OFFICIAL PUBLICATION OF THE NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN

THE CAPSULE

Volume 16, Issue 9

April, May, June 2014

MESSAGE FROM THE NATIONAL PRESIDENT



Dear Narbies:

D . ID ..

The 70th National Convention in Houston was explosive with "Denim and Diamonds". Thank you to the Houston Chapter for a wonderful convention. Kicking off with the pre-convention tour to the NASA Space Center, a formal opening with the Presentation of Colors by a female Color Guard, a Presidents Brunch for our "Diamonds in the Sky", the Candidates Reception introducing our "Diamonds in the Rough", a fun night for the "Rhinestone Cowgirls/Cowboys, a

memorial service reminding us that "Diamonds are Forever", a Membership Luncheon honoring our "Jewels in Our Crown" and concluding with an elegant formal banquet with the announcement of Scholarship Awards. For those of you who were able to attend, I'm sure you can join me in commending Convention Chairman Tamela Kubicek and her committee members for an outstanding event.

The National Board will be gathering for our Summer Board meeting in Memphis, Tennessee, and will be team building and planning for a productive year. The Plans of Work will be forthcoming by the middle of August when we will begin another year of business for NARBW. Our Treasurer, Julie Lane from Omaha, will be new to the Board and she is looking forward to working with each Chapter. I trust that each of our chapters will be planning for a great year as we strive to reconnect with members who did not renew their membership, maintain a connection with our present members and work to create connections with each new member.

Listed below are the 2014/2015 Board and Committee Chairs.

Laura Gutteridge - 1st VP
Diane Huntington - 2nd VP
Amy Schapp - 3rd VP
Sylvia Long - Secretary
Julie Lane - Treasurer
Pat Prillaman - Publication
Joyce Peak - Convention
Colleen Brabec - Scholarship
Tamela Kubicek - Revisions/Jewelry
Ida Carmouche - Welfare
Cynthia Chandler - Nominations
Sandy Hall - Emeritus Council

I am honored to serve as your President and look forward to a successful year. Remember we are a "TEAM," working together to strengthen this organization that was only a vision by outstanding women in 1921.

Warmest Regards,

Muren & Attiger

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PROPOSED REVISION TO THE NATIONAL BYLAWS

One proposed revision to the Bylaws was submitted by the Philadelphia Chapter in sufficient time for a 2/3 vote approval by the Convention body. The amendment proposed changing Article YIII, Section 1, to read "A convention of this Association shall be held in April or May of each fiscal year." Reason given was "Conflict with Mother's Day, Memorial Day, weddings, and graduations may hold down attendance." A standing vote was called for and the revision failed to pass by a slight margin.

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2014 CHAPTER WOMEN OF THE YEAR



Pat Smith Atlanta Chapter

Patricia joined the Atlanta Chapter in 1988 and has served as Secretary, Vice President and President. Currently she is the Atlanta Chapter Chaplin. Pat is married to a Baptist Minister; and they have two daughters, five granddaughters and one great granddaughter. She is active in her community and has served as PTA president, ticket sale coordinator for the Atlanta Ballet, Hostess for the Atlanta Symphony Decorator Show House, Sunday School Teacher, Church Youth Director. Coordinator of Women on Mission. Fairburn Baptist Association, Sewing Club and also makes pillow cases for the Children's Hospital.



Debbye Converse Houston Chapter

Debbve began her railroad career with Margaret has served as Ways & the Missouri Pacific Railroad in 1974. current NARBW Chapter position is in 1981 and 1982. the 2014 National Convention. Her Welfare projects. In the past, she has

fundraising ideas, rank second to presentations in elementary schools. none. Debbye has worked the follow- Her mother, Margaret Wright, was also ing charities by either donating items, a member of Charter Chapter and ofmoney or time and in many cases, all ten recruited her daughter to work on three. On September 10, 2011, Deb- various projects many years before bye married the love of her life. Mark she became an active member. Mar-Converse. Collectively, they have two garet was hired by Penn Central Railgirls and two boys; six granddaughters, road in 1968, continued with Conrail one grandson and one great grand- and finally with CSX Transportation. daughter. Debbye is an inspiration to During her career, she has seen many everyone in the Houston Chapter. She cities and retired in 2008 with 40 years is the type of person you want to have of service. Margaret has been an invalon your team, and the Chapter is very uable addition to the Indianapolis fortunate to have her as a member and Charter Chapter and knows its history as a friend. Her hard work, dedication, due to her early involvement. and commitment to follow through on whatever is required is what sets her apart from the rest. The following quote is a description of Debbye:

"I don't want to live in the kind of world where we don't look out for each other. Not just the people that are close to us, but anybody who needs a helping hand. I can't change the way anybody else thinks, or what they choose to do. but I can do my bit."



Margaret Elston Indianapolis Charter Chapter

Means Chairman, Scholarship Chair-During her career, she has seen many man, Corresponding Secretary, Vice cities and numerous promotions. Her President and was Chapter President Currently, she Secretary/Membership Chairman, and hosts the annual Silent Auction and she served on several committees for raises funds to support the Chapter's

efforts and creativity, when it comes to volunteered for Operation Lifesaver



Elaine Mosley Jacksonville Chapter

Elaine joined the Jacksonville Chapter in 1993. She served NARBW on Chapter, then District levels (District Director being a part of the National Board during that post). She has served as the Jacksonville Chapter President for two terms and has chaired many committees. Elaine has supported the community with her time and financial gifts in the name of NARBW and also personally since moving to Jacksonville. In 2001, her grandson was born with Down Syndrome, the foundation for which gained another strong and steadfast supporter in Elaine. She has participated in the Buddy Walk and got the Chapter involved in this most worthy project. Elaine has supported the

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2014 CHAPTER WOMEN OF THE YEAR (Cont'd.)

Elaine Mosley Jacksonville Chapter (Cont'd.)

"Empty Bowls Luncheon" since joining NARBW. The Chapter is also proud of Elaine's tireless efforts in support of the Juvenile Diabetes Research Foundation, The Foundation for Fighting voted their time to charity work and this year with over 40 years' service. Blindness, and the Susan G. Komen hosted the National Convention at KC To acknowledge her performance over Breast Cancer organization. In recent Crown Center, From day one, Sue has the years, Rae was given the Amtrak years, she has been a strong proponent for Alzheimer's Research and volunteers at the North Florida School chapter experience has influenced the a career that, at that time, spanned 33 for Special Education, supporting the professionalism of the meetings along years. As Vice-President of the Philalatter with monetary gifts. Elaine with good-natured camaraderie. She delphia Chapter, Rae has dedicated worked for CSX for 22 years and is a has held an officer position since the herself to finding new and different idefounding member of the Jacksonville new chapter began in 2012 and is cur- as for fundraising. The Philadelphia Women's Leadership Council, a multi- rently in her 2nd term as chapter treascorporation initiative to promote young urer. She donates her time and ideas women with corporate America. She to increase chapter funds and monitors included NARBW in Diversity Week at the proceeds. Sue attends the National Rae's inner strength through hardships CSX to provide greater exposure for NARBW Convention each year and could be an example to all. our organization. In June of 2012, reports National's new business, along Elaine was listed as one of the "Top 25" with a few lively stories that took place Women in Power Impacting Diversity" during the trip. She was an employee by the Diversity Plus magazine. She of the KCS Railroad in various departcontinues to work for equal opportunity ments and was the purchasing agent in promotions for women by mentoring when she retired after 39 years. Sue young women joining the CSX work- loves to help and educate others. The force.



Sue Brazelton Kansas City Chapter

Chapter is very fortunate to have her on their NARBW team.



Rae Huebner Philadelphia Chapter

Rae is a very active and dedicated It is no surprise that Sue Brazelton has member of the Philadelphia Chapter. been chosen Woman of the Year to where she has been a member for 2013, seven women have joined the

represent the Kansas City Chapter 2 over 10 years. She has served years in a row. In the early 70's, dur- NARBW on many levels-chapter and ing her early career with the KCS Rail- district. Rae continues to grow her road, Sue was a member of an knowledge of NARBW and offers valu-NARBW KC chapter. Times may have able insight for improvements not only been different in the 70's, but the goals for her chapter but for the organization of NARBW were the same. Sue and as a whole. Rae began working for the members were very involved with Amtrak in 1974 in the Reservations NARBW and the community. They de- Department. She will retire in August of been a wonderful mentor to the current President's Service and Safety Award chapter's members. Her previous in 2007 for Sustained Excellence over Chapter believes that Rae Huebner is the embodiment of friendship and selflessness that symbolizes NARBW.



Sylvia A. Long Roanoke Chapter

Sylvia has been a member of the Roanoke Chapter since April 2008. She currently holds Chapter positions of Membership Chairman and Nominating Chairman. Sylvia also serves as National Secretary. Roanoke Chapter membership has increased tremendously because of her hard work in sharing our mission with women associated with the rail industry. Since she became Membership Chairman in Page 4 Volume 16, Issue 9

2014 CHAPTER WOMEN OF THE YEAR (Cont'd.)

Sylvia A. Long **Roanoke Chapter** (Cont'd.)

Chapter. Because of the Chapter's continued growth, its President has requested Sylvia to create a Mentoring program, which will help acclimate new members to NARBW and to other Chapter members. Sylvia has been employed by Norfolk Southern Corporation for 39 years. She started her railroad career with Southern Railway System in Chattanooga, TN, in January 1975. During her career at Norfolk Southern, she worked in various positions in the Freight Claims and Dam-Prevention Department years), as Assistant to Manager in the Operating Rules Department years), and as Supervisor, Assistant Manager and, most recently, Manager Purchasing Services and Projects in the Sourcing Department (14 years).



Diane Huntington St. Louis Chapter

Diane is an outstanding volunteer. She volunteers in the name of

NARBW, as well as other organizations. On the local NARBW level, Diane holds positions of 2nd Vice President, Public Relations Chairman and Finance Chairman. She is a huge volunteer in her community. Her time is spent with AMVETS Ladies Auxiliary Post 48 in DeSoto, Missouri, serving as the local Americanism Chairman. Diane spends many hours annually volunteering with the special needs adults in her community. Annually, Diane volunteers at nine or more Special Olympic Games, three of which involve three-day trips. Prior to retiring in January 2010, she volunteered her services many times to Union Pacific Railroad events. Diane is currently Vice President of Public Relations of the Union Pacific Employee Clubs (UPEC), this being her third year of a four-year term on the UPEC Executive Barbara's service to NARBW includes Committee. In 2004, while serving her first term on the Executive Committee, Friend Network of which she is a Board Director and currently serves as Secretary. The Network recently hit a milestone by donating over \$4 million to active and retired UPRR employees and their families who were facing devastating residential and physical emergencies. When she is not volunteering, in her spare time, Diane is an Year.





Barbara Spaulding-Westcott **Saginaw-Great Lakes** Chapter

office of President and Sunshine Committee Chair. She also promotes Diane and four other UPRR employ- the Chapter through involvement in ees organized the UPEC Friend to National Train Day, Railfans Weekend, and other train-related events in the area. Her goals include communicating thru calls to members, publishing a newsletter and inviting members to take a train to Chicago for lunch. It has been Barbara's hope to involve the members by asking for their help when possible. Most of the Saginaw Chapter ladies are retired and some avid gardener. It is with pride that the take vacations out of the area. Bar-St. Louis Chapter sponsors Diane bara's service to the railroad Industry Huntington as their Woman of the includes Operation Lifesaver presenter; Mid-Michigan Railway Historical Society, Activities Director; and Michigan Association of Rail Passengers member. Barbara's community service includes Downtown Small Business Association Treasurer: Friends of McFarlan Park; Greater Flint Council of Churches; Durand Union Station member; and Promote the Eastern Michigan Food Bank.

ANNOUNCING OUR NATIONAL 2014 WOMAN OF THE YEAR...

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NARBW NATIONAL WOMAN OF THE YEAR



phens Center, ring bells for the Salvation Army, shelve food at a local food pantry, collect and organize donations from the collection barrels she set up at Union Pacific Center, Jay will be there. She collects items year round for donations (mittens for the mitten tree, toys for the Holiday parties, toiletries for the shelters, etc). She is generous with her donations and with her time to make a difference in the community. Jay initiated semi-annual raffles to raise money.

Jay began her career as a clerk on the Southern Pacific RR. After several promotions and two moves, she is now the Union Pacific Team Leader for the Sunset Service Unit. Her primary responsibility is to promptly respond to service issues for her 400+ customer base in Arizona, New Mexico and the El Paso area of Texas. She takes pride in knowing all of her customers and in improving communication with them.

Jay does love NARBW and enjoys the rewards of friendship and sisterhood that come from being an NARBW member.

JAY NELSEN OMAHA CHAPTER

Jay was hired by the Southern Pacific RR in July of 1993 in Denver, Colorado, and joined the Denver Chapter the same year. She has belonged to the Denver, St Louis and Omaha chapters and has served at all levels from Chapter Parliamentarian to National President.

Jay has been an Operation Lifesaver presenter for 6 years and has represented NARBW at OL national meetings. Jay has attended the FRA RSAC (Railroad Safety Advisory Committee) meetings for 4 years, serving as the NARBW representative.

Jay finds ways for NARBW to be involved in the community. When the Chapter members serve dinner at RMH, host the holiday parties at Ste-



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2014 NATIONAL SCHOLARSHIP WINNERS



Lindsay Megan

ter and her grandmother, Anna Mae Wright. Lindsay won a scholarship last markable young person should be outyear from NARBW. She is going to the side the classroom." University of Florida to study architecture. This YMCA Life Guard and Swim Instructor has over 240 hours of community service since 2006. Her reference letter stated "She always portrays a positive role model for others and is not timid to take on leadership roles." Her grandmother wrote "She already demonstrates an entrepreneurial spirit, strong leadership qualities, superior commitment to community service and business sense."



Cassidy Miller

ter and her aunt, Barbara Miller. She will be attending ELON University and tainment Management. She has per- puts her mind to."

formed professionally with Working America, Joyce Theatre Benefit Concert in New York, Creative Alliance in Baltimore and Moscow and Pittsburgh Ballet Nutcracker. She has won numerous awards including Top Soloist at the World Dance Pageant in Orlando. She has also served as Class President and Executive Board Sergeant at Arms. She is regarded by her Wright Journalism teacher as "the student Nominated by the Jacksonville Chap- who is not only gifted academically, but who also exemplifies what a re- Nominated by the Jacksonville Chap-



Katie-Lynn Fisher-Nilson

Nominated by the Saginaw-Great Lakes Chapter and her Aunt, Doris Hermes. Katie won a scholarship last year from NARBW. She is studying to be a Physician Assistant at Michigan State University. She is an active member of MSU's Nursing Students Association, a member of the National Society of Collegiate Scholars, member of the Pi Beta Phi sorority and is on the Dean's list. She says "I love being involved in the community, giv-Nominated by the Jacksonville Chap- ing back and forming bonds. I actually enjoy school". Her recommendation letter said "I know this charismatic majoring in Dance and Arts and Enter- young woman will do anything she



Krista Rogers

ter and her mother, Mia Rogers. She is attending Southeastern University in Florida and is studying Organizational Leadership and Business Management. She is President of the National Honor Society, Student Council, and in Key Club. She represented the State of Florida at the U.S. Academic Decathlon Competition and was Valedictorian in both Middle School and High School. She volunteers for afterschool tutoring, Seamark Ranch for foster children, local nursing homes and the Tim Tebow Foundation which has led to the accumulation of over 350 community service project hours this past year.



Ashley Ohorodnik

Nominated by Jacksonville Chapter and her Grandmother, Mary Warner. This is Ashley's second NARBW THE CAPSULE Page 7

2014 NATIONAL SCHOLARSHIP WINNERS (Cont'd.)

Ashley Ohorodnik (Cont'd.)

scholarship. She is attending Florida State University and majoring in Nursing. She is a member of Jacksonville's NARBW Chapter. Ashley volunteers at the Tallahassee Humane Society, joined the National Student Nurses Association this past year and volunteers as a nursery attendant and in the preschool ministry at her church. Her grandmother, Mary Warner, says in her letter "Ashley will be a wonderful nurse because she is such a caring person."



Joshua Prokupek

Nominated by the Omaha Chapter and his mother, Connie Prokupek, Omaha Chapter President. Joshua is planning to attend Central College in Pella, IA, to study Business Administration and Management. He has lettered in varsity soccer for 4 years and varsity tennis for 3 years. He writes "I truly enjoy the stress that comes with management. I love devising lists and assigning jobs." He was part of the Leadership Academy at his high school, member of the Forensics team all four years, High Ability Learners Program and Honor Roll all four years. His AP World History Teacher says "Josh is the type of student that teachers love to teach."





Jace Prokupek

Nominated by the Omaha Chapter and his mother, Connie Prokupek, Omaha Chapter President. This is Jace's 3rd NARBW scholarship. He attends Regis University and is studying Business Marketing and Communication, with a minor in Politics. He is in the honor's program and is nominated for Vice President of the Student Body at Regis University. He has been accepted into Regis University's Leadership Program and works as a peer mentor to students considering studying abroad, as Jace did in Scotland last year. He is hoping to volunteer in Peru with his school over the summer, between undergrad and graduate school. He spearheaded a successful fundraiser for cancer research that generated over \$11,000, and organized a community clean-up day.



Leah Beth Wright

Nominated by Jacksonville Chapter and her grandmother Anna Mae Wright. Leah won a scholarship last year from NARBW. She is attending Florida State University and studying Biology with a minor in business. She is a City of Fernandina Beach lifequard, Ambassador Girl Scout and

volunteer at Smile Camp, a camp for children with disabilities. Her reference letter states "Leah embodies the values of achievement, leadership and above all community service". She earned her Girl Scout Gold Award by creating a Geocaching Program for the Fernandina Beach Greenway, collecting over 180 volunteer hours alone for this one project.



Logan Stemmer - Nominated by the Louisville Chapter and his Grandmother, Past National President Doris Stemmer. Logan is attending Northern Kentucky University and studying Nursing. He is a little league baseball umpire and volunteer at the Campbell County Animal Shelter. He works at Longhorn in order to make ends meet in college. His manager wrote "I know Logan will be successful in the field of nursing due to his caring nature, intelligent demeanor and his ability to be cheerful in the worst of situations and his ability to bring out the best in others."



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2014 NATIONAL SCHOLARSHIP WINNERS (Cont'd.)



Jeneal Hunt

Nominated by the Indianapolis Charter Chapter and her cousin, Connie Hunt. This will be Jeneal's 3rd NARBW scholarship. She is attending Valparaiso University and studying Chemistry with a biology minor. She is a member of the Gamma Phi Beta sorority and is scholarship chair, Alpha Lambda Delta secretary (Honors Society) and works as an Ambassador in Admissions. She will be studying abroad this fall semester in Costa Rica doing an internship in clinical healthcare. She says "Eventually someday, I would like to work in medical missions or as a primary care physician". She helped organize a dance marathon that raised \$24,000 for the Children's Hospital in Chicago. In March, she traveled by train to Washington D.C. to serve the homeless and perform other community service projects through the Youth Service Opportunities Project.

CHAPTER NEWS

ALBANY CHAPTER

Bonnie Crowley, Marianna Maffeo and Susan Russo attended the Houston Convention and then traveled to San Antonio for some added pleasure. The Chapter continues to meet at member days before her homes where the hostess prepares the meal and members pay \$10 each to the Chapter treasury, their main fundraiser. They also continue to place a locomotive bank in the center of the table for members' loose change. They sometimes brown bag it to these meetings or bring a covered dish for pot luck. They do not meet in July or August. An Amtrak train trip from Albany to Montreal, along Lake Champlain, is planned for September, with two nights aboard the Queen Elizabeth included. (Wow, sounds wonderful!) All members of Albany Chapter are retired...but She most definitely will be missed. busy. At their October meeting, they will hold an auction of items brought by members and put up for bid, another fun fundraising event. Their November meeting will include a bake sale where members will bring their baked goods at work on the 2016 Convention. for purchase by other members, yet another fundraising event. Members bring canned goods to each meeting, all of which are then donated to a local food pantry for families in in charge of this project. Plans are underway for their annual Christmas party which will be held at Salty's in Clifton

Park, NY. Congratulations are in order for the Chapter as it will be celebrating its 60th Anniversary in March 2015. Members are sad to report that Merilyn House passed away on May 30, two

90th birthday. Merilyn was long-time, dedicated member and Past President of Albany Chapter. She was also Past District Director of both District 1 and District 2. This photo was taken of Merilyn when she attended Convention in Minneapolis.



HOUSTON CHAPTER

The Chapter hopes everyone enjoyed the Convention and added that members who worked on its preparation had a blast.



Houston Chapter Ladies at Fun Night

ATLANTA CHAPTER

The Chapter will not meet this summer, but has plans for a social event of bowling on July 12. They are also hard

CHICAGO CHAPTER

President Marie Gallagher reports that members recently met, but with poor attendance. She says they are not givneed. Welfare Chairman Diana Ham is ing up though. Member growth is hoped for the future of this Chapter.

The Chapter sends out a big THANK YOU to Tamela for all of her hard work toward making it such a success.



Hospitaltiy Room-Meeting with Friends from Other Chapters

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CHAPTER NEWS (Cont'd.)

HOUSTON CHAPTER (Cont'd.)



Members met in April with a brunch at the White Flamingo, hosted by Deborah Regan. Soda can pull tabs were with delivery by Debbye Converse. Debbye and Ginger Stanbery also took "Convention Cookies" that Debbye made to the PTRA to thank employees for collecting tabs. Membership brochures were also set out with the cook-Kubicek for her birthday, was a basket of Doubletree Hotel Chocolate Chip Cookies made by Ginger. Some members, including Mama Grace Nowlin, McClendon reminds us that Conven- problems. We certainly hope she is pleasure. He lived to be over 100 tion photos can be accessed at doing better now. Associate member

with gammie48@yahoo.com and use Chapter) is recovering from jaw surthe password NARBW. Once in, click gery. Mary Jane Spencer is recovering on "My Pictures" then under "My Al- from shoulder surgery. Don Chandler bums (10)", go to "NARBW 2014 Hou- was unable to attend his wife Cynthia's ston Convention." The Chapter's May last Convention as National President meeting was at the home of Linda Ko- this year due to a blood clot in his leg. vac, who prepared a wonderful lunch Carolyn Cook's mother, Helen (89) is and held a presentation on essential in physical therapy following a heart oils and their benefits. Chapter mem- attack. We are sorry to report that bers will be volunteering at the M.D. Members Linda Kovac and Gracie Anderson Children's Art Project every Dowdy lost their Uncle Grady Capps Wednesday for six months. The Chap- on April 28. On another sad note, ter is presently selling organically members report that their friend and grown Vidalia Onions, proceeds to long-time member, Ida Carmouche, benefit Ronald McDonald House. lost her Mother, Jessie Mae Franklin, Members are asked to set a box/bag on May 19. Several members attended aside at home to collect items for the the funeral and prepared dessert for House's "Wish List". The Chapter re- the lunch that followed. Our most cently met for lunch and a tour of Saint heartfelt sympathy is extended to all Arnold's Brewery in Houston, the old- who have lost loved ones. est craft brewery in the City. Members plan to attend the "Vickie Lawrence & Mama: A Two Woman Show" on August 10 at the Grand Opera House in The Chapter celebrated "Women in

www.Shutterfly.com. You must sign in Gerry Rodgers (formerly of the Tucson

INDIANAPOLIS CHARTER CHAPTER

Galveston with lunch prior at Little Transportation Day" with a proclama-Daddy's Gumbo Bar. Their June 21 tion from Governor Pence. This was a installation meeting was hosted by Vir- joint meeting with members from the ginia Rodriguez at the White Flamingo. Circle City Chapter. At their June Virginia was installed as 1st VP, and a meeting, members were recognized warm welcome was given to new and honored for the Chapter's accommember Martha Haun, who was the plishments throughout the past year. Parliamentarian at the Houston Con- Each member brought in their pop tabs vention and who joined at that time. for the "Tab Drop Off on the Circle" Martha is a Parliamentarian Educator sponsored by Ronald McDonald at the University of Houston and is the House of Indiana. A bus trip to a casidaughter and granddaugher of rail- no is being planned for their annual donated to Ronald McDonald House roaders. She had the first of a two-part August fundraiser. Josh Borders, son surgery on June 26 and is doing well. of Roger and Beth Borders and grand-Congratulations to Tamela and Kevin son of Ruth Moore graduated summa Kubicek on the birth of their first grand- cum laude on May 11 from IU School child, a baby girl named Charlotte, of Education with a B.S. in Education, born April 19. Parents Brandon and specializing in Special Education. The Amber and the baby are all doing fine. Chapter is sad to report the loss of a ies. Also delivered that day, to Tamela Also, congratulations to Deborah and very dear member. LaVerne Mercurio, Ray Regan who became grandparents who passed away in FL recently. While for the third time with the birth of a ba- living in Indiana, LaVerne was an acby girl named Autumn Lea Mullican on tive member and attended meetings May 8. Parents David and Michele faithfully. Following the death of her met with Tamela, Convention Chair- welcomed Autumn home to big sisters husband, LaVerne cared for her blind man, back in May to help stuff conven- Hailey and Madison. In a report dated father-in-law for several years, bringing tion bags and add name tags to I.D. June 3, Mama Grace Nowlin's daugh- him with her to Chapter meetings. badge holders. Afterwards, they met at ter Lynette had to return from her hon- Without much coaxing, Mr. Mercurio Ninfa's Mexican Food Restaurant for a eymoon to Houston where she was would always sing "Back Home Again late lunch and Margaritas. Lou Ann hospitalized with lung and breathing in Indiana" for the members listening

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CHAPTER NEWS (Cont'd.

INDIANAPOLIS CHARTER CHAPTER (Cont'd.)

before passing. LaVerne was a very caring person and will be missed.

JACKSONVILLE CHAPTER

Scholarship Chair Angel Shiver is happy to announce that, out of the 10 scholarships that National offered this year, Jacksonville Chapter was awarded 5. These young people are featured earlier in this newsletter. The Chapter is still seeking a chair for its Ways and Means. If not interested in heading up this committee, perhaps you'd be interested in serving on one. If so, let that chair know. Debbie Charpiat is handling the RADA cutlery, with a new catalog coming out in August. Laura Gutteridge and Sandy Hall are cochairs for the nut sales. The Chapter received \$79.24 from the sale of Pampered Chef items to members. Lisa Pleasants and other members participated in the Vision Walk on April 26 at the University of North Florida. A survev will be sent out to Chapter members on ideas brought out at their April brainstorming meeting. Congratula-

tions to Laura Gutteridge on her election to National 1st VP. (Shown here on left with Chapter Elaine President Mosley.

Hats off to Member Lora Dorman who won the Kindle Fire raffle at Convention. (Shown here as she receives the Kindle from President Mosley.)

Debbie Charpiat advises that the Lands

End shirts for sale are available in plus sizes for an additional \$5. She also informs members that, in addition to cutlery, RADA sells cookbooks, candles and quick mixes for dip. Order at http://www.helpourfundraiser.com with internet order number 504453 and password 1593. Membership Chair Laura Gutteridge advises that their fun

event was on June 6 at the Alhambra Gutteridge was able to confirm the for the play "Social Security."



A great time was had by all and some to report that Virginia even got to meet Barbara Eden Wolfe passed away (attractive as ever) after the show on May 15. She (Below 2nd from left).



Their June 26 meeting was at CSX HQ with dinner provided by A1 Catering. The Chapter is planning a Meet and Greet recruiting event for August. While working on a membership flyer, Welfare Chairman Mary Warner reports that a very successful Clothes Closet was held at PACE Center for

Girls on May 21 and 22, with 19 graduating on May 23. Mary (on right) and Lillian Braden were spotlighted in the Jax newsletter for their work with PACE. and Lillian Mary



both explained that their devotion to the Closet centered on the PACE girls having the same experiences their own daughter, granddaughter and great granddaughter had. Lora Dorman and Debbie Charpiat advise that the MS Society 150 Ride will be held on September 20 and 21. Christmas brunch will be held at Hidden Hills Country Club on December 13. Laura

colors to use in RGB coloring to get NARBW blue and yellow. As info, they

Blue: Red..... 0 Green..... 51 Blue.....127

Yellow: Red.....255 Green.....216 Blue.....127

The Chapter is sad worked for many years at CSX as a Secretary and, in her 30+ year career with NARBW, held nu-



merous positions, including Chapter President. Virginia and husband Roland were often at NARBW Conventions until their health prevented travel. The Chapter has lost a very devoted member. At their Chapter meeting, Sandy Hall moved to add individual contributions to money already budgeted for the National Scholarship Fund to honor Virginia Wolfe at Convention. Mary Warner seconded, and the motion carried unanimously. Sandy won the 50/50 raffle at their May meeting and donated her amount to the Virginia Wolfe Scholarship Fund.

KANSAS CITY CHAPTER

The Chapter supports Sheffield Place, which serves homeless mothers with children ages 0-12 or women who are in their third trimester of pregnancy. The ladies must also have a reunifica-

tion plan and be free from alcohol and drugs. This photo shows some of the items the Chapter has donated



this quarter. Their April meeting was held on the 26th from 12-4 p.m. at the Avignon Clubhouse in conjunction with a scheduled bingo party. Members THE CAPSULE Page 11

CHAPTER NEWS (Cont'd.)

KANSAS CITY CHAPTER

(Cont'd.)

enjoyed a dinner outing and meeting at the Bucca de Beppo in Kansas City Plaza. Their June meeting involved a hearty breakfast to discuss upcoming volunteer events and a membership ing with little girls drive. Afterwards, officer installation (future Narbies?), was held and pictures taken.



Enjoying breakfast (munching away) are L-R: Isabel Melder, Gloria Marshall and Chrystal Tonkin

LOUISVILLE CHAPTER

31.

OMAHA CHAPTER

The Chapter's April meeting was held at the Market Basket in the Country Side Village Shopping Center. On April 10, members had a table on the bridge at UP Center to recruit new

members and collect purses for donation. The purse drive netted about 65 purses that were filled and donated to Phoenix House, along with the Chapter's check for \$1,520. Pictured is Chapter President Prokupek, assisting with delivery.



On April 19, Members held an Easter meeting. The Chapter sponsored a

Center. Pictured is National President Cynthia Chandler (red shirt) speakand the next photo shows some of the children who participated in a sack race. How cute!

National President Chandler

presented Jay Nelsen with a gift from the Chapter for being selected as its Woman of the Year. Congratulations L-R-Past Chapter Presidents Kay Leslie, Cynto Member Candace Starks who has thia Chandler and JoAnn Flood accepted a management trainee position with UP in Louisiana and to Members Rebecca Meyer and Casey Zah-The Chapter's May and June meetings ner who have been promoted to Manwere each held at Bucks Restaurant. agers of Data Integrity in the National Members are requested to donate \$25 Customer Service Center. Members to the Welfare Fund, as the Christmas met on May 1 for a dinner meeting at in July Auction will now be their only Le Bouillon in the heart of the Old Marannual fundraiser. The Chapter sends ket. Welcome is extended to new congratulations to Doris Stemmer's members Constance Alvis, Isabel Elgrandson who was awarded a Nation- quezabal, Libbie Hasselquist, Kerry al Scholarship at Convention. This Horsley, Marla Horsley, Rebecca Meyyoung man is featured earlier in the er, Susan Hess and Anne Menichetti. L-R-Past Chapter Presidents Amy Schapp, newsletter. Our deepest sympathy is On June 4, members met at Corky extended to Mary Virginia McBride Canvas to paint a picture while conwho lost her husband Tom on March suming a beverage of their choice. Pictured below are members ready to begin painting and then, below that,



Sofio Cynthia Chandler are hard at work (really concentrating).

Members were asked to bring their dy again and made a tidy little profit to box tops and Campbell's soup labels line their coffers. They also had a

Egg Hunt with games for the Stephens dinner for their past Pesidents on June 5 at Brother Sebastians in Omaha. Absent from the following photos is Dianne Koppleman who was unable to attend.





Colleen Brabec, Connie Prokupek and Marge Carson

Members are asked to "save the date" Sunday, July 20, for a family picnic and melodrama play at Mahoney State Park. On Friday, August 15, the Chapter will sponsor its biggest moneymaker of the year-a golf tournament at Shoreline Golf Course. Kay Leslie is asking members to donate items for door prizes, especially golf-related. President Connie Propkupek is looking for members interested in joining a committee or willing to head up the Public Affairs Committee, as their current Chair is moving to Arkansas.

PHILADELPHIA CHPTER

At Easter, members sold Bergin's canthey'd been collecting to the June Fuller Brush book party, and their

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CHAPTER NEWS (Cont'd

PHILADELPHIA CHPTER

(Cont'd.)

generous representative gave them a percentage of sales plus 2 items to raffle off and keep the proceeds. In May, members volunteered at the Ronald McDonald House plane pull again, which was held at Philly International Airport. This is always a fun event with more participation from members each year. President Joan Waite was the only member to represponsored by Ronald McDonald 16, those who did attend were: House. Members will be returning to Long Beach Island in New Jersey this September to once again gather under one roof for a weekend of camaraderie and fellowship. They value these times together and hate they missed having it last year. Harry Rodan, Monica's husband, is doing better, but prayers are asked for him, along with Renee Noble's husband as he is still experiencing some issues.

PITTSBURGH CHAPTER

Their June meeting was held at the Meadows Casino in Pittsburgh, with a buffet lunch in its Carvery Restaurant. Narbies two teams' had total donawho worked for a railroad but is not a

York also came, and members ject was the League of Older Amerithought "he was delightful." Their July cans luncheon "Let's Do Lunch" to meeting will be at a restaurant owned benefit "Meals on Wheels". Each ticket by Audrey's niece in Delmont, PA, purchased would provide 3 days of which is about 100 miles from Chapter Meals on Wheels for a homebound President Betty Halligan's home, so senior. The Chapter is very proud that Betty and hubby will most likely not be 17 members participated in this proable to attend.

ROANOKE CHAPTER

President Kathy Barbour reminded sent her Chapter at Convention in members to bring "slightly used" piec-May. She was alone most of the time es of "bling," i.e., jewelry, scarves, while selling in the Market Place be- hats, etc. for a gift exchange at the cause other members kept leading her April 5 meeting, adding that "One husband off to help them with "nose to woman's trash is another woman's toes" 50/50 raffles. Walt is 6'2" which treasure!" The meeting was held at gives them a lot more tickets and a Gilians Galley in Rocky Mount, which better chance to win! Members were President Barbour reminded everydisappointed that their proposed revi- one, has a Rose's store (not too many sion to the Bylaws did not pass. The left). Their April board meeting was old saying "3 times, the charm", just held at Ronald McDonald House didn't work. It came closer to passing where members held a dessert showthis time and the Chapter hopes that er of home-baked and bought goodies maybe sometime in the future it will for families staying there. A Chapter pass. The Chapter's June meeting donation of \$50 was also given to the was held at President Waite's new R.M. House. Joyce Higgs, Ways & house in Delaware. Members will be Means Chairman, reported a profit of cooking and serving breakfast to the \$3,000± on members' sale of nuts last families staying at the Ronald McDon- fall. Although members attending Conald House in July and again in August. vention were not able to participate in Also in July, a group of the ladies will the Roanoke Relay for Life Cancer be attending a Phillies' game, again Walk which began the evening of May



L.-R.—Jerry Linkous, Craig Huffman, Amy Sheetz, Kristi Blair, Sherry Chambers, David & Carol Meador and Alicia Russcitto

One of their members, Audrey Santel, tions of \$\$4,000.25 and Narbie Team who doesn't get to participate often, No. 1 placed 22nd out of 81 teams for also attended the meeting. In addition, contributions. Congratulations! The Audrey brought her sister, Margie, Chapter's May meeting was at Lo-

Narbie. Audrey's brother from New gan's Roadhouse. June's Welfare project. Another June Project was to purchase school supplies for the Baptist Community Center. Joanne Perry, the Co-Chair for this project, delivered a trunk load of school supplies and a check covering Chapter and member donations totaling \$250.00. The President's Summer Outing this year will be travel by motorcoach to Wytheville, VA, to attend the Wohlfahrt Haus Dinner theatre on August 16 for the matinee production of "Then Sings My Soul." The Chapter has been highlighting different committees and their members in each issue of their newsletter and has also posted a "help wanted" ad in June's for a Telephone Committee Caller.

Meet Eliza Wray Smith, baby girl born to member Brandi Smith and hubby Willy on May 5. Eliza may be NARBW's next youngest member, as her older sister, Vicki has held that position since birth.



National Secretary Sylvia Long, after 39 years with the railroad, retired April 1 from the NS Sourcing Department. A retirement party was held for her with co-workers, family and friends. Pictured below are Supervisors Ben Chapman and Tracie Baetz presenting Sylvia with a retirement gift.



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CHAPTER NEWS (Cont'd.)

ROANOKE CHAPTER (Cont'd.)

ses Lilly.

SAGINAW-GREAT LAKES **CHAPTER**

Saginaw-Great Lakes ladies are enjoying the summer with vacations, time with families and a break from the "interesting weather" they have had this year. Their next event is the "Railfans Weekend at Crossroads Village and Hucklebrry Railroad on Augut 2 and 3 at Flint. There will be a photo run, shop tour and lots of train groups gathered. There are color sheets to pass out for the children. Crayons will also be furnished to children riding Amtrak, with Operation Lifesaver color books for Port Huron, Flint and Ann Arbor Stations. Member Fran Minnich-Dye was hospitalized recently, but is home now; and it is hoped her health will continue to improve.

TWIN CITIES CHAPTER

Frances Lowe suffered a break in a Chapter President Loreli Miller advises bone in her right arm as the result of a that Minnesota had a very bad winter, fall and is receiving therapy. Elaine but members were able to meet in Parks is on medication for diverticuli- March, where goals were set and St. tis. Joyce Mills had surgery for a torn Patrick's Day was celebrated. Officers retina in her right eve and her hus- were elected by "white ballot" this band, Harold, had cataract surgery, year, as Loreli Miller will continue as Shirley Fletcher had both cataract and President. Carole Dahlquist will contintoe surgery, but was able to make the ue as Treasurer, and Donna Clark June meeting. Condolences to Sandy stepped up to take the position of Williams whose ex-husband, Joe, Vice President when no one else passed away on April 6. Although di- would run. Mary Ann Ronkainen and vorced, they were good friends and Norma Perna made plans for the The Chapter celebrated its 38th annienjoyed their time spent together and Chapter's installation lunch and a sowith their daughter and her family. Sin- cial event. Donna Clark is also plantional Train Day on May 10. Sue Clan- Downs. cy had hip replacement surgery and is

on the road to recovery. Rose Loesch, a retiree from the BNSF, passed away in Wichita, KS, and Charlie Wilder, retired BNRR Director of Accounting, also passed away. Jean Charpentier's new address is: Sterling House, 305 W. Thompson, Apt. 14, West Paul, MN 55118. Her phone number is 651.592.0903. Jean is no longer driving, but hopes you'll call or visit, if in the area.

TWIN PORTS CHAPTER

versary in May at the "Riverside" at Spirit Mountain in Duluth, MN, hosted cere sympathy to Pat Mengerink on ning a late summer or fall day trip to by Claire Downs and Marie Jordahl, the recent passing of her father, Ulys- the Northwest Fur Trading Post and who also furnished a delicious cake for has mentioned the possibility of a visit dessert. Money and items donated by to the Hinckley Fire Museum as an members for Harbor House, a womouting. The Chapter sent two dele- en's shelter in Superior, were delivgates to Convention-Patty Helling ered by Pat Piggott. The Chapter is in and Joyce Gutz. Members are asked the process of purchasing a plaque to "step up to the plate" and help with with its name on it from the Proctor committees. The most pressing need historical Society. Claire Downs will is with chairing the Ways and Means bring a sample to the next meeting. Committee. Their Christmas Party will The Chapter had no new candidates be held at the Lake Elmo Inn, hosted for office, so current officers agreed to by Karen Brennan, Melissa Molitor remain in their positions for another and Carole Dahlquist. Members are year. Pat Piggott agreed to take over reminded to bring paperback books, the sale of See's Candy with Aine pop can tabs, box top labels and toilet- Merrill's help in training. Chapter Presries to all meetings, as these are then ident Pat Cohen, who is on the Emerisent to our servicemen and women tus Council, attended Convention in overseas. Twin Cities once again be- Houston and prepared a synopsis of came part of the Amtrak system in same for members. Barb Johnson and early 2014 with Union Depot its sta- Sue Peer hosted the June meeting at tion. Members were encouraged to Black Woods Bar and Grill in Proctor, begin planning the one-of-a-kind jour- MN, where a drawing for free memberney that only rail travel provides. Activ- ship was held for members who had ities were planned at the depot for Na- paid their dues. The winner was Claire

A QUOTE FROM ERMA BOMBECK REGARDING THE 4TH OF July

"You have to love a nation that celebrates its independence every July 4, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die from happiness. You may think you have overeaten, but it is patriotism."



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2014 CONVENTION RESUME

RESUME OF THE NATIONAL CONVENTION May 16-17, 2014

The 70th NARBW Convention was opened on Friday, May 16th at the Doubletree by Hilton in Downtown Houston, Texas by President, Cynthia Chandler. Welcomes were received by City of Houston Honorable Mayor, Annise Parker; Doubletree manager, Angie Santamaria; and Ginger Stanbery, Houston President.

Theresa Harper presented the ten outstanding Chapter Women of the Year.

Diane Huntington introduced the Chapter and Past National Presidents at the Presidents' Brunch. Theresa Harper announced Jay Nelsen of the Omaha chapter as the National Woman of the Year. Ida Carmouche announced the fifteen chapters who donated \$300 or 300 hours to welfare/charity projects and the twenty-one Good Samaritans who volunteered 300 or more hours towards welfare projects in their communities.

The business meeting began with a quorum of 53 and was represented by 14 of our 19 chapters and one member-at-large. President Chandler announced that the Richmond Chapter turned in their charter and welcomed our newest chapter. Cincinnati was installed on January 31, 2014 with nineteen charter members.

The budget for 2014-2015 was approved with one amendment. Joyce Peak presented one revision, wanting to change the convention date, which was defeated.

Saturday, May 17th began with a beautiful tribute to our deceased members at the Memorial Service conducted by Amy Schapp. At the Membership Luncheon, many positive thoughts and ideas were shared to help NARBW's future growth.

The newly elected officers for 2014-2016 were installed by Past National President, Grace Nowlin and are:

National President Theresa Harper, Houston
National First Vice President Laura Gutteridge. Jacksonville

National Treasurer Julie Lane, Omaha

Kelly McCann, Chief Program Officer for the Alzheimer Association of Houston gave a very informative and interesting presentation on this disease.

The 2015 convention will be held in Savannah, Georgia and hosted by the Atlanta Chapter.

During the annual Banquet, Colleen Brabec announced the ten Scholarship winners.

Submitted by:

Diane Huntington, National Second Vice President

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NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN
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