

CAPSULE

Volume 6, Issue 4

January/February/March 2005

MESSAGE FROM THE NATIONAL PRESIDENT



Dear NARBW Members:

I hope this message finds you all well and digging out of the wintry weather that has held a great deal of our country in it's cold grasp for many months. I will not even try to tell you that I understand the hardship that this presents to those of you who live in the areas of the country subject to the bitter cold because it would be a fib. Living in Florida has definite advantages to it, so much that members of our organization travel here to enjoy the lovely weather during the winter months.

The National Board held our Winter Board meeting in Louisville at the Galt House Hotel, which is the site of our upcoming 61st National Convention. The Hotel was beautiful and the staff seems ready for our arrival.

Ruth and her committee have been working very hard to prepare for not only our business meetings but they have also prepared a very exciting pre-convention tour of Churchill Downs that includes a fabulous lunch and a chance to place a small wager or two.

Chapter Presidents should have received the proposed General and Residence Budgets and the proposed Revision changes for discussion with their chapter members before the convention. I urge each of you to review all of this information with your chapter members to enable your delegates to vote respectively for or against these issues during our 61st Convention in Louisville. It is also very important that we get our reports to the respective National Chairman in a timely manner, as this will enable us to have the information contained in these reports current for the convention body.

I am excited and nervous about the upcoming convention however, I am so looking forward to seeing friends and making new ones that it overshadows any apprehension that I feel about having to stand at the podium for the first time as your President.

Thanks to the Chapters for sending the Chapter newsletters to me, it keeps me informed and I really enjoy them. I hope to see all of you in Louisville in May...don't forget to bring your "*Derby Hat*"!

Sincerely,

Sandy
Sandy Hall
National President



NEWS & VIEWS

Members at Large:

Jay Nelsen advised we have a new Member at Large, Nancy S. Roberts. Nancy is a Specialist in Passenger Operations with CSX in Jacksonville, FL. and Jennifer May is President of Railroad Signal Design in Topeka, KS. Welcome Nancy and Jennifer!

Twin Ports Chapter:

Get well wishes to Ruth Hansen and Shirlee Carlson, who are both recovering from recent health problems.

Twin Cities Chapter:

Welcome C. Dawn Peltzer to the Twin Cities Chapter. Sympathy is extended to Gloria Gomez and family on the recent death of her father.

Tucson Chapter:

Welcome Julia "Irene" Mathy to the Tucson Chapter. Irene was a member of the Columbus Chapter and worked many years for the Union Depot in Columbus, retiring from Conrail.

Saginaw Chapter:

District I conference is scheduled to be held September 23 – 25, 2005 at the Doubletree Inn in Bay City, MI. The "Detroit members" are anxious to be a part of this team!

Sacramento Chapter:

Clara Myers is happy to announce previous member Pat Berry Schrage has rejoined the Sacramento Chapter – welcome Pat! Wishing Jean Cannon the best of health while she is recuperating from hip surgery.

Philadelphia Chapter:

Philly welcomes two new members: Rosemary Wise from Southampton, PA, and Leah Schanely of Freehold, NJ. Welcome ladies!

Louisville Chapter:

By the time you receive this Capsule, you should have already made your plans for the upcoming Convention in Louisville. The Louisville Chapter is hard at work to make this a successful convention. Please contact Ruth Ann Spears if you have any questions or concerns.

Jacksonville Chapter:

Is Jacksonville hosting the District III fall conference in October 2005? Let us hear from you!

Indianapolis Charter Chapter:

Leigh Darbee, Executive Assistant at the Indiana Railroad in Indianapolis recently joined the Indy Charter Chapter. Welcome, Leigh! Get well wishes to Dora Brown, Pat McGovern, Bea Nicoson and please keep Margaret Wright in your prayers.

NEWS & VIEWS, continued...

Cincinnati Chapter:

More new members for Cincinnati! Welcome to Joyce Trestel, Susan Ganance and Karen Ranger and Elaine Coleman. Joyce is a sister to Joan Trestel; Susan is employed by Norfolk Southern; Karen is with C&TS Railroad in Chama, NM and Elaine comes from a long list of railroaders, dating back to her great-grandfather, and the list also includes her parents and two brothers! We are happy to have you ladies join us. On their get-well list: Dorothy Groshan, Joyce Trestel, Margaret Harrison and Mary Doyle.

Baltimore Chapter:

Get Well Wishes to Betty Martin who is recuperating at home.

Atlanta Chapter:

Atlanta's newest member is Robin Ketchersid of Duluth, GA. Robin is employed by CSX and became a member in December 2004. Welcome, Robin!

Albany Chapter:

Sympathy is extended to Helen Rose on the recent passing of her mother.

Remember our Members *Obituaries*

TWIN CITIES:

Sympathy is extended to the family of Maryzita Kittridge. Maryzita worked for the former Chicago & Northwestern Railroad in Minneapolis. She was membership chairman and chaired several local social events. She was a member of the Twin Cities Chapter for over 50 years.

ROANOKE:

Our sympathy to the Roanoke Chapter and the family of Maryanne Conlan. Maryanne was a former treasurer in the Roanoke Chapter and moved to Maryland to be closer to her family when she became ill.

RICHMOND:

Frances King Yorgey passed away on January 21, 2005. Frances retired from the Chesapeake and Ohio Railway after forty years of service and will be missed by her friends and family.

COLUMBUS:

Pauline Hatfield passed away January 9, 2005. Pauline was a longtime member of NARBW and President of her Chapter prior to her illness.

CINCINNATI:

Alice Taylor, employee of REA, passed away February 22, 2005. Alice was a long time member of the Cincinnati Chapter and lived in Fort Thomas, KY. Our sympathy is extended to her two daughters and their families.

ATLANTA

Louise Weese passed away in January. No further information provided.

2005 CONVENTION SCHEDULE

NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN 61st ANNUAL CONVENTION

The Galt House Hotel, Louisville, Kentucky
May 10-14, 2005

Tuesday, May 10, 2005

4:00 p.m. - 7:00 p.m.

Pre-Convention Board Meeting

Wednesday, May 11, 2005

9:00 a.m. - 4:00 p.m.

Pre-Convention Tour

6:00 p.m. - 7:00 p.m.

Registration (Hospitality Suite)

6:00 p.m. - 9:00 p.m.

Hospitality Suite

Thursday, May 12, 2005

8:00 a.m. - 8:30 a.m.

Registration

9:00 a.m. - 10:00 a.m.

Formal Opening

10:30 a.m. - 12:30 p.m.

President's Brunch

1:00 p.m. - 4:00 p.m.

First Business Meeting

6:00 p.m. - 7:00 p.m.

Candidates Reception

7:00 p.m. - 9:00 p.m.

Fun Night

Friday, May 13, 2005

9:00 a.m. - 11:15 a.m.

Second Business Meeting

11:30 a.m. - 12:00 p.m.

Elections

12:30 p.m. - 2:30 p.m.

District Luncheons

3:00 p.m. - 4:00 p.m.

Third Business Meeting

FREE NIGHT

Saturday, May 14, 2005

9:00 a.m. - 10:00 a.m.

Memorial Service

10:15 a.m. - ???

Business Meeting/Installation

2:00 p.m. - 5:00 p.m.

Post-Convention Board Meeting

6:00 p.m. - 7:00 p.m.

Social Hour

7:00 p.m. - 9:30 p.m.

Banquet

NARBW NATIONAL 50/50 RAFFLE

NARBW National 50/50 Drawing

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| <p>National Association of Railway Business Women 50/50 Drawing May 14, 2005</p> <p>Name _____</p> <p>Chapter _____</p> <p>Address _____</p> <p>City _____ State _____ Zip _____</p> <p><i>Donation – One Dollar</i></p> | <p>National Association of Railway Business Women 50/50 Drawing May 14, 2005</p> <p>Name _____</p> <p>Chapter _____</p> <p>Address _____</p> <p>City _____ State _____ Zip _____</p> <p><i>Donation – One Dollar</i></p> |
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The National Board of Directors is continuing the tradition of the National 50/50 Drawing to be held at the National Convention in Louisville, KY, May 11-14, 2005. The proceeds from the drawing will be divided in half, with half of the proceeds donated to the National General Fund and half of the proceeds will be divided amongst the winners, based on the number of tickets sold. Please take time to fill out the raffle tickets above and mail your check (Payable to NARBW) to our Second Vice President, Nancy Beard. Act now to begin building the fund. The more you enter, the more chances to win !!

Please duplicate the tickets and sell to your friends, co-workers, neighbors and family !!!

LEGISLATIVE REPORT

House to Mark Up TEA-LU

The House Transportation & Infrastructure (T&I) Committee will mark up H.R.3, otherwise known as TEA-LU, and reauthorization of TEA-21. This version is similar to the bill introduced in the last session of Congress, however its funding level is \$28 billion more at \$283.9 billion. T&I Committee Chairman Don Young (R-AK) said he would like to vote it out of committee and have it on the House floor before the Congress breaks for Easter recess.

The railroad industry will watch several provisions in H.R.3 keenly, including the Grade Crossing Hazard Elimination Program (Section 130) the pilot program funding Truck-only Toll Lanes, and the Projects of Regional and National Significance provision, which could provide funding for all rail industry's CREAT Project in Chicago, Illinois.

STB to Hold Hearing on Stand Alone Costs (SAC)

The Surface Transportation Board (STB) will hold a public hearing on March 24, 2005 entitled, "Rail Rate Challenges Under the Stand Alone Cost (SAC) Methodology." The hearing will provide a forum for interested parties to express their views on the subject of rail rate challenges using the SAC analysis.

Introduction of The Clear Skies Act

Statement by the Association of American Railroads

The railroad industry strongly supports the Clear Skies Act, which was introduced by Senators Inhofe and Voinovich on January 24, 2005.

The legislation will reduce the nation's emissions of sulfur dioxide, mercury and nitrogen oxide some 70% by 2018, building on the dramatic progress that has already been made in cleaning up the nation's air.

Reduction of this magnitude will certainly be costly and difficult to achieve. However, existing laws impose unnecessary expenses on industry while at the same time encouraging time-consuming and costly litigation. Clear Skies Act will change that by streamlining the existing process and reducing the layers of overlap and uncertainty that currently exist.

The Clear Skies Act will also help preserve the place of coal in our nation's energy picture. Coal is the nation's most abundant and affordable domestic source of energy.

Much progress has already been made in improving the nation's air. With enactment of the Clear Skies Act that progress will continue in an economic and environmentally sound manner.

From Your Editor...

Some of you may be aware that I recently retired from the Canadian Pacific Railway, (Delaware and Hudson Railway) after 41 years! I will be spending most of my time in Florida at the address below, and also have a new e-mail address and phone number. Please note the following changes:

Lynne Sisto
17089 SE 76th Creekside Circle
The Villages, FL 32162
Phone: 352-205-8762
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I am looking forward to hearing from you...let's keep our membership informed together!

WINTER BOARD MEETING RESUME

Louisville, KY
February 12-13, 2005

The Winter Board Meeting was held at the Galt House Hotel in Louisville, KY, February 12-13, 2005. President Sandy Hall called the meeting to order Saturday, February 12 at 8:00 AM. Jay Nelsen, National Third Vice President gave the invocation. Joyce Higgs, Secretary, called the roll. Kathy McCann, District III Director, was unable to attend however a quorum was present.

Treasurer Joan Waite presented reports on The General Fund, Residence Fund, Scholarship Fund and Welfare Fund as of June 1, 2004 through January 31, 2005. President Hall presented her report then asked for National Officers and Committee Chairmen to proceed with their reports. President Hall reported that the contract has been signed for the 2006 National Convention at the Hilton in Indianapolis, IN on May 10-14, 2006.

National Second Vice President Nancy Beard presented the proposed budgets for the General Fund and Residence Fund which will be forwarded to each chapter.

National Scholarship Chairman Jay Nelsen reported that there would be an additional \$1,500 scholarship awarded this year in memory of Kirk Stromberg.

The proposed revisions were discussed and what preparation was necessary by the Board if the proposed revision to eliminate District II passed. The board discussed the need for a revision to Article IV, Sec. 2, changing the deadline for submitting nominations for national office from January 10 to February 1. This will be presented to the convention body. Nominations have been received for each office scheduled for election.

Convention Chairman Ruth Ann Spears went over all the plans for the upcoming convention in Louisville May 11-14, 2005. Deadlines were emphasized for all convention reports.

The Summer Board Meeting location is to be determined and will be announced to the board at a later date.

The Board Meeting was positive and well conducted and business was handled in a professional manner. The Board Meeting was adjourned at 6:00 PM, Saturday, February 12, 2005.

Nancy Beard
National Second Vice President

NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN

Lynne Sisto
National Publication Chairman
17089 SE 76th Creekside Circle
The Villages, FL 32162



THE PARADOX OF TIME

The paradox of time in history is that we:
Have taller buildings, but shorter tempers
Wider freeways, but narrower viewpoints
We spend more, but have less
We buy more, but enjoy it less

We have bigger houses and smaller families
Bigger churches and smaller congregations
A multitude of prayers, but very little faith
A blessed life, but lack of gratitude
A loving God for our blemished hearts

We have more conveniences, but less time
We have more degrees, but less sense
More knowledge, but less judgment
More experts, but more problems
More medicine, but less wellness

We have multiplied our possessions
But reduced our values
We talk too much, love to seldom, and hate too often
We've learned how to make a living, but not a life
We've added years to life, not life to years

We've been all the way to the moon and back
But we have trouble crossing the street to meet a new neighbor
We've conquered outer space, but not inner space
We've cleaned up the air, but polluted the soul
We've split the atom, but not our prejudice

We have higher incomes, but lower morals
We've become long in quantity, but short on quality

These are the times of tall men and short character
Steep profits, and shallow relationships
More leisure, but less fun
More kinds of food, but less nutrition
These are the days of two incomes, but more divorce
Of fancier houses, but broken homes

It is a time when there is much in the show window
And nothing in the stock room
A time when technology can bring this letter to you
And a time when you can choose to make a difference
Or just hit delete.

(Author Unknown)