposals are creating an air of uncertainty at a time when there is already too much of that," he said. "When so much is riding on freight rail's ability to sustain a healthy national rail network necessary to help America through to economic recovery, now is not the time to undermine our financial viability."

In addition to opposing antitrust and paper barrier provisions in S. 2889, railroads are "fighting for" one key element to be included in the bill as it continues to evolve in Congress: replacement cost, said Hamberger. The provision would require the STB to determine the value of a rail asset based on today's cost to replace that asset vs. a book value, he said.

"A bridge that needs to be replaced might have a next-to-nothing book value, but it would cost millions to replace it," he said. *This article was submitted for as information only, at this time no Senator contacting is necessary.*

Post-Convention Tour

Presidents Park in Williamsburg, Virginia is an extraordinary and fun place to visit. It's a must-see for anyone interested in American history.



HOME BUY TICKETS CALENDAR DONATE GROUPS FACILITY RENTALS DIRECTIONS

GIFT SHOP

ABOUT US

SPECIAL EVENTS

TEACHER'S CORNER

TEA PARLOR

MENUS

HOURS & PRICES

CONTACT

The mission of Presidents Park is to promote a better understanding of the American presidency, foster an appreciation for our presidents as individuals, encourage civic responsibility and involvement, and provide educational opportunities of the highest standards.

General Information **Theme Tours**

Only in Virginia's historic triangle and Presidents Park can you receive the entire span of our nation's history from the first permanent English settlement at Jamestown in 1607 to the present.

Presidents Park offers a continuation of the all-encompassing lesson in American History, starting with Washington's inauguration in 1789, through, to the new millennium and the current war on terrorism. Learn about all 43 unique presidencies as you enjoy a patriotic, educational and inspiring experience at Presidents Park in Williamsburg, Virginia.

Presidents Park is the creation of David Adickes, an internationally renowned sculptor and painter. The Park features 16 18 foot tall busts of all 43 Presidents of the United States, placed in a garden setting. Presidents Park has established a Board of Education which reviews educational material to ensure that the Virginia Standards of Learning are met. All content is also reviewed by the President Park's National Council of Scholars. The museum building on site houses meeting rooms, a gift shop, café, banquet room, and other amenities.

David Adickes, the distinguished artist who created the monumental artworks on display at Presidents Park, has a reputation that spans the globe.

His highly celebrated artwork and sculptures are displayed in ten major art museums across America. Renowned author James A. Michener, commenting on a sketch that Adickes made of him, described it as "...the best portrait that's ever been done of me. It looks more like me than an accurate photograph." Michener's book, entitled Adickes: A Portfolio with Critique, is published in both French and English, reflecting the sculptor's strong international appeal.

Mr. Adickes created a personalized eight foot bronze statue of the elder George Bush when he was President. This statue is located in the Bush Intercontinental Airport in Houston, Texas. His 18 foot statue of Andrew Jackson sits in front of the Pinckney Museum in Jackson, Mississippi, and his 75-foot statue of Sam Houston has become an icon for Huntsville, Texas.

Copyright © 2010 Presidents Park 211 Water Country Parkway Williamsburg, VA 23185 Phone: 800-588-4327 Fax: 757-220-2901 Contact: website design and maintenance by richmond media

Indianapolis Circle City The Indianapolis Circle City Chapter wish all a Happy New Year! Christmas time was really busy with shopping for their United Christmas family, donating to the "The Refuge" food pantry, and a local animal shelter. They sent boxes to two military soldiers in Iraq and helped one of their families at home with Christmas. They were able to make these donations through a Tupperware party, 50/50 drawings and member donations. They enjoy giving and wish they could do more.

Jacksonville The Jacksonville ladies volunteered to decorate and serve for the Annual Empty Bowls luncheon in November, a very successful Clothes Closet was held at PACE in September, and many bags of school supplies were delivered to the girls at the PACE center. Our Sympathy is extended to the family and friends of member, Cleo Evans.

Louisville The Louisville ladies enjoyed a delicious luncheon and received a Halloween treat from Elizabeth Rauchmiller who hosted their October meeting in her home. During the holidays, donations were made to the Center for Women and Families, Habitat for Humanity, Noah's Ark Children's Village and the Wayside Christian Mission.

Omaha The Omaha ladies welcome new members Nikki McLean, Jacqueline Schapp and Laura Thompson. Omaha is preparing to host the 2011 National Convention and fundraisers are off to a great start. Their annual 50/50 drawing and raffles in the UP Headquarters continue. In October, the ladies gathered at Colleen Brabec's home and participated in a pumpkin carving party with their kids, grandkids, nieces, nephews and friends. Later that evening they served dinner at the Ronald McDonald House. On October 4th, several members participated in the Susan G. Komen Breast Cancer Foundation "Race for the Cure" then met afterwards for breakfast and fellowship. In November they collected mittens, scarves and hats for the less fortunate for the winter. Our Sympathy is extended to the family of member Shirley O'Conner who passed away in November.

Philadelphia The Philadelphia ladies took a two-hour drive to attend their November meeting. Renee Noble moved from Springfield to Hanover, PA and invited members to see her new home. Renee took the ladies to Utz and other outlets where they had a lot of fun shopping. They held their December meeting at Trattoria Giuseppe in Edgemont. The meeting was a huge success and they gathered toys for the Eliza Shirley Shelter, which is a part of the Salvation Army. Our Sympathy is extended to members Marianne MacLure and Kathy Bevilacqua on the loss of their sister, Eleanor Flannery in November.

Pittsburgh The Pittsburgh Chapter held their Christmas party at the exclusive PAA Club. Members continue charity work for abused women, they sponsored two families for Christmas, and donated money to the Salvation Army. They send best wishes to everyone for good health in the new year!

Richmond The Richmond chapter ladies enjoyed a luncheon at Lewis Ginter Café on December 15th. They made a monetary donation to the Virginia Home in honor of former member Elizabeth Davis and Otto Critz, grandson of member Elizabeth Critz, both residents, and former resident Douglas Cash, grandson of Dot Story. They also made a monetary donation to the Henrico Christmas Mother fund, for families needing assistance with food, toys and clothing at Christmas. Sunshine wishes to former member, Frances Goode who is in the Hermitage Home's Alzheimer's Unit.

Roanoke Virginia Austin and the Roanoke ladies are finalizing our 66th Annual Convention which promises to be another fantastic trip to the Blue Ridge Mountains. Please show your support of our wonderful organization and make plans to attend. Refer to Convention details included in this Capsule. The Roanoke ladies donated back-to-school supplies to the West End Center and the Community Mission Center; they had a Premier Jewelry party on October 3rd and raised over \$600 for their Ways and Means;

Roanoke continued they will again have their “nuts” sales; they delivered five cases of soup to the LOA’s Soup for Seniors Drive and they sent notes to five service personnel connected to their members thanking them for all they are doing for our country. As always the Roanoke ladies are busy helping their community! They held their December meeting at Shoney’s in Daleville followed by an Attic Production's play, “Papa’s Angels.” Ten members contributed 142 hours to folding and stuffing Christmas cards for the Rescue Mission. Roanoke wishes a Happy New Year to all! Welcome to new members Corbin Craig and Evelyn Stewart. Sunshine wishes to Helene Martin who had laser surgery on her left leg the end of November.

Sacramento The Sacramento ladies held their Christmas luncheon and raffle on December 18th. Sunshine wishes continue to Rozan Prizmich who had leg problems and received physical therapy to build up her strength.

Saginaw-Great Lakes The Saginaw-Great Lakes Chapter took a break in December so members could spend time with family and friends for the holidays. They hope all NARBW members were able to spend time with those they care for, and wish all a Happy New Year 2010.

St. Louis The St. Louis ladies continue to hold 50/50 drawings and collect goods and money for the Feed My People program at each meeting. Their annual Avon fundraiser held at their October meeting made \$116. Their Christmas charities included monetary donations to the Sunshine Ministries, the Restoration Ministries, Feed My People and the Salvation Army. Congratulations to member Ruth Polson and her husband, John, who celebrated their 60th anniversary on September 24th. Sunshine wishes continue to Helen Koonce who suffered a heart attack in September and to Joan Christian who is in rehab after breaking her femur close to the hip. Our Sympathy is extended to Diane Huntington on the loss of her Mother on November 17th.

Topeka The Topeka ladies held several fundraiser such a their “Pumpkin Something” sale, chili and pizza lunches and the sale of hand made Christmas items. They continue to collect items for the Rescue Mission. They held some interesting programs on Energy Savings, Safe Streets in Topeka and Doorstep which is an assistance program for the less fortunate. Sunshine wishes continue for President, Nancy Lord, who underwent surgery in early December.

Tucson We are sadden to report that the Tucson ladies voted to turn in their Charter on October 17th. President, Gerry Rodgers was a member of NARBW for over 40 years and says she met some great and wonderful railroad ladies during these years.

Twin Cities The Twin City ladies have been busy selling Herberger’s Community Day coupon books as well as pecans. They held their Christmas Luncheon at the Forepaugh’s restaurant followed by a tour of the Alexander Ramsey House. They collected donations for We “R” Able which is a program for adults with disabilities. Our Sympathy is extended to the family and friends of member Ramona Claire Peterson O’Connell who passed away on November 7th. Ramona was a member of the Twin Cities Chapter for over 50 years.

Twin Ports The Twin Ports ladies continue to sell Happenings Books and See’s candies. They made monetary donations to the Salvation Army and food donations to the local Food Shelves. Welcome back to Kathy Nading who has renewed her membership. Sunshine wishes continue for Pat Piggott and Jean Breemeersch who are recovering nicely from open heart surgery (stents installed) and to Kathy Millen recovering from eye surgery. Our Sympathy is extended to Cheryl Engen on the loss of her father and to Carol Holmgren on the loss of her husband, Wayne.

Post-Convention Tour

Colonial Williamsburg

Since Virginia is one of original thirteen colonies of our great nation, we thought a historical tour would be appropriate. Following is some information about the planned tour.



The Historic Area of Colonial Williamsburg stretches over 301 acres, and includes 88 original 18th-century structures. Hundreds of houses, shops and public outbuildings are reconstructed on their original foundations. Some buildings are open to the public, while others are private residences and administrative offices. A flag at a building’s entrance indicates that the site is open. Guided tours are available or you can tour at your own pace.

The opulent Governor’s Palace, was the embodiment of British order in the colonies. The Capitol was witness to the vote for America’s move to independence. The Raleigh Tavern’s neutral setting encouraged free debate. The Magazine held the colony’s guns and ammunition, standing as a literal symbol of self-reliance. Visit homes of the elite gentry class and everyday working people. Period furnishings and knowledgeable costumed interpreters let history surround you in three dimensions.

Practicing tradesmen make Colonial Williamsburg a living town, ringing with clanging hammers and tinged with the smoke of industry. Visit the blacksmith, see what the saddler is working on, smell what’s cooking in the kitchens, and more. Twenty trades are practiced with 18th century methods and tools.

James River Plantations

The James River plantations were established in the Virginia Colony along the James River between the mouth at Hampton Roads and the head of navigation at the fall line where Richmond is today.

The colony struggled for five years after its establishment at Jamestown in 1607. Finally, a profitable export crop was identified through the efforts of colonist John Rolfe. After 1612, a sweet form of tobacco became the largest export crop, customarily shipped in large hogsheads.

Because the river was a highway of commerce in the 17th and 18th centuries, the early plantations were established on the north and south banks along it, with most having their own wharfs. A site of 100 acres was a common unit of size, however, most were much larger than 100 acres.

While most are now long gone, some of the larger and older of the James River plantations are still in use and/or open to the public. Almost all are non-government-owned, and houses and/or grounds are generally open daily to visitors.

Come join us in a trip back in history.

Post-Convention Tour

Post Convention Tour to Williamsburg in Virginia May 16-18, 2010



Colonial Williamsburg



3 Days / 2 Nights
Hotel in Colonial Williamsburg Area
Visit Colonial Williamsburg
Visit Presidents Park
Visit a James River Plantation
Tourstart Breakfast
Time for Shopping
PRICE
Quad \$275 per person
Double \$345 per person

One Dinner
Baggage Handling
Triple \$295 per person
Single \$495 per person

Post-Convention Tour to Williamsburg, VA

NAME: (Please Print)

ADDRESS

PHONE: () E-MAIL

1. Make check payable to NARBW Roanoke Chapter
2. Mail individual check along with this form by April 1, 2010 to:

Joanne Perry, Roanoke Chapter (Williamsburg Tour)
3943 Hummingbird Lane, SW
Roanoke, VA 24018-5141
Questions? E-mail Joanne at nsboxcar1@aol.com

WANTED: Items to display

As a reminder—we have housed a cabinet at the Virginia Museum of Transportation for storing archives and displaying items of the National Association of Railway Business Women.

If you have items to donate, please send them along with the year of the convention or conference and your chapter location to Joyce Higgs. Your items will not be returned but stored in the cabinet. All items received will be displayed in this cabinet at various times.

Joyce Higgs 2631 Daleton Blvd, N.E. Roanoke, VA 24012

Upcoming Deadlines...

March 2010

- 31** **Deadline for all donations** to National Treasurer Joan Waite
Capsule Deadline—National Publications Chairman Diane Huntington

April 2010

- 1** District I Elections Deadline—Ballots to District Election Chairman
Jewelry Order Deadline—National Chairman Monica Rodan
- 10** **Convention Registration Deadline**—National Chairman Virginia Austin
- 15** Memorial Service Report—National 3rd Vice President Krista Pohl
Report of Chapter Officers Deadline—National Secretary Pat Lewis
Welfare Reports Deadline—National Chairman Cynthia Chandler

Please send Chapter news to your National Publication Chairman

Diane Huntington
4411 Hickory Lane
Hillsboro, Missouri 63050

email: HiHuntington@aol.com
phone: 636-789-4203
Cell: 636-208-7173

The next quarterly deadlines are **March 31st** and June 30th. If there is a special article that you would like added to the Capsule, contact Diane. Please continue to share your chapter news. Be proud of the good you do! Thank you in advance for sending your Chapter newsletters and correspondence.

NARBW has a New Website...

Our new Website has been launched! Login at www.NARBW.org. Additional pages are now available to feature individual member and chapter accomplishments. If you would like to highlight one of your welfare projects or a member's achievement, make sure to take pictures and forward them with an article to your National Publication Chairman, Diane Huntington. If someone attending District II's fall conference could please send photos, Diane would be happy to include them in our next Capsule or on our Web page! Please contact Diane with any suggestions, comments, concerns or articles for our new site.

CONGRADULATIONS to both Districts on successful Conferences!

The Indianapolis ladies hosted a fantastic conference and hospitality room. Thank you ladies for all of your hard work to make it happen. Their food was plentiful and delicious and they made visiting NARBW sisters feel right at home with their "Hoosier Hospitality". As a brief synopsis: The **District I Fall Conference was held at the Holiday Inn North at the Pyramids on September 25-26, 2009** and was co-hosted by Indianapolis Charter and Circle City chapters. During Friday night's hospitality a "mystery" auction to benefit the National Scholarship fund in the name of John Lewis, son of Pat Lewis, our National Secretary raised \$525! Seven of the twelve district chapters attended Saturday's business meeting. The proposed budget was presented and approved. The business meeting was followed by a presentation by Cathy Hale, CEO of the Madison Railroad. Her story was both inspirational and compelling. In lieu of a banquet, Saturday night was spent at Beef and Boards for a wonderful buffet dinner and the musical "Seven Brides for Seven Brothers". Sunday morning breakfast brought an opportunity to bid good-bye to those leaving for home. Again, thank you ladies!

Thanks to the hard work of the Houston Chapter and Mary Knox, **District II's fall conference** was an unusual and wonderful experience. The conference was held in the Gulf of Mexico on a cruise ship! The ship departed **Galveston, Texas on November 5th and returned on November 9th, and included a day at Cozumel, Mexico.** The business meeting was held on Friday during the day at sea, and the ladies gathered for an afternoon tea and a cocktail hour. Except for a little rain and rough seas courtesy of Hurricane Ida, a great time was had by all who attended. Congratulations to the Houston chapter who gained three new members and one renewal during the cruise! Thank you Houston Chapter for a unique fall conference!

If pictures are worth a thousand words—the following Conference photos tell stories of fun, fellowship and good times!



Pre-Convention Tour

*Pre-Convention Tour to Monticello with Lunch at Michie Tavern
In Charlottesville, Virginia
May 13, 2010*



Enter the fascinating life and times of Thomas Jefferson—author of the Declaration of Independence, third president of the United States, architect, gardener, scientist, Plantation owner, and founder of the University of Virginia—by visiting his unique mountaintop home.



Enjoy a delicious southern meal
Browse through the General Store

Pre-Convention tour of Monticello with lunch at Michie Tavern, Charlottesville, VA

NAME (Please Print) _____

ADDRESS _____

PHONE () _____ E-MAIL _____

CHAPTER _____ CHECK# _____

1. Make check payable to NARBW Roanoke Chapter
2. Mail individual check for \$85.00 along with this form by April 1, 2010 to:

Joanne Perry, Roanoke Chapter (Monticello Tour)
3943 Hummingbird Lane, SW
Roanoke, VA 24018-5141
Questions? E-mail Joanne at nsboxcar1@aol.com

Convention Registration/Credentials Form

National Association of Railway Business Women
Sixty-Sixth Annual Convention
Roanoke, VA – May 13-15, 2010

REGISTRATION/CREDENTIALS FORM

Sheraton Roanoke Hotel and
Conference Center
2801 Hershberger Road, NW
Roanoke, VA 24017
540/561-7913

Chapter Treasurer: _____

Treasurer Phone: _____

Chapter: _____ District: _____

Chapter President: _____

[illegible]

*Emeritus Council pays only for Fun Night and Banquet.

IMPORTANT—CHAPTER TREASURER—Please collect checks from your Chapter members, recap the information on this sheet, and write one (1) check payable to NABBW to cover the total fees for your chapter. Please make a photocopy of the registration form if additional lines are needed. This form is available on www.nabbw.org.

Forward information as outlined below:

Original and check to:

Copy #1 to: National Treasurer:

Copy #2 to: Convention Chairman:

Copy #3 to: Credentials Chairman:

Copy #4 to: Your District Director:

Joan Waite, 1032 Girard Avenue, Swarthmore, PA 19081
Virginia Austin, 444 Riverland Road, Roanoke, VA 24014-1232
Mary Lee Cabbler, 4812 Northwood Drive, NW, Roanoke, VA 24017
District I: Monica Rodan, 1217 St. Clair Road, Oreland, PA 19075-1902
District II: Cynthia Chandler, 16507 Hilo Circle, Papillion, NE 68046-3602

Copy #4 to: Retain this copy for your files.

REGISTRATION DEADLINE: APRIL 1, 2010

MARKETPLACE: Please circle one for a Marketplace table - YES or NO



Fall Conference 2009

66th National Convention Roanoke, VA May 14-15

National Association of Railway Business Women

NATIONAL BOARD OF DIRECTORS



RAILWAY TO THE STAR

January 6, 2010

Chapter Presidents
Emeritus Council
National Board

The Roanoke Chapter of NARBW cordially invites you to the 2010 Annual Convention to be held in Roanoke, VA May 13-15, 2010.

We have reserved a block of rooms at the Sheraton Roanoke Hotel and Conference Center, 2801 Hershberger Road, Roanoke, Virginia, at a rate of \$109.00/night, plus tax (at the present time, rate is 12%). Please make your reservations directly with the hotel by calling 540/561-7913 and letting them know you are with NARBW.

Roanoke Airport is within ten minutes of the hotel, which has free shuttle service from and to the airport. For those of you who will be driving the hotel is located right off I-581 and offers free parking to guests.

The Sheraton also offers free shuttle service to Valley View Shopping Center, a large name-brand mall which is about 10 minutes away.

The Pre-Convention tour will be a bus trip on May 13 to Monticello (Thomas Jefferson's home) in Charlottesville, Virginia, with lunch at Michie Tavern. Cost will be \$85.00/person and check should be made payable to NARBW Roanoke Chapter. Registration form is included in this packet.

Post-Convention tour will be a bus trip to Colonial Williamsburg, Virginia, from May 16-18, staying at a hotel in the Colonial area with visits to Colonial Williamsburg, the Presidents Park and a James River Plantation. Prices range from \$495/single person to \$275/four persons and includes a tour start breakfast, one dinner, baggage handling, room charge and bus fare from the Sheraton and return. Registration form is also included in this packet.

We look forward to seeing you in the "Star City of the South".

Virginia
Virginia Austin
Convention Chairman

66th Convention Agenda

**NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN
SIXTY-SIXTH NATIONAL CONVENTION**

RAILWAY TO THE STAR

May 13-15, 2010

**Roanoke Sheraton Hotel and Conference Center in Roanoke, VA
Hostess Chapter: Roanoke, VA**

Wednesday, May 12, 2010

4:00 p.m. - 7:00 p.m.
3:00 p.m. - 7:00 p.m.

Pre-Convention Board Meeting
Registration

Thursday, May 13, 2010

8:30 a.m. - 5:00 p.m.
4:00 p.m. - 7:00 p.m.
5:30 p.m. - 9:00 p.m.

Pre-Convention Tour
Registration
Hospitality Suite

Friday May 14, 2010

8:30 a.m. - 9:00 a.m.
9:00 a.m. - 10:00 a.m.
10:30 a.m. - 12:00 p.m.
12:30 p.m. - 5:00 p.m.
6:00 p.m. - 7:00 p.m.
7:00 p.m. - 10:00 p.m.

Registration
Formal Opening
Presidents' Brunch
Business Meeting
Candidates' Reception
Fun Night

Saturday, May 15, 2010

8:30 a.m. - 9:15 a.m.
9:30 a.m. - 11:00 a.m.
11:00 a.m. - 11:30 a.m.
11:45 a.m. - 1:45 p.m.
2:00 p.m. - 4:00 p.m.
6:00 p.m. - 7:00 p.m.
7:00 p.m. - 10:00 p.m.

Memorial Service
Business Meeting
Elections
District Luncheons
Business Meeting
Reception
Banquet

Sunday, May 16

8:00 a.m.

Post-Convention Tour-

Proposed agenda 2010 Convention
Date created: July 7, 2009



NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN

Diane Huntington
National Publication Chairman
4411 Hickory Lane
Hillsboro, MO 63050

Heartfelt sayings...

I enjoyed District I's New Year's Toast so much I copied it for everyone:

- ♥ Here's to the new year... May it bring more joy and success and less grief and regret.
- ♥ To our dreams... May we never stop believing in them and taking actions that will make them a reality.
- ♥ To our friends, loved ones, associates... May we take the time to let them know how much it means to us to have them in our lives.
- ♥ Let us encourage more and criticize less, give more and need less. And whenever we can, let us create harmony and peace.
- ♥ To new beginnings... Let us start fresh, right now, to make this the very best year ever.
- ♥ A very Happy New Year to all of us! By Joanna Fuchs

The official publication of
The National Association of Railway Business Women

CAPSULE

Volume 13, Issue 4

October/November/December 2009

MESSAGE FROM THE NATIONAL PRESIDENT

Ladies:

Happy New Year! By the time you read this the phase will be worn out, but I do hope for happy times in 2010. Our Annual Convention is close to the top of my list for a happy time and inside this issue of the Capsule you will find the information you need to attend our 66th Annual Convention in Roanoke, VA. I hope you have all considered attending this event and have the dates of May 13th to the 15th marked on your calendar. I have attended 15 conventions in the 16 years I have been a member and my dedication to NARBW is renewed at each event. I look forward to spending time with my NARBW friends and to meeting the ladies who are attending convention for the first time.



Please take the time to read about the pre and post convention tours. Virginia Austin, our convention chairman has planned wonderful trips in historic Virginia. Consider your schedule and plan to attend convention. If this is your first convention, I can guarantee it will not be your last. The Roanoke Chapter has worked hand in hand with Virginia Museum of Transportation to display NARBW's memorabilia. I know everyone who attends convention will want to make a trip to the museum.

Whether you are a member of the youngest chapter (Topeka), the oldest Chapter (Twin Cities) or a member at large, I know the work of NARBW is a part of your life. Our annual convention is the opportunity for us to celebrate the National Association of Railway Business Women. We'll acknowledge the benevolent work we do, celebrate the women who make it possible, award scholarships, renew friendships and give thanks for the railroad industry that supports and unites us. I hope to see you there!

In reflecting on some of the highlights of this past year, I have to include the great times I had at the District Conferences. Both Districts tried something new. District I replaced their banquet with a Dinner Theatre. Watching Seven Brides for Seven Brothers after a good meal was very entertaining. Their auction raised a nice donation to the scholarship fund and the speaker was inspiring. District II had their conference on a cruise to Mexico! It was a bit of a rocky ride (Hurricane Ida was in the Gulf of Mexico that weekend), but there were still opportunities to sit on deck at poolside and visit. The food was wonderful and there is always something to do on a cruise. I believe a good time was had by everyone who attended the conferences.

I am closing with sad news. The Tucson Chapter voted to turn in their charter. Their last welfare project was having a tree planted in Green Valley. The plaque which hung on the door to the common room at the residence was adhered to a stone and placed in front of the tree as a lasting memorial to NARBW. We owe them a huge thank you for marking an important part of our history.

Jay Nelson, National President

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