

THE CAPSULE

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April, May, June 2016

MESSAGE FROM THE NATIONAL PRESIDENT



Dear NARBW Members:

The 72nd National Convention in St. Louis was another great convention for the books. It began with the pre-convention tour that included a trip to the famous Arch and a visit to the Budweiser Brewery. Always love getting to see the Clydesdales! The convention officially began with the formal opening. We also had a Presidents Brunch recognizing our leaders, a Candidates Reception

and Fun Night in the form of a masquerade ball, a touching memorial service, a Membership Luncheon focusing on growing and cultivating our membership, and concluded with a formal banquet that included the announcement of our scholarship winners. This convention was proof positive that even one of our smaller chapters can have a successful convention. Please consider having your chapter host a convention. We would love to visit you!

The National Board will be gathering for our Summer Board Meeting in Kansas City, Missouri to plan for and to review the goals and accomplishments of our association. In conjunction with the Board Meeting, we plan on spending time getting to know some of our Kansas City members better. Please be on the lookout for the Plans of Work in early August and I trust that each of our chapters will be planning for a great year with a focus on our goals: welfare, scholarship, and membership. Listed below are the 2016/2017 Board and Committee Chairs.

Diane Huntington – 1st VP
Sylvia Long – 2nd VP
Melanie McKim – 3rd VP
Julie Lane – Treasurer
Kay Leslie – Secretary
Suzi Hamby – Convention
Theresa Harper – Nominations
Rhonda Gomez – Publication

Joan Waite – Scholarship
Monica Rodan – Revisions/Jewelry
Ida Carmouche – Welfare
Sandy Hall – Emeritus Council

What makes NARBW great are the outstanding women that we count among our members. We are blessed to have this organization as part of our lives that has enabled us to build this network. Eligible women who are not members simply do not know what they are missing! It is up to us to share it with them and build our membership! Keep sharing and they will come!

I am so humbly honored and excited to be able to serve you as your National President. Since I became a member, it has been my goal and it is a little surreal to have finally realized it. Thank you for your support and I am eagerly looking forward to a successful term.

Sincerely,

A handwritten signature in black ink that reads "Laura Gutteridge Años".

Laura Gutteridge Años
National President

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NATIONAL BOARD NEWS



RESUME OF THE NATIONAL CONVENTION May 13-14, 2016

The 72nd NARBW Convention was opened on Friday, May 13, 2016, at the Sheraton Westport Plaza, St. Louis, MO by President Theresa Harper. Welcomes were received from Nancy Masterson of the Sheraton Westport Plaza and Melba Cookston, President of the Metro St. Louis Chapter.

First Vice President Laura Gutteridge Años presented the ten outstanding Chapter Women of the Year.

Second Vice President Sylvia Long introduced Chapter and Past National Presidents at the Presidents' Brunch. Laura Gutteridge Años announced Virginia Austin of the Roanoke Chapter as the National Woman of the Year. Welfare Chairman Ida Carmouche announced the 13 chapters that donated \$300 or 300 hours to welfare/charity projects and the 23 Good Samaritans who volunteered 300 or more hours towards welfare projects in their communities. She also announced the Jacksonville chapter as winner of the welfare contest.

The business meeting began with a quorum of 56 and was represented by 16 of our 20 chapters. President Harper read a note from Pat Cohen of the Twin Ports Chapter announcing that it was going to turn in its charter at the end of June. Central Florida was installed as a new chapter in July 2016 with 22 charter members. There were five first-time attendees to the Convention.

The budget for 2016-2017 was approved with one amendment. There were no revisions to the By-Laws.

Saturday, May 14, began with a beautiful tribute to our deceased members at the Memorial Service conducted by Membership Chairman Melanie McKim. She led the Membership Luncheon with positive thoughts and ideas to help NARBW's future growth and announced the three chapters with the most new members: Chicago, Cincinnati, Houston, and Jacksonville.

The newly elected officers for 2016-2018 were installed by Past National Presidents Sandy Hall and Ruth Ann Spears. They are:

National President	Laura Gutteridge Años, Jacksonville
National First Vice President	Diane Huntington, Metro St. Louis
National Treasurer	Julie Lane, Omaha

Mike McCarthy, President of the Terminal Railroad Association of St. Louis (TRRA), gave a very informative and interesting presentation regarding the history and operations of the TRRA.

The 2017 convention will be held in Cincinnati, OH and hosted by the Cincinnati Chapter.

During the annual Banquet, Colleen Brabec announced the ten Scholarship winners.

Laura Gutteridge Años
National President

Sylvia Long
National Second Vice President

NATIONAL BOARD NEWS



Mark your calendar now to save the dates for the
National Association of Railway Business Women

73rd National Convention—May 19-20, 2017

At the Hyatt Regency

hosted by The Cincinnati Chapter

A pre-convention tour is being planned to include a trip to
the history and sites via the “Cincy Brew Bus” on Thursday, May 18th

Additional details will be shared soon.

Chapter Women of the Year



Atlanta Chapter – Joyce Peak

Joyce Peak joined NARBW in 2008. She served as Chapter Safety Chair from 2009-2016, a position she created, and currently serves as Membership Chair. She also served as Chapter President from 2010-2012. At the National level, Joyce previously held the positions of National Jewelry and Revisions Chair (2012-2014) and National Convention Chair (2014-15). She has volunteered for many events at her daughter's school as well as supporting the March of Dimes, breast cancer research, the Juvenile Diabetes Research Foundation, Henry County First Steps Program, and Habitat for Humanity. Joyce also supports and participates in all of the Chapter welfare events. She served on the Inaugural Norfolk Southern Atlanta Thoroughbred Volunteer Council for three years, establishing a framework for NS's involvement in the community and developing relationships with organizations in her area, and continues to be a member. She also organized and conducted several volunteer events for NS employees to work with local Atlanta elementary schools. Joyce joined the Women's Networking organization at Norfolk Southern (WiNS) and served several years on their Leadership and Development Council, developing curriculum and conducting various in-service training and networking events for them.



Central Florida Chapter – Nancy Booz-Allen

Nancy Booz-Allen had just returned from medical leave and yet stepped up to be the first Ways and Means chair. She organized 50/50 and gift raffles and a Halloween holiday bake sale, where she not only went above and beyond the requested member donation of one sale item by baking cookies, brownies, muffins, fudge, whole cheesecakes and other cakes to sell by request, but came dressed in costume each day for the sale. The chapter was able to raise \$760.00 from the bake sale alone! Those funds were used for Christmas gifts for the United Methodist Children's home in Deltona, with Nancy also volunteering to do the shopping. In total, the chapter has raised \$1,070 under her leadership and dedication! Many events and welfare collections have also been beautifully enhanced by Nancy's handmade decorations. She is always ready to step up to help the Chapter in any way needed. Nancy has eight years with Amtrak and is the Southern Division Secretary of their Red-Block program as well as a Facilitator in the Safe-2-Safer program. She is an active member of the Safety Committee in Sanford and is a past recipient of the President's Service and Safety Award (PSSA). Nancy is also a past winner of the Red-Block pin design. She is active in her church and is currently involved in the construction of a Youth Center in her community. Nancy is very involved and dedicated to anything she puts her mind to and she is a true asset to the NARBW organization.

Chapter Women of the Year



Houston Chapter – Lou Ann McClendon

Lou Ann began her railroad career with the Houston Belt & Terminal in November 1967 where she held various positions before retiring from the Union Pacific in 2008 as Chief Clerk. She joined NARBW in 1969. Lou Ann was instrumental in motivating NARBW Houston chapter to volunteer with the MD Anderson's Children Art Project. She served twenty years on Calf Scramble Committee, ten years on both Livestock Committee and Lady Go Texan Committee, serving the last five years of that committee as "Miss Moo," which required her to spend twelve hours in a full cow costume. Her service granted her a lifetime membership at the Houston Livestock Show and Rodeo. Lou Ann also participated in the Operation Lifesaver Booth for five years. At the chapter level, she has served as Chapter President twice, Recording Secretary, Vice President, Welfare, Ways and Means, and is currently the Publication Chairman. She was also previously a District Secretary. Lou Ann took it upon herself to be NARBW's national photographer by opening a Shutterfly account to store pictures of NARBW conventions. Speaking to Lou Ann's strength and perseverance, she has endured two open heart surgeries, breast cancer, and a stroke. To this day, Lou Ann stills endures the constant harsh stressors of chemotherapy and neuropathy, which developed as a side effect of the chemotherapy. Lou Ann has two children and eight grandchildren. In addition to all her commendations, talents, and tremendous efforts, she remains a cheery, fun loving extraordinaire that loves to have a good time



Indianapolis Charter Chapter – Connie Hunt

Connie Hunt served as Chapter President for eight years (2007-2015). She has also served as Treasurer for six years and Finance Chair for six years. On the District level, she served as part of the Auditing Committee and, on a National level, as a member of the Minutes Approval Committee. Connie is always the first to volunteer her time for many organizations. Her chapter collects tabs for Ronald McDonald house and she organizes the chapter's luncheon and trip to Indianapolis' collection site each year. Connie also participates in the annual 500 Festival Mini-Marathon to raise funds for Riley Children Hospital, with matching funds from her chapter. Connie volunteers for the Salvation Army "Ring the Bell" each Christmas season and is active in the Red Cross of Hamilton County, devoting her time to transporting patients to and from their appointments. She also maintains the chapter's Facebook page. Connie's service to the railroad industry is through her husband's connection as Division Engineer with over twelve transfers and moves for their family. Connie truly symbolizes the selflessness and charity of NARBW and is always supportive of the railroad industry while encouraging each member of her chapter.

Chapter Women of the Year



Jacksonville Chapter – Mia Rogers

As Chairman of Press, Publicity and Public Affairs, Mia Rogers revised the newsletter, making it more useful and entertaining. She has gotten publicity from the local newspaper and several community newspapers for chapter meetings. Mia initially joined NARBW in 1999, left for a few years, but, when another member reached out to her, she realized how much she missed the organization and the friendships which she describes as "irreplaceable and lifelong". Mia has held many chapter offices including President and First Vice President. Mia has been actively involved in the Chapter's scholarship fundraising efforts. Her newest project is a year round Virtual Yard Sale. Members donate saleable merchandise that Mia posts online, sells, and delivers to buyers. She is hoping the chapter will raise enough money to provide more local chapter scholarships. Mia is also very active in her church and participates in the annual "Night to Shine" prom, sponsored by the Tim Tebow Foundation, for special needs teens and adults. She has been instrumental in securing the help of her church to host bone marrow drives, blood drives and fundraisers to offset expenses for Amanda Paffe, daughter of Chapter President Elaine Mosley, who is suffering from a rare cancer called myelofibrosis. In addition, Mia volunteers at the nursing home where her mother is a resident and runs errands for other residents who have no family in town.



Kansas City Chapter – Rhonda Gomez

Rhonda Gomez comes from a railroad working family: grandfather, cousins, uncles, nephew, all have been employed through BNSF or their predecessors. Her career began in 1980 in Topeka, KS in the Word Processing Center. Rhonda then transferred to Albuquerque and worked in various positions until the office was closed and transferred to Kansas City, KS, where she has worked numerous positions. She has two kids, a daughter and son, and her daughter is an NARBW member as well. Rhonda has been a Brownie Leader and Girl Scout Leader. She has also been involved with the Make-A-Wish Foundation. She has previously served as President and Treasurer of the Santa Fe Women's Club and as Secretary for the KC Diversity Council. She has held the positions of Recording/Corresponding Secretary, Vice President and President with her chapter. She has volunteered with the local Harvester's foundation, Awesome Ambitions, Bridging the Gap, Kauffman Center for Performing Arts, BNSF Kid's Christmas Train, Kaw Valley Center, and Starlight Theatre. Rhonda's hobbies include reading, attending local KC sporting events, cooking classes, drawing, painting, and sewing. She also enjoys spending time with her daughter and son-in-law and son and his girlfriend as well as her 84 year old mother (who can keep up with her walking). They attend the KC Royals games, go sightseeing, and eat out BBQ around Kansas City.

Chapter Women of the Year



Omaha Chapter – Julie Lane

Julie Lane joined NARBW in 2006. Her uncle worked for the RR in Western Nebraska and she has worked for the UP Connection Federal Credit Union (UPCFCU) since 2003. Since she joined, Julie has been an active, involved member. She served the chapter as Finance Chairman, Treasurer and Vice President. Julie has recruited several members to the chapter and helps the chapter with frequent mentions in the UPCFCU newsletter. She currently serves as National Treasurer (elected in 2014) and recently began her second term. Julie has found innovative ways to help her chapter serve the community. When the Chapter was no longer able to put up their Salvation Army Warm the Night Christmas tree up at the UP center, she worked with the UPCFCU to put up the trees in their lobbies. Julie coordinates the Marines' Toys for Tots campaign for the chapter. She can always be counted on to show up and lend a very helpful hand. She has suggested original ideas for fundraisers (including one of our most successful fundraisers, when we raffled lottery tickets at convention). Julie also serves on the board as well as the political sub-committee of the Nebraska Credit Union League. She is also on the board of Intech Client Group, having served as their President (2 years) and Vice President (1 year). Julie is helping NARBW bring the heart of the RR to the Omaha and Council Bluffs communities.



Philadelphia Chapter – Rosemary Wise

Rosemary Wise has been a member of NARBW for 13 years and has served as the chapter's Sunshine Chair for 9 years. She makes sure each member and their families are honored and/or supported throughout life's occasions and setbacks. Rosemary regularly attends meetings and is a valued friend to everyone in the chapter. When Rosemary retired from railroad service, she entered community service, volunteering for The Friends of Independence National Historical Park (Philadelphia) in the archival library, documenting the changes in Philadelphia when eminent domain took over a great swath of the residential community for I-95 through the city. She was one of a handful of volunteers who worked on the preservation of photographs showing the lives of residents and their homes and businesses that were lost as a price to be paid for progress in the 1960s. Rosemary also volunteered at St. Christopher's Hospital for Children and at Craven Hall, a local historical farmstead site from the early 1700s. She has rescued several dozen cats over the years; they are a fascination for her! Rosemary currently volunteers for Meals on Wheels every Wednesday as well as participating in all NARBW charitable endeavors. She has seven grandchildren and three great-grandchildren with another due this summer! She began her railroad career in 1968 with the Penn Central Railroad, when her three children were teenagers. She worked in many departments and held many clerical positions, retiring in 1999 from Conrail after 31 years of railroad service.

Chapter Women of the Year



St. Louis Chapter – Cheryl Horne

Cheryl Horne has been a member of NARBW since 1980. She retired from the Union Pacific revenue accounting department in 2001. Cheryl has served as President, Vice President, Secretary and Chairman of every committee (many more than once) and is currently serving as Treasurer. She also served as District Secretary Treasurer. Cheryl has received numerous Samaritan and membership awards. She assists members by providing a ride when needed to various activities. Cheryl was very helpful with the 2016 convention, taking reservations for the Pre-Convention tour, designing decorations, welcome bags, organizing, preparing, and serving at hospitality night, and booking the DJ. She has a part time job working with the courts providing schooling for DWI, shoplifting, abusive behavior, or drug use offenses. Cheryl founded Restoration Ministries, a Christian based group focused on helping the homeless community, 16 years ago. She organizes an Avon fundraiser for the chapter. Cheryl volunteers her time at a local food bank and donates items for raffles supporting the Salvation Army, Sunshine Ministries, Feed my People, Restoration Ministries, and the National Scholarship Fund. She also volunteers for various jobs at church. Cheryl also drives various people to church, appointments, and shopping. Her loving heart and unconditional acceptance have made a difference to every member of her chapter as well as the community.



Twin Cities Chapter – Sue Clancy

Sue Clancy has been an NARBW member for 50 years and has served every office on the board. She has chaired fundraising projects, organized Mystery Trips with as many as 3 busloads of people. Sue was Chapter Secretary for 16 years and Editor of the chapter's newsletter, The Whistle Post, for 8 years. She has been actively involved in the chapter's welfare projects such as collecting food for the food shelf and donating books for our military. Sue served on the District level in many capacities as well as the National Board, being Convention Chairman and Corresponding Secretary. She has been volunteering for the Como Carousel in St. Paul for 12 years – selling tickets or working in the gift shop. She volunteers at church having served on several boards through the years and is the leader of a Book Club. Sue worked for the Northern Pacific/Great Northern/Burlington Northern/Burlington Northern Santa Fe Railroad, retiring 12 years ago with 41 ½ years of service. She started out in the Steno pool and retired from the Rate Department. Sue has participated in several employee club activities and also organized retirement parties. She would like to thank Mrs. Wardle for her parliamentary knowledge and Mazie Hester, Past National President, who once said to her "Once you have a friend in NARBW, you have a friend for life." Indeed, Sue has met many wonderful ladies all across the country.



National Women of the Year 2016

Virginia Austin

Roanoke Chapter

NARBW 2016 Woman of the Year

Virginia Austin joined NARBW in June 1980. She has not missed a convention since 1983! Virginia has held many positions over the years. At the National level, she has been First Vice President, Third Vice President, Recording Secretary, Convention Chairman, and Welfare. At the District level, Virginia has been District Director (two terms), Nominating, and Publication. Finally, at the chapter level, she has held the offices of President, Second Vice President, Recording Secretary, Corresponding Secretary, Publication, Public Affairs, Nominating, Ways & Means, Telephone Committee, and Hospitality. Virginia retired in 1995 after 38 years of service, having started with Norfolk & Western in August 1957, less than two months after her high school graduation. She started her career as a steno-clerk, holding various positions before moving into management, the first woman in the marketing department to do so. Virginia also holds a degree in Traffic Transportation Management. Since her retirement, she regularly volunteers at a local Community



Center, where she teaches pre-school, Bible Studies, and helps with school work. She has been a member of Riverland Baptist Church for 52 years, volunteering there as a teacher, missionary, and the church's clerk. She also participates in fundraisers for the American Heart Association, American Cancer Society (Relay for Life), Juvenile Diabetes Research Foundation, Alzheimer's Association, and many others.





2016 National Scholarship Recipients



Kylee Allison Kruse - Nominated by the Omaha Chapter and her grandmother, Winnie Sage. This is the second time Kylee has been awarded an NARBW scholarship. She is going to be a sophomore at Grand Canyon University pursuing a degree in Justice Studies. Kylee's freshman Composition professor says "She is intelligent, driven and goal oriented. She is a responsible woman of excellent character."



Cassidy Miller - Nominated by the Jacksonville Chapter and her aunt, Barbara Miller. This is Cassidy's third time to be awarded an NARBW scholarship. Cassidy Miller is currently a sophomore at Towson University in Maryland, her Aunt Barbara's alma mater. She is pursuing a double major in Dance Performance Choreography and Business Management with a concentration in e-Business. She has been recognized by her Dance Professor as "a stellar student and will become a much needed professional."



Madeline Saville - Nominated by the Twin Ports Chapter and her grandmother, Betty Goman. This is Madeline's second time receiving an NARBW scholarship. Madeline is from Cedar Rapids, Iowa and is going to be a sophomore at Missouri State University, majoring in Elementary Education. Her grandmother, Betty, says in her recommendation that "Madeline is not only beautiful on the outside, but on the inside, too."



Paiton Wainwright - Nominated by the Roanoke Chapter and her aunt, Rita Murphy. Paiton will be attending Virginia Western Community College, majoring in General Studies. Her English teacher writes "I have witnessed her drive and determination to succeed and to take on leadership roles."



2016 National Scholarship Recipients



Paige Wainwright – Nominated by the Roanoke Chapter and her aunt, Rita Murphy. Paige will be attending Virginia Western Community College this fall, majoring in Health Services/Psychology. Her English teacher says in her recommendation that “She has a sweet demeanor, is always kind and respectful to adults and her peers.”



Alyssa L. Bolt – Nominated by the Roanoke Chapter and her great aunt, Shirley Stanton. This is the second time for Alyssa to receive an NARBW scholarship. Alyssa is from Ponte Vedra, Florida and is a sophomore at the University of Miami, working on a triple major; secondary education, creative writing and Spanish. Alyssa enjoys creative writing and her Clinical Professor says “Everything she does is accomplished with tremendous dedication and a thirst for excellence.”



Tyler Spurlock– Nominated by the Houston chapter and her grandmother, Debbye Converse. She joined the Houston Chapter of NARBW in February 2016 after attending the 2014 National Convention in Houston. Tyler is attending Texas A&M University this fall, majoring in Biology. She is ranked #4 in her class of 700 at Spring Hill High School. Dr. Chin of Spring High School Health Professions Academy writes “Her peers see her energy and are moved to work as hard as she does...”



Shannon Peak – Nominated by the Atlanta Chapter and her mother, Joyce Peak. Next fall, Shannon will be in her second year at American University Washington College of Law. Her major is International Business Law. This is the second time Shannon has been awarded an NARBW scholarship. Her Legal Rhetoric Instructor wrote in his recommendation letter “Shannon is a well-rounded individual – a pleasure to teach.”



2016 National Scholarship Recipients



Victoria Bryant – Nominated by our new Central Florida chapter and her grandmother, Nancy Harmon. She will continue to attend University of Maryland College Park next fall and major is Animal Science/Pre-veterinary. She was an NARBW scholarship recipient last year. Her academic advisor wrote in her recommendation letter “She is bright, ambitious and full of potential”.



Joshua Prokupek – Nominated by the Omaha Chapter and his mother, Connie Prokupek, Omaha Chapter President. This is the third time Joshua has received an NARBW scholarship. He is attending Central College in Pella, Iowa, majoring in Business Administration and Computer Information Systems. His Professor of Communication Studies says “I have been a professor for over 25 years, and Josh is one of those students who is memorable and a joy to teach.”



Chapter News

ALBANY CHAPTER

We had an interesting quarter. Sorry to say no one was able to attend last year's Convention, but many of our members have great intentions to see you next May in Ohio.

It is with a sad heart we report the loss of long time member Mary McCabe. Many members went to a memorial service for Mary and said her family was very appreciative of our presence.

We hold our meetings on the second Tuesday of the month and most months have a 50/50 drawing to increase our treasury which is used to support many charitable organizations. We also collect non-perishable food products and health and beauty aids to give to local food banks.

In June, we had installation of officers and are planning to have a very productive year. On the 18th of the month, some of the members and their spouses went on a day trip that included a train ride that everyone enjoyed.

Meetings will resume in September.

Outgoing president Bonnie Crowley presenting the gavel to Albany Chapter incoming president Ellie Scanlon. June 2016.



Installing officer, past president, Joan Mauro, presenting immediate outgoing president Bonnie Crowley with a bouquet of red roses.



Installation of officers. Albany chapter NARBW. Left to right. Treasurer Susan Russo. Secretary Regina Merola. Vice President Nancy Brucklier. President Ellie Scanlon

ATLANTA CHAPTER

The 2016-17 new officers were installed in June. We are currently working on recruiting new members.. Past President Nina Dean presented outgoing officers with tokens of her appreciation. The chapter surprised Nina with the President's pin along with some of her other favorites she enjoys.

CENTRAL FLORIDA

After many months of collections, Gail Hendrix, Welfare Committee, made our first delivery to the "Caps of Love", which is a charitable organization for supplying wheelchairs to children. Chapter #83 did very well to help the effort bringing in well over 150 pounds of caps!

In May, our chapter held a 50/50 fundraiser which netted \$164.00 for our club! Zach Thornton, a Coach Cleaner at the Amtrak Auto Train station had the winning ticket. He was very happy to go home on Memorial Day weekend and celebrate with some extra cash in his pocket!

At our monthly meeting in May we held our officer installations for the upcoming 2016-2018 term.

During the month of June, a Princess House fundraiser was held by Nancy Booz-Allen, Ways & Means Committee, at the home of Melanie McKim, Membership Chair. The party was a



huge success and the proceeds for our club will be used to purchase additional Princess House items that will be raffled off later in the year.



Our new officers are pictured above, from left to right: Yvonne Touchtone, Past President; Ingrid McLaughlin, President; Sandy Kirby, Vice President; Gail Hendrix, Secretary; and Madonna Neal, Treasurer.

As we conclude our first year as a new chapter, we would like to thank Yvonne Touchtone for being our very first President and for the excellent job she did! We also want to wish her the best of luck as she retires from Amtrak after 31 years of service.

Yvonne says that she looks forward to attending future chapter meetings whenever she is in town; and while she travels around the country, she will be making every effort to attend NARBW meetings at other locations and will be proud to represent our chapter at those meetings!

Our deepest sympathy goes out to member Judy Reed in the loss of her daughter.

CHICAGO CHAPTER

New officers were installed and new members stepped up to accept Chairmen positions. Among them was Jeannette Robles (Press & Publicity), who may set up a Chicago Chapter Facebook page. President Linda Hock presented a Chapter check in the amount of \$1,000 to Virginia Davis, Administrator of IU Health-VNA Hospice Care.

Chapter News

CHICAGO CHAPTER (cont'd)

The Chicago Chapter of the NARBW continues to grow in membership. New members are joining with great ideas for strengthening the chapter's reach and presence. Plans on the agenda this quarter include a local fundraiser and workshops that contribute to the professional development and personal growth of members. The Chicago Chapter also recognizes the need for members to learn more about railroad retirement benefits and will host a special informational meeting this fall.

Chicago NARBW leadership attended the 2016 NARBW Conference and brought back a wealth of information to share and implement.



Picture is attached with Yvonne Avgeris, Linda Hock – President of the Chicago Chapter of NARBW, Yolanda Barbosa at the 2016 NARBW Annual Conference.

CINCINNATI CHAPTER

The Cincinnati Chapter has been very busy with the planning of the 2017 National Convention. With the German theme of *Maifest*, committees have been formed for decorations, Fun Night and the Banquet. Also, the chapter is working to provide a leadership development workshop, focused on volunteerism.

In June, our meeting was focused on planning for the year. We reviewed why we are involved with NARBW and we agreed that, in addition to building relationships with one another, we also want to focus on opportunities to volunteer together. The Cincinnati chapter plan is to have at a minimum, four charitable events per year, one each quarter. As we enter the third quarter, we will be collecting for Rob's Kids, which is a charity that supports children who suffer from depression and post-traumatic stress disorder. In October, we will host a boot and coat

drive and in November, we will collect for Toys for Tots.

HOUSTON CHAPTER

The Chapter was considering a Houston Astros Project as their main fundraiser; however, they would have to commit to 8-10 workers for 5 games, causing employed members to miss time from work.

Under the plan, members would work in the Astros Gift Shop at \$9.00/hour with proceeds going to the Chapter. Specific dates will be decided with the plan being presented to members.

At the February meeting, Lou Ann McClendon was nominated for Chapter Woman of the Year and honored at their March meeting after being chosen for the title.



Pictured at Right: Lou Ann with National Welfare Chairman Ida Carmouche.

Second picture is Lou Ann with Tamala Kubecek, and below is a picture with her family (L-R: Clara (Mom),



McKenzie (G-daughter), and Ashley and Mykel Ann (daughters).

A Mother's Day Tea for 30 ladies who reside at the Willis Nursing Home was held. The ladies were served hot tea from beautiful teapots into cup and saucers. A centerpiece bouquet as well as a picture of each lady was given as a token of Mother's Day 2016 as her special gift. The ladies were

served sandwiches, blueberry muffins, cream cheese croissants and assorted fruits. Ladies wore tiaras and were awarded for oldest, most children, most grandchildren and most great grandchildren. The ladies also shop using their "rewards system" using "Willis Bucks", which allow them to shop in the store. With that in mind, each member in the chapter will give their own trinkets to help decorate their shopping window at the nursing home.



The centerpiece bouquet token given to ladies of the Willis Nursing Home.

It is with a heavy heart that we say goodbye to our Matriarch Momma Grace Nowlin, 95 years of age who passed away June 4, 2016, in her sleep.

Her love and devotion to NARBW is the reason many of us joined. Visitation was on Wednesday, June 8th and funeral services were held Thursday, June 9th. We love her and will miss her terribly.



UPDATE from Associate Member Gerry Rodgers.

I'm still watering the tree NARBW planted in the LaCanada area with our membership plaque on it. It looks beautiful now with all the purple flowers blooming. I plan to take a picture & send it for everyone to see. Take care, Green Valley, AZ

INDIANAPOLIS CHAPTER

Indianapolis Charter Chapter hosted their annual joint meeting with Circle City Chapter in May at the Milano Inn to observe Women in Transportation Week in the state of Indiana. We always enjoy being with our Indy NARBW sisters for a time of celebration. We are currently planning our August bus trip to Rising Star Casino

Chapter News

INDIANAPOLIS CHARTER CHAPTER (cont'd)

and we're hoping for a full bus as this is one of the biggest fundraisers for the year. On our get well/stay well list is Betty Green and Helen Scaringe.

A "Spring Surprise" raffle was held which included a gift certificate for a massage at Hand and Stone donated by our newest member, Megan Throckmorton. Sadly, we received news of the passing of our member Sarah Haynes on June 5 at the age of 94. Sarah lived in the Cincinnati, OH area and was the mother of member Deborah Mohr. Sarah served as secretary of Indianapolis Charter Chapter for many years. She retired after thirty years of service to the Baltimore and Ohio railroad, The Chessie System and the CSX railroad.

JACKSONVILLE CHAPTER

April's meeting included a Pampered Chef Program conducted by Debbie Charpiat. Proceeds from the sales will go towards funding the scholarships.

Members also celebrated a Barbeque Potluck Event on Sunday, June 12 from 2-6 pm at the home of Kathleen Gallavan.

NARBW ladies are selling shirts for members includes "Plus" size shirts for an additional \$5.35. Please be sure and indicate size on the form.

The virtual Marketplace items are up for sale. Items such as iPhones, Fitbits, Juicer & many others are sold through Craigslist by Mia Rogers. Proceeds go into the NARBW Jacksonville Chapter Scholarship Fund.

The remaining 2016 cycling charity ride is as follows:

The Chapter continues their sale of RADA cutlery on line at <http://www.helpourfundraiser.com>. Anyone can order by using the internet ordering number 504453 and the password 1593 to help raise funds for the Chapter. Also, RADA items and a limited nut inventory (\$10/bag) are also available on the Chapter's Facebook page. Members should check with

Ways & Means Chair Debbie Charpiat about availability

Rethreaded needs 100% cotton t-shirts. An online fundraiser to fund a new heating/air-conditioning unit at Rethreaded is currently being held. More info is located at <http://www.rethreaded.com/pages/the-ac-campaign>.

KANSAS CITY CHAPTER

The Chapter's next welfare project will be making foster children care packages. They will be distributed to children in temporary placement situations when a permanent placement cannot be found at the moment they enter the system. The packages will consist of necessities and items that give a child the sense of having their own belongings when entering an unfamiliar environment. Chrystal Tonkin, Savanna Hubbard, Sue Steffen and Rhonda Gomez recently displayed their beautiful workmanship as seamstresses and sold Kitchen Boas at the 2016 NARBW convention. Also, Member Bonnie Jameson has again taken the lead on geranium sales. With three splashing colors, Royal Red, Rocky Mountain Pink and Salmon, it was another successful fundraiser! Members met to pick up geraniums from our fundraising drive. We made a \$303.90 profit!!!

Our June installation of officers meeting was held on Saturday, June 18th at the home of Sue Steffen, followed by a breakfast and a Norwex Party.

Best wishes for a speedy recovery to Megan Cibulski who recently had minor (sinus) surgery!

Congratulations to Savanna Hubbard for being chosen for the BNSF Scholarship. Savanna will be attending Texas Christian University in August.

LOUISVILLE CHAPTER

The July meeting was held at the home of Ruth Ann Spears. This was the "Christmas in July" meeting. Each member was to bring wrapped gifts to be auctioned with a gift value of \$5.00. Proceeds from this fun auction will benefit the chapter's welfare fund.

Don't forget...your \$25.00 donation to the Welfare fund, if you have not already done so.

OMAHA CHAPTER

The Chapter will hold a "Pass the Purse" event, which is a mission of hope for battered women who take the risk to leave a dangerous and abusive relationship. A purse is filled with items to get them to safety such as a phone card, toiletry items to clean up, tissues, a whistle, a pen and notebook, etc. It is a symbol that there are people in the community who want to help them change the course of their



Left to Right: Jay Nelsen, Diane McKee (Executive Director Phoenix House) Casey Zahner, Chairman, Pass the Purse Project.

lives. Collection boxes were set up in the UP center, as well as bringing donations to the meeting. A total of 102 purses were filled.



Best wishes to Treasurer, Julie Lane who recently retired and now babysits her grandkids!

Chapter News

OMAHA CHAPTER (Cont'd)

Molly Meyer passed away February 27. She had been living in the Graceland Assisted Living center for the last three years. Our condolences to her family.



Jacqueline

Schapp, Amy Schapp's mother-in-law, passed away. She was a big support of NARBW and had many sport activities she participated in during her college days. Our sympathy go out to Amy and her family.

Congratulations go out to Casey Zahner who was named Ambassador of the Month in the National Customer Service Center. The Ambassador is chosen for her extraordinary ability to connect with UP's customers. Her customer base are the TY&E employees who move the cars across the railroad.

A fundraiser was held at Pizza Ranch where a few members waited on tables and did duties that a waitress normally would. The chapter earned approximately \$300.00 in tips and the profit share in sales.

PHILADELPHIA CHAPTER

The April meeting of the Philadelphia Chapter was held at member Faye MacInnis' home in Newark, Delaware. After conducting our usual NARBW business, the ladies welcomed a guest speaker, Marie Ciarrocchi, Program Specialist/Urban Ministries of The Salvation Army Eliza Shirley House located in downtown Philadelphia, PA. This facility is a shelter for women and women with children only, serving the Philadelphia area. Over the past year,

the women of our chapter have donated toys and gift items at Christmas and in February donated towels and washcloths. At our April meeting, we collected all kinds of toiletries including toothbrushes and toothpaste, underwear, socks, soaps, shampoos and conditioners, etc., and about 30 pairs of slippers—the latter being their number one luxury item to give out at the shelter. We collected five laundry baskets full! Marie reminds us that the women and children that come to this shelter do so with no belongings as they are in an emergency situation and giving them these basic items can make such a difference in comforting and caring in such a time of great need.

Marie spoke of the ongoing efforts of the Salvation Army's shelters and the difficulties the organization faces in finding more permanent solutions for women and children in dire need who temporarily live at Eliza Shirley. We look forward to continuing to support this group in the name of the great sisterhood that is NARBW.

In May, two of our members, Michele Detrick and Renee Strolis, participated in the Ronald McDonald House Airplane Pull as volunteers. Of particular note, Michele also got the opportunity to pull the plane with a group that needed more help! Traditionally, we have more volunteers at this wonderful event, but this year, the plan pull was the same weekend as our NARBW National Convention. Our June meeting was held at the Sweetwater Bar & Grill in Cinnaminson, NJ. Our meeting included a Stanley/Fuller Brush book party as a fundraiser. The group continues to work on a biography/mentoring program within our ranks to help us provide details of our careers and lives to help in finding connections with both current and potential members.

The Philadelphia Chapter wishes all of the NARBW members and their families to have a safe and fun-filled summer season!

PITTSBURGH CHAPTER

President Betty Halligan reports no activity with their Chapter.

ROANOKE CHAPTER

April was celebrated with a Ronald McDonald House dessert shower, where members bake or buy individually wrapped desserts that the families can share when they come in the afternoon or at night after spending their day at the hospital.

"Team Narbies" held a car wash in April to raise money for Relay for Life. They also hosted a 24 block yard sale where novelty items, as well as baked items sold under the NARBW tent. Total raised for these events was \$1,000.00. Way to go!!! The chapter's on-going projects include collecting tab tops for Ronald McDonald House, collecting toiletries for the Rescue Mission, Ram House St. Francis House and Salvation Army. Also collecting used books/magazines for VA Hospital and collecting used eyeglasses for Lion's Club.

Ten Narbies assisted Alverta Steptoe in hosting a St. Patrick's Day party for the veterans at the VA Hospital. They listened to Irish music played out on a "boom box", drank green punch and ate lots of pizza.

Pat Broadneaux's mother, Constance Harris, passed away on March 29 after having suffered a stroke earlier that week.

Jaquie Ward's mother, Mona Ward, passed away April 5. She had been experiencing health problems for quite some time.

Our condolences go out to those who have lost family members.

Pat Prillaman's husband, Mike, suffered a stroke in March and is recovering and taking therapy at a local hospital. She is very lucky that he was taken in at the time!

Brenda Hale had cataract surgery on her right eye and is doing well and also had her second cataract surgery.

Mary Lee's mother, Mildred Watkins, moved the first week of March from Friendship Rehab to 1 West, Room 3008A. A card was sent to her.

Dorcas Lofland's nephew, John F. Wright, Jr., of Moneta, passed away

Chapter News

ROANOKE CHAPTER

(Cont'd)

Friendship Rehab to 1 West, Room 3008A. A card was sent to her. Dorcas Lofland's nephew, John F. Wright, Jr., of Moneta, passed away on April 10. A card was sent to Dorcas. Congratulations go out to Tessa Muehlendyck, a member of NARBW since 2014. She has been accepted to Hollins University in Hollins, VA and plans to attend the pre-law program as she works toward her Bachelor's Degree in Political Science. She will continue her education at Washington and Lee University as she works toward her Masters and Juris Doctorate.

Her goal is to open her own law firm and ultimately advance to judge, with a future in politics. She is also an active member of New Covenant Christian Church. Tessa's sister, Amy, has also recently joined Chapter 19.

NARBW has become a family affair for this group of lovely ladies. Tessa and her sister Amy join Mom Ramona, Great-Great Aunt Joyce Higgs, and Great-Aunt Cathy St. Clair, as dedicated and devoted members of Chapter 19.

Congratulations to Ruby Cockran, now Weidner, who recently married!!

The June project being undertaken by the ladies include donation of school supplies for the Baptist Mission Center, along with a Chapter donation of \$100.00. The goal is to give each child a new backpack containing school supplies. The students come from low-income families where a pack of notebook paper can be a luxury.

Carol Meador's father, Robert Jenkins was hospitalized where vertebra repair on his back was performed. He was then ad-



mitted to a rehab facility. They recently celebrated his 50th wedding anniversary!

SAGINAW GREAT LAKES CHAPTER

The Chapter meets on the third Saturday of the month. They will be participating in the Rail Fans Huckleberry Railroad Event and will display pics of members and NARBW events on Saturday, August 6 and 7th. The purpose is to promote scholarship funding, so let's hope that it turns out to be a successful event.

ST. LOUIS CHAPTER

Chapter President Melba Cookston's husband, Bill, passed away on June 2. He was 90 years old and recently fell and broke his leg, but had been in healing. Our sympathy goes out to the Cookston family from the sisters of NARBW.

TOPEKA HEARTLAND CHAPTER

The ladies meet on the 2nd Thursday of the month and met at the Pallet Restaurant located in Topeka, KS. Chapter President Nancy Lord attended the 2016 NARBW convention in St. Louis, MO.

Get well wishes go out to member, Dee Woodson who recently had back surgery. Best of wishes and speedy recovery to you Dee!

TWIN CITIES CHAPTER

We express sympathy to the families of the following: Grace Nowlin, past national president, passed away in June. Grace was 95 years old. Twin Cities members Arletta Cunningham; Anna Peterson and BNSF retiree Janet Pierson. We send best wishes to Mary Ann Kight, who has been diagnosed with Interzittel lung disease.

Cards were sent out from the chapter to member Anna Petersen's family and also to former chapter member Arletta Cunningham's family. Arletta, age 82, passed away June 15. Anna, age 96, passed away June 17.

Members attending Convention are pictured below:



Joyce Gutz, Loreli Miller, Doris Stromberg, Donna Clark, Patty Helling, Sue Clancy and Georgia Lickness.

Old Cathedral Basilica of St. Louis where a few of the ladies toured.



The Chapter will be planning a Fall Event in September at O'Gara's Bar & Grill with a dinner menu. Marilyn Hanson will be talking about preserving and restoring her vintage doll collection.



Chapter News

TWIN PORTS CHAPTER

Marie Jordahl's husband passed away at the age of 83 on April 16 at Essentia Health Hospice. A card of sympathy was sent to Marie and family acknowledging their great loss.

Barb Johnson will be having knee replacement surgery on May 16. We'll

be thinking of you Barb.

We will be collecting items for the women's shelter in Superior, WI. Monetary donations and gift cards are also welcomed. Our members have always been very generous in giving to these organizations and we thank you for that.

On the Chapter's agenda will include plans for the 40th Anniversary Celebration in May at the Blackwoods Grill & Bar in Proctor, MN and deciding on a date in July for the St. Louis River Cruise pontoon adventure.

Another function is in the works,

which includes a visit to the old depot and going through the Railroad China Display car, as well as the Lincoln Funeral train. The group is also thinking of taking a short train ride along the shoreline or a short boat ride in the harbor.



2016 ST. LOUIS CONVENTION





The National Association *of*
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